

**SOMETHING SCRUMPTIOUS  
FOR EVERYONE**

PizzaExpress  
Allergens Information

Our allergen and suitability menu below details information on our ingredients and dishes, unfortunately it is not possible for us to guarantee our busy kitchens are 100% allergen/contamination free.

2nd January 2018 Version 1

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
TO BEGIN AND STARTERS																										
Olives Marinated						✓											✓	✓				✓	✓	✓	None	
Roasted Tomatoes																✓	✓			✓		✓	✓	✓	None	
Dough Balls	✓				✓ Wheat	✓											✓			✓		✓			Suitable for vegans if Garlic Butter is substituted with garlic or Chilli Oil.	
Doppio Dough Balls	✓				✓ Wheat	✓			✓ Pine Kernels		✓					✓	✓		✓ Vinegar	✓		✓			None	
Gluten Free Dough Balls	✓					✓											✓			✓		✓		✓	Can be suitable for vegans if the Garlic Butter is substituted with garlic or Chilli Oil.	
Garlic Bread with Mozzarella	✓				✓ Wheat	✓											✓			✓		✓			None	
Caesar Salad	✓ In Dressing	✓ In Dressing and Anchovies			✓ Wheat in Crou-tons		✓ Fresh and in Dressing				✓ In Dressing							✓ In Dressing		✓ Vinegar In Dressing	✓ In Dressing and Crou-tons	✓ In Dressing and Anchovies				Suitable for coeliacs without crouton.
Bruschetta Originale	✓				✓ Wheat	✓			✓ Pine Kernels							✓	✓	✓		✓		✓			None	
Buffalo Mozzarella & Tomato Salad	✓								✓ Pine Kernels							✓	✓					✓		✓	None	
Calamari	✓	✓		✓	✓ Wheat		✓				✓						✓		✓ Vinegar	✓				None		
Classic Italian Antipasto	✓				✓ Wheat	✓					✓ In Pe-storissa					✓	✓	✓ In Mar-inated Olives	✓ Vinegar	✓					None	

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO
------------	------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	-------------------------	------

*Milk/Dairy*   *Fish*   *Crustaceans*   *Molluscs*   *Cereals containing gluten*   *Maize*   *Egg*   *Peanuts*   *Nuts*   *Sesame Seeds*   *Mustard*   *Soya*   *Lupin*   *Celery*   *Mushrooms*   *Tomatoes*   *Garlic*   *Onion*   *Alcohol/derivatives of alcohol/Vinegar*   *Rapeseed*   *Sulphur Dioxide / Sulphites*   *Vegetarian*   *Vegan*   *Coeliacs*

SALADS

Leggera Superfood Salad						✓ In Dressing					✓	✓					✓	✓	✓ Vinegar		✓	✓		✓	None
Niçoise		✓ In Tuna and Anchovies			✓ Wheat In Dough	✓ In Dough	✓ Fresh and In Dressing				✓ In Dressing					✓	✓ In Dressing	✓ In Dressing	✓ Vinegar In Dressing, Anchovies and Capers	✓ In Dough	✓ In Dressing and Anchovies				This dish can be made suitable for coeliacs if served without Dough Sticks
Pollo	✓ In Goats Cheese				✓ Wheat in Dough	✓ In Dough and Chicken	✓ In Dressing				✓ In Dressing					✓	✓ In Dressing	✓ In Dressing	✓ Vinegar in Peppers and Dressing	✓ In Dough and Croustons	✓ In Dressing				This dish can be made suitable for coeliacs if served without Dough Sticks and croustons
Grand Chicken Caesar	✓ In Dressing and Cheese	✓ In Dressing and Anchovies			✓ Wheat in Dough	✓ In Dough and Chicken	✓ Fresh, in Dressing				✓ In Dressing						✓ In Dressing		✓ Vinegar in Dressing and Anchovies	✓ In Dough, Dressing and Croustons	✓ In Anchovies				This dish can be made suitable for coeliacs if served without Dough Sticks and croustons

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
AL FORNO																										
Cannelloni	✓				✓ Wheat	✓	✓					✓				✓	✓	✓		✓		✓				None
Lasagna Classic	✓				✓ Wheat	✓	✓							✓	✓	✓	✓	✓								None
Pollo Pesto	✓				✓ Wheat	✓			✓ Pine Kernels			✓			✓	✓ In Be-chamel	✓	✓								None

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian		Vegan	Coeliacs	
<b>PIZZAS</b>																										
Calabrese	✓				✓ Wheat	✓			✓ Pine Kernels							✓	✓		✓ Vinegar in Roquitos	✓						Can be made suitable for coeliacs on a gluten free base
Pollo ad Astra Leggera	✓				✓ Wheat	✓				✓ In Dressing						✓	✓	✓	✓ Vinegar in Dressing	✓	✓ In Dressing					None
Padana Leggera	✓				✓ Wheat	✓				✓ In Dressing					✓	✓		✓ In Pizza and Dressing	✓ Vinegar in Dressing and Caramelised Onions	✓	✓ In Dressing & Chutney	✓				None
American Hot Leggera	✓				✓ Wheat	✓				✓ In Dressing					✓	✓		✓ In Dressing	✓ Vinegar in Peppers	✓	✓ In Dressing & Jalapeños/hot green peppers					None
Superfood Mix Upgrade										✓	✓						✓		✓ Vinegar			✓	✓	✓		None
Margherita Bufala	✓				✓ Wheat	✓									✓	✓				✓		✓				Can be made suitable for coeliacs on a gluten free base
American Hot	✓				✓ Wheat	✓									✓	✓		✓ Vinegar	✓							Can be made suitable for coeliacs on a gluten free base

INGREDIENT	DOES IT CONTAIN?																		ARE THESE SUITABLE FOR?	INFO						
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs		
<b>PIZZAS (CONTINUED)</b>																										
Padana	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar in Caramelised Onions	✓	✓ In Chutney	✓				Can be made suitable for coeliacs on a gluten free base
Pollo ad Astra	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar	✓						Can be made suitable for coeliacs on a gluten free base
Diavolo	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar in Hot Green Peppers and Tabasco	✓	✓ In hot Green Peppers					Can be made suitable for coeliacs on a gluten free base
Pollo Forza	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar in Roquito Peppers	✓						Can be made suitable for coeliacs on a gluten free base
American	✓				✓ Wheat	✓										✓	✓			✓						Can be made suitable for coeliacs on a gluten free base

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan
<b>PIZZAS (CONTINUED)</b>																									
Margherita	✓				✓ Wheat	✓										✓				✓		✓			Can be made suitable for coeliacs on a gluten free base
La Reine	✓				✓ Wheat	✓								✓	✓					✓	✓				Can be made suitable for coeliacs on a gluten free base
Fiorentina	✓				✓ Wheat	✓	✓								✓	✓				✓		✓			Can be made suitable for coeliacs on a gluten free base
Veneziana	✓				✓ Wheat	✓			✓ Pine Kernels						✓			✓	✓ Vinegar in Capers	✓		✓			Can be made suitable for coeliacs on a gluten free base
Sloppy Giuseppe	✓				✓ Wheat	✓									✓	✓	✓			✓					Can be made suitable for coeliacs on a gluten free base
Soho 65	✓				✓ Wheat	✓									✓	✓				✓		✓			Can be made suitable for coeliacs on a gluten free base
Vegan Giardiniera					✓ Wheat	✓								✓	✓	✓	✓	✓ Vinegar	✓		✓	✓			Can be made suitable for coeliacs on a gluten free base

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan
<b>SIDES</b>																									
Mixed Salad						✓ In Dressing				✓ In Dressing						✓	✓ In Dressing	✓ In Dressing	✓ Vinegar Dressing		✓ In Dressing	✓		✓	None
Coleslaw						✓				✓						✓	✓	✓	✓ Vinegar	✓		✓		✓	None
Polenta Chips (Side)	✓				✓ Wheat	✓				✓							✓		✓ Vinegar	✓		✓			None



INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian		Vegan	Coeliacs	
<b>DESSERTS</b>																										
Chocolate Fondant (served with ice cream)	✓				✓ Wheat	✓					✓									✓		✓				None
Chocolate Fudge Cake (served w. Cream, Ice cream or Mascarpone)	✓				✓ Wheat	✓																✓				Pasteurised milk. Egg not pasteurised.
Honeycomb Cream Slice	✓				✓ Wheat	✓					✓									✓		✓				None
Vanilla Cheese Cake w. Fruit Coulis (Blackcurrant)	✓				✓ Wheat	✓	✓													✓		✓				None
Tiramisu	✓				✓ Wheat	✓	✓												✓ Wine		✓	✓				None
Chocolate Brownie with Ice Cream	✓					✓	✓				✓									✓		✓		✓		None
Coppa Gelato Vanilla	✓										✓ In Straw											✓		✓		None
Coppa Gelato Chocolate	✓										✓ In Straw											✓		✓		None
Coppa Gelato Strawberry	✓					✓					✓ In Straw											✓		✓		None
Coppa Gelato Salted Caramel	✓					✓					✓ In gela-to and Straw											✓		✓		None
Leggera Sorbet (coconut & raspberry)						✓																✓	✓	✓		None
Coconut Delight						✓																✓	✓	✓		None

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian		Vegan	Coeliacs	
<b>DOLCETTI (NOT INCLUDING COFFEES - SEE DRINKS LIST)</b>																										
Salted Caramel Profiteroles	✓				✓ Wheat		✓					✓										✓				None
Dolcetti - Gluten Free Brownie	✓					✓						✓								✓		✓		✓		None
Caffè Reale	✓																		✓ Rum & Wine		✓ In Figs	✓		✓		None
Dolcetti - Lemon Posset Crunch	✓				✓ Wheat															✓		✓				None

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?	INFO
------------	------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	-------------------------	------

*Milk/Dairy*    *Fish*    *Crustaceans*    *Molluscs*    *Cereals containing gluten*    *Maize*    *Egg*    *Peanuts*    *Nuts*    *Sesame Seeds*    *Mustard*    *Soya*    *Lupin*    *Celery*    *Mushrooms*    *Tomatoes*    *Garlic*    *Onion*    *Alcohol/derivatives of alcohol/Vinegar*    *Rapeseed*    *Sulphur Dioxide / Sulphites*    *Vegetarian*    *Vegan*    *Coeliacs*

**PICCOLO MENU**  
**PICCOLO STARTERS**

Dough Balls with Garlic Butter	✓				✓ Wheat	✓											✓			✓					None
Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar					✓ Wheat	✓													✓ Vinegar	✓	✓	✓	✓		None
Gluten Free Dough Balls with Garlic Butter	✓					✓											✓			✓			✓		None
Gluten Free Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar						✓													✓ Vinegar	✓	✓	✓	✓	✓	None
Piccolo Salad																✓						✓	✓	✓	None

**PICCOLO PIZZAS**

American	✓				✓ Wheat	✓									✓	✓			✓						Can be made suitable for coeliacs on a gluten free base
Pollo	✓				✓ Wheat	✓									✓				✓						Can be made suitable for coeliacs on a gluten free base
La Reine	✓				✓ Wheat	✓								✓	✓				✓						Can be made suitable for coeliacs on a gluten free base
Margherita	✓				✓ Wheat	✓									✓				✓			✓			Can be made suitable for coeliacs on a gluten free base
Margherita with Light Mozzarella	✓				✓ Wheat	✓									✓				✓			✓			Can be made suitable for coeliacs on a gluten free base

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?	INFO						
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar			Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs	
<b>PICCOLO PASTAS</b>																											
Piccolo Bolognese					✓	✓								✓	✓	✓	✓	✓									None
Piccolo Napoletana	✓				✓	✓					✓					✓		✓				✓					None
Piccolo Pasta Bianca	✓				✓	✓					✓			✓	In Sauce			✓				✓					None
<b>PICCOLO SALAD</b>																											
Piccolo Pollo Salad (served w. dough balls)	✓				✓	✓	✓				✓						✓	✓	✓	✓	✓	✓					None
Piccolo Pollo Salad (served w. polenta chips)	✓				✓	✓	✓				✓						✓	✓	✓	✓	✓	✓					None
Piccolo Pollo Salad (served w. gluten free dough balls)	✓					✓	✓				✓						✓	✓	✓	✓	✓	✓			✓		None
<b>PICCOLO DESSERTS</b>																											
Vanilla Sundae with Baby Cone	✓				✓	✓					✓														✓		Can be made suitable for coeliacs without the cone
Raspberry Sorbet with Baby Cone					✓						✓														✓		Can be made suitable for coeliacs without the cone
Piccolo Gluten-Free Brownie	✓					✓	✓				✓									✓			✓		✓		None
Piccolo Ice Pop																							✓	✓	✓		None
Claudi & Fin Mango and Yoghurt Lolly	✓																						✓		✓		None
Bambinoccino	✓																						✓		✓		None

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar			Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan
Anchovies White		✓																	✓ Vinegar		✓			✓	None
Anchovies Brown		✓																						✓	None
Antipasto Mix (ingredient - coppa, finocchiona and milano salami)						✓																		✓	None
Artichokes																	✓					✓	✓	✓	None
Baby Cones					✓ Wheat						✓											✓	✓		None
Baby Figs																			✓ Rum & Wine		✓	✓	✓	✓	Figs marinated in Rum and White Wine syrup
Balsamic Vinegar																			✓ Vinegar		✓	✓	✓	✓	None
Bechamel	✓					✓					✓				✓		✓					✓	✓		Pasteurised Milk.
Black Olives																						✓	✓	✓	Pitted black olives
Bolognese Sauce (kids)						✓								✓	✓	✓	✓	✓						✓	None
Bruschetta Mix (tomato)															✓		✓					✓	✓	✓	Prepared in House
Buffalo Mozzarella	✓																					✓		✓	Pasteurised cheese
Butter	✓																					✓		✓	Pasteurised Butter

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
Calabrese Sausage																									✓	None
Calamari (Ingredient)				✓	✓ Wheat																					None
Caesar Dressing	✓	✓					✓				✓							✓		✓ Vinegar	✓				✓	Unpasteurised Cheese
Cannelloni (ingredient)	✓				✓ Wheat	✓	✓											✓		✓			✓			Pasteurised milk and egg
Cajun Spice																		✓	✓				✓	✓	✓	None
Capers																				✓ Vinegar			✓	✓	✓	None
Carlo (Starspray)						✓															✓		✓	✓	✓	Emulsion Based on Vegetable Oil
Chicken Roast Fillets						✓ Dex-trose																			✓	
Chocolate Brownie (Ingredient)	✓					✓	✓				✓										✓		✓		✓	Pasteurised milk and egg
Chocolate Fondant (ingredient)	✓				✓ Wheat		✓				✓										✓		✓			Pasteurised milk and egg
Chocolate Fudge Cake Mix	✓				✓ Wheat		✓																✓			Pasteurised Milk. Unpasteurised egg
Chocolate Icing for Chocolate Fudge Cake																							✓	✓	✓	Rich & Creamy Ready To Spread Icing/ Chocolate Fudge
Chocolate Straws	✓										✓												✓		✓	None
Chocolate Sauce																							✓	✓	✓	None
Coconut Delight (ingredient)						✓																	✓	✓	✓	Dairy Free
Coleslaw (Ingredient)							✓				✓					✓	✓	✓		✓ Vinegar	✓		✓		✓	Pasteurised Eggs

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian		Vegan	Coeliacs	
Croutons					✓ Wheat																	✓	✓		None	
Diced Onions and Peppers Mix																		✓					✓	✓	✓	None
Double Cream	✓																						✓		✓	Pasteurised
Dough					✓ Wheat	✓														✓			✓	✓		None
Eggs						✓																	✓		✓	Free Range
Extra Virgin Olive Oil																							✓	✓	✓	None
Fruit Coulis (Blackcurrant)						✓														✓			✓	✓	✓	None
Garlic																	✓						✓	✓	✓	None
Garlic Oil																	✓						✓	✓	✓	Prepared in House
Gelato Chocolate	✓																						✓		✓	Pasteurised
Gelato Salted Caramel	✓					✓					✓												✓		✓	Pasteurised
Gelato Strawberry	✓					✓																	✓		✓	Pasteurised
Gelato Vanilla	✓																						✓		✓	Pasteurised
Gluten-Free Base (Kids)						✓														✓			✓	✓	✓	None
Gluten-Free Main Base (Classic)						✓														✓			✓	✓	✓	None
Gluten-Free Dough Balls (Ingredient)						✓														✓			✓	✓	✓	None
Gluten-Free Flour																							✓	✓	✓	Product is wheat-free
Goat's Cheese	✓																						✓		✓	Pasteurised Goat's Milk
Gran Milano	✓																						✓		✓	Pasteurised

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			INFO		
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian		Vegan	Coeliacs
Ham						✓															✓			✓	None
Honey & Mustard Dressing										✓							✓		✓	✓		✓		✓	None
Honeycomb Cream Slice	✓				✓ Wheat	✓					✓									✓	✓		✓		Eggs and Milk are pasteurised. Cake is not baked.
Hot Green Peppers																			✓ Vinegar		✓	✓	✓	✓	None
House Dressing						✓				✓							✓	✓	✓ Vinegar		✓	✓		✓	Pasteurised Egg.
Jalapeño Peppers																			✓ Vinegar		✓	✓	✓	✓	None
Lasagna	✓				✓ Wheat	✓	✓							✓	✓	✓	✓	✓							Pasteurised Milk and Egg.
Lemon Posset Crunch (ingredient)	✓				✓ Wheat															✓		✓			Pasteurised milk
Light House Dressing						✓				✓							✓	✓	✓ Vinegar		✓	✓		✓	Pasteurised eggs
Light Mozzarella	✓																					✓		✓	Pasteurised Milk
Mango & Yogurt Lolly (Ingredient)	✓																					✓		✓	Pasteurised Milk
Mascarpone	✓																					✓		✓	Pasteurised Cream
Mixed Peppers (grilled & sliced)																						✓	✓	✓	None
Mozzarella Cubes	✓																					✓		✓	Pasteurised Milk
N'duja Sausage																								✓	None



INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian		Vegan	Coeliacs		
Oil - Blended																							✓	✓	✓	Blend of Sunflower and Extra Virgin Oil	
Olives (Marinated)						✓											✓	✓					✓	✓	✓	None	
Pennette Pasta					✓ Wheat																		✓	✓		None	
Peppadew																			✓ Vinegar				✓	✓	✓	None	
Pepperoni																	✓								✓	None	
Pesto (Original)	✓					✓			✓ Pine Kernels								✓						✓		✓	Pasteurised cheese	
Pestorissa Dip											✓					✓	✓		✓ Vinegar				✓	✓	✓	None	
Piccolo Ice Pop																							✓	✓	✓	None	
Pine Kernels									✓ Pine Kernels															✓	✓	✓	None
Polenta Chips (Ingredient)					✓ Wheat	✓																	✓	✓		None	
Raspberry Sorbet																							✓	✓	✓	Dairy-Free Sorbet	
Red Onion Chutney						✓												✓	✓ Vinegar		✓		✓	✓	✓	None	
Roquito Peppers																			✓ Vinegar				✓	✓	✓	None	

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?			INFO		
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan		Coeliacs	
Roquito Peppers Pearls																			✓ Vinegar			✓	✓	✓	None	
Salted Caramel Profiteroles	✓				✓ Wheat	✓					✓												✓			Pasteurised milk and egg
Salted Caramel Sauce	✓																						✓		✓	asteurised milk
Sloppy Giuseppe Mix						✓									✓	✓	✓							✓		Spicy Beef mixed with Diced Onions, Peppers, and Tomato Sauce
Spicy Beef						✓											✓	✓						✓		None
Smoked Chilli Powder																	✓	✓		✓		✓	✓	✓		None
Spinach																							✓	✓	✓	None
Sultanas																							✓	✓	✓	None
Superfood Mix										✓	✓						✓		✓ Vinegar				✓	✓	✓	None
Syrup - Vanilla																							✓	✓	✓	None
Tiramisu (ingredient)	✓				✓ Wheat	✓	✓				✓								✓ Wine		✓	✓				Pasteurised mik and egg. Cake not baked
Tabasco (Red)																			✓ Vinegar			✓	✓	✓		None
Tabasco (Green)						✓													✓ Vinegar			✓	✓	✓		None
Tomato Sauce															✓								✓	✓	✓	None
Tomato (Roasted)															✓	✓				✓		✓	✓	✓		None
Tuna		✓																						✓		None
Vanilla Cheesecake	✓				✓ Wheat	✓	✓													✓		✓				Pasteurised milk and egg
Vegan Mozzarella Alternative																			✓ Vinegar			✓	✓	✓		Dairy Free
Worcester Sauce		✓			✓ Barley												✓	✓	✓ Vinegar							None

At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you. We hope you enjoy our Vegan Mozzarella Alternative which is made with sprouted Italian brown rice. It is free from gluten, soya, nuts, preservatives, palm oil and is suitable for those with dairy reduced diet. The following pages detail how you can have our lovely dishes suitable for either a dairy reduced diet or suitable for Vegans.

You will notice that not all of our dishes are listed. As your safety is of an absolute paramount to us we have chosen these dishes, as appropriate controls have been implemented to make them suitable. Although we ask that these are the only changes made to our dishes, this is not to say that more choice won't be added in the future as we are always listening to your feedback.

## DISHES SUITABLE FOR VEGANS

DISH	SUITABLE?
Marinated Olives	No changes needed
Rustica Tomatoes	No changes needed
Dough Balls	Remove Garlic Butter replace with olive oil
Bruschetta Originale	Remove Garlic Butter and Pesto
Superfood Salad	Remove Dressing
Margherita	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Margherita Bufala	Buffalo mozzarella can be replaced with our Vegan Mozzarella Alternative
Padana	Mozzarella and Goats Cheese can be replaced with our Vegan Mozzarella Alternative
Soho 65	Mozzarella, Bufalo Mozzarella and Gran Milano can be replaced with our Vegan Mozzarella Alternative
Vegan Giardiniera	No changes needed
Veneziana	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Mixed Leaf Salad	Remove Dressing
Polenta Chips	Remove Gran Milano and Dressing
Raspberry Sorbet	No changes needed
Coconut Delight	No changes needed
PICCOLO MENU	
Piccolo Dough Balls	Remove Garlic Butter replace with olive oil
Piccolo Napoletana	Remove Bechamel
Piccolo Margherita	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Piccolo Sorbet (Coconut & Raspberry)	No changes needed
PIP Lolly	No changes needed
SPECIALS	
Caponata Romana	Buffalo Mozzarella and Gran Milano can be replaced with our Vegan Mozzarella Alternative

	DISHES SUITABLE FOR A REDUCED DAIRY DIET		
DISH	SUITABLE?		
Marinated Olives	No changes needed		
Roasted Tomatoes	No changes needed		
Dough Balls	Remove Garlic Butter replace with olive oil		
Bruschetta Originale	Remove Garlic Butter and Pesto		
Caesar Salad Started	, Dressing and Gran Milano		
Calamari	Remove Dressing		
Salad Nicoise	No change needed		
Pollo Salad	Remove Goats Cheese		
Grand Chicken Caesar Salad	Remove Dressing and Gran Milano		
Superfood Salad	No changes needed		
American	Mozzarella can be replaced with our Vegan Mozzarella Alternative		
American Hot	Mozzarella can be replaced with our Vegan Mozzarella Alternative		
Diavolo	Mozzarella can be replaced with our Vegan Mozzarella Alternative		
La Reine	Mozzarella can be replaced with our Vegan Mozzarella Alternative		
Margherita	Mozzarella can be replaced with our Vegan Mozzarella Alternative		
Margherita Bufala	Buffalo mozzarella can be replaced with our Vegan Mozzarella Alternative		
Padana	Mozzarella and Goats Cheese can be replaced with our Vegan Mozzarella Alternative		
Fiorentina	Remove Gran Milano, Mozzarella can be replaced with our Vegan Mozzarella Alternative		
Pollo ad Astra	Mozzarella can be replaced with our Vegan Mozzarella Alternative		
Pollo Forza	Mozzarella can be replaced with our Vegan Mozzarella Alternative		

## DISHES SUITABLE FOR A REDUCED DAIRY DIET

DISH	SUITABLE?
Sloppy Giuseppe	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Vegan Giardiniera	No changes needed
Soho 65	Mozzarella, Buffalo Mozzarella and Gran Milano can be replaced with our Vegan Mozzarella Alternative
Veneziana	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Mixed Leaf Salad	No changes needed
Polenta Chips	Remove Gran Milano
Raspberry Sorbet	No changes needed
Coconut Delight	No changes needed
PICCOLO MENU	
Piccolo Dough Balls	Remove Garlic Butter replace with olive oil
Piccolo Napoletana	Remove Bechamel
Piccolo Margherita	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Piccolo La Reine	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Piccolo American	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Piccolo Pollo Pizza	Mozzarella can be replaced with our Vegan Mozzarella Alternative
Piccolo Pollo Salad	Remove light mozzarella
Piccolo Sorbet (Coconut & Raspberry)	No changes needed
PIP Lolly	No changes needed
SPECIALS	
Bolognese Rigatoni	Remove Gran Milano
Caponata Romana	Buffalo Mozzarella and Gran Milano can be replaced with our Vegan Mozzarella Alternative
Campana Romana	Mozzarella and Gran Milano can be replaced with our Vegan Mozzarella Alternative

# SOMETHING SCRUMPTIOUS FOR EVERYONE

## PizzaExpress Specials Allergens Information

Our allergen and suitability menu below details information on our ingredients and dishes. This information is also held within the restaurant to help you make the right choice – please ask our team

2nd January 2018 Version 1

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan
<b>STARTERS</b>																									
'Nduja Arancini	✓				✓ Wheat	✓			✓ Pine Kernels in Pesto							✓	✓	✓	✓ Vinegar	✓					None
<b>AL FORNO</b>																									
Bolognese Rigatoni	✓					✓								✓	✓	✓	✓	✓	✓ Wine & Vinegar		✓			✓	None
Broad Beans Rigatoni	✓					✓			✓ Pine Kernels in Pesto								✓		✓ Wine		✓	✓		✓	None
<b>PIZZA</b>																									
Caponata Romana	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar	✓	✓	✓			Can be made suitable for coeliacs on a gluten free base
Campana Romana	✓				✓ Wheat	✓										✓	✓		✓ Wine	✓	✓				Can be made suitable for coeliacs on a gluten free base
<b>DESSERT</b>																									
Sticky Toffee Bundt Cake	✓				✓ Wheat	✓	✓					✓ In Ice Cream								✓		✓			None
Lotus Biscoff Cheesecake	✓				✓ Wheat	✓						✓								✓		✓			Noe



INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian		Vegan	Coeliacs	
Bolognese Rigatoni					✓									✓	✓	✓	✓	✓	✓	Wine & Vinegar		✓			✓	None
Broad Bean Rigatoni	✓																✓			Wine		✓	✓		✓	Pasteurised Milk
Caponata					✓											✓	✓	✓	✓	Vinegar		✓	✓	✓	✓	None
Crumbled Sausage & Fennel																	✓			Wine		✓			✓	None
Friarielli																	✓						✓	✓	✓	None
Lotus Biscoff Cheesecake (ingredient)	✓				✓ Wheat	✓					✓										✓		✓			Pasteurised Milk
Lotus Biscoff Wafer (ingredient)					✓ Wheat						✓										✓		✓	✓		None
'Nduja Arancini	✓				✓ Wheat	✓										✓	✓	✓	✓	Vinegar	✓					Pasteurised Milk
Salted Caramel Sauce	✓																						✓		✓	Pasteurised Milk
Sticky Toffee Bundt Cake (ingredient)	✓				✓ Wheat	✓	✓														✓		✓			Pasteurised Milk and Egg
Whipping Cream	✓																						✓		✓	Not Pasteurised

**ENJOY**  
YOUR MEAL