

Homemade FAVOURITES

Superfood Salad

Prep time: 30 mins Makes: 1 generous salad

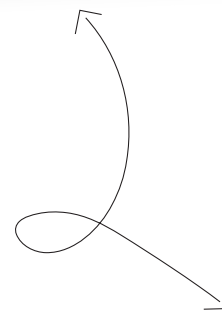
Ingredients:

45ml PizzaExpress Light House Light Dressing
40g mixed leaves
30g rocket leaves
8 slices of cucumber
30g of roasted mixed peppers
30g red onion (thinly diced)
2 pinches of parsley
150g mixed superfood
(we've used 26g chickpeas, 22g edamame, 24g mung beans, 18g cooked red quinoa, 13g cooked black rice, 6g cranberries, 6g pumpkin seeds, 5g kale, 30ml dressing), but you can use whatever ingredients you have to hand.
PizzaExpress Dough Balls (optional)
(We recommend serving with PizzaExpress Dough Balls. Pick them up in supermarkets or try making your own from our online recipe at www.pizzaexpress.com/homemade-favourites)

Method:

1. Mix the superfood ingredients together and set aside
2. Drizzle half the dressing in the bottom of a large bowl
3. Add mixed leaves
4. Top with the rocket leaves and drizzle with the remaining dressing
5. Add the cucumber, roasted peppers and red onion
6. Top evenly with the superfood mix
7. Finish with chopped parsley
8. Serve with PizzaExpress Dough Balls (if using).

Eat, enjoy and share with us @pizzaexpress



PizzaExpress
House Light Dressing

