

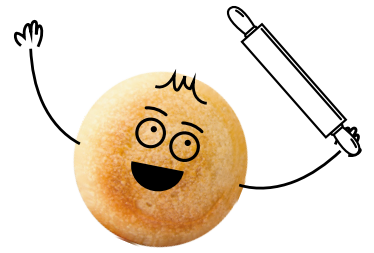
Food QUIZ

(ages 4-7 years)

Quizmaster Sheet

This page is for the quiz host. Read each question aloud to the group, and allow them time to write down their answers. Once all questions have been answered, you can read out the answers printed next to each question below. Ask the quizzers to mark their answers, and note their score at the bottom. It's your job then to calculate the winner and read the results to the group.

- 1. What is basil?** A: a herb
- 2. Where does it come from?** A: A plant.
- 3. What country does pizza come from?** A: Italy.
- 4. True or False:**
Passata is a sauce made from tomatoes and herbs? A: True.
- 5. What is oregano?** A: A herb.
- 6. What food do you eat oregano with?** A: Pasta and pizza mostly.
- 7. Where do olives grow?** A: On trees.
- 8. What do olives have in their middle?** A: Stones.
- 9. What colour are olives?** A: Black and green.
- 10. How many coloured onions can you name?** A: White, yellow, red, green (spring).
- 11. Which colour onion do you think is the most popular?** A: Yellow - they account for 70% of the world's production.
- 12. Where do peppers grow?** A: On a plant.
- 13. What colour are peppers?** A: Red, yellow, green and orange.
- 14. What is cheese made from?** A: Milk.
- 15. Is mozzarella a hard or soft cheese?** A: Soft.



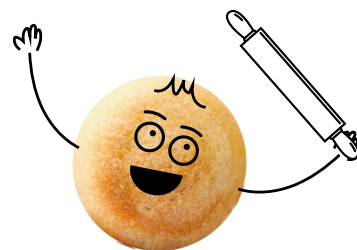
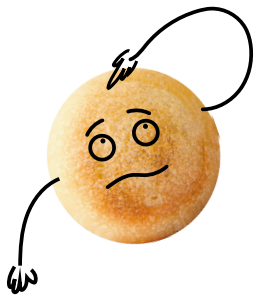
Food QUIZ

(ages 4-7 years)

My name is _____ I am _____ years old.

- | | |
|---|--------------------------|
| | ✓/x |
| 1. What is basil _____ | <input type="checkbox"/> |
| 2. Where does it come from? _____ | <input type="checkbox"/> |
| 3. Where does pizza come from? _____ | <input type="checkbox"/> |
| 4. True or False:
Passata is a sauce made from tomatoes and herbs? _____ | <input type="checkbox"/> |
| 5. What is oregano _____ | <input type="checkbox"/> |
| 6. What food do you eat oregano with? _____ | <input type="checkbox"/> |
| 7. Where do olives grow? _____ | <input type="checkbox"/> |
| 8. What do olives have in their middle? _____ | <input type="checkbox"/> |
| 9. What colour are olives? _____ | <input type="checkbox"/> |
| 10. How many coloured onions can you name? _____ | <input type="checkbox"/> |
| 11. Which colour onion do you think is the most popular? _____ | <input type="checkbox"/> |
| 12. Where do peppers grow? _____ | <input type="checkbox"/> |
| 13. How many coloured peppers are there? _____ | <input type="checkbox"/> |
| 14. What is cheese made from? _____ | <input type="checkbox"/> |
| 15. Is mozzarella a hard or soft cheese? _____ | <input type="checkbox"/> |

My score is _____



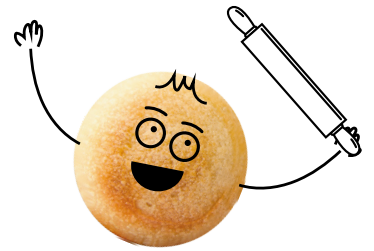
Food QUIZ

(ages 8-11 years)

Quizmaster Sheet

This page is for the quiz host. Read each question aloud to the group, and allow them time to write down their answers. Once all questions have been answered, you can read out the answers printed next to each question below. Ask the quizzers to mark their answers, and note their score at the bottom. It's your job then to calculate the winner and read the results to the group.

- 1. How tall do you think the average basil plant is?** A: One metre.
- 2. Where does the word basil come from?** A: It comes from the Greek word 'basileus', meaning 'king'. Basil is considered the 'king of herbs' by many chefs.
- 3. How much did the heaviest tomato ever grown weigh?** A: 3.5kg. This tomato was used to make 21 sandwiches!
- 4. Which country do you think produces the most tomatoes?** A: China.
- 5. What does 'kneading dough' mean?** A: Folding, pressing, and stretching the dough by hand.
- 6. What ingredient stops the dough from growing too big?** A: Salt.
- 7. What is the process called when the dough starts to rise?** A: Fermentation.
- 8. What is oregano?** A: A herb.
- 9. What does oregano mean?** A: It means 'joy of the mountain' in ancient Greek.
- 10. How long do you think olive trees live for?** A: Usually between 300 and 600 years. The oldest olive tree is more than 2,000 years old.
- 11. What vitamin do you think olives are rich in?** A: Vitamin E.
- 12. When are red onions available to buy?** A: Red onions are available throughout the year but their flavour can change depending on the season.
- 13. How long can red onions be stored in your kitchen?** A: They can be stored for three to four months at room temperature.
- 14. What is the name of the scale used to measure how hot peppers are?** A: The Scoville scale.
- 15. What vitamin do you think red peppers are very rich in?** A: Vitamin C.



Food QUIZ

(ages 8-11 years)

My name is _____ I am _____ years old.

- | | |
|--|--------------------------|
| | ✓ / x |
| 1. How tall do you think the average basil plant is? _____ | <input type="checkbox"/> |
| 2. Where does the word basil come from? _____ | <input type="checkbox"/> |
| 3. How much did the heaviest tomato ever grown weigh? _____ | <input type="checkbox"/> |
| 4. Which country do you think produces the most tomatoes? _____ | <input type="checkbox"/> |
| 5. What does 'kneading dough' mean? _____ | <input type="checkbox"/> |
| 6. What ingredient stops the dough from growing too big? _____ | <input type="checkbox"/> |
| 7. What is the process called when the dough starts to rise? _____ | <input type="checkbox"/> |
| 8. What is oregano? _____ | <input type="checkbox"/> |
| 9. 9. What does oregano mean? _____ | <input type="checkbox"/> |
| 10. How long do you think olive trees live for? _____ | <input type="checkbox"/> |
| 11. What vitamin do you think olives are rich in? _____ | <input type="checkbox"/> |
| 12. When are red onions available to buy? _____ | <input type="checkbox"/> |
| 13. How long can red onions be stored in your kitchen? _____ | <input type="checkbox"/> |
| 14. What is the name of the scale used to measure how hot peppers are? _____ | <input type="checkbox"/> |
| 15. What vitamin do you think red peppers are very rich in? _____ | <input type="checkbox"/> |

My score is _____