

PizzaExpress Snowball Dough Balls

Prep time: 1 hour Cooking time: 6 mins Makes: 2 single portions or 1 Doppio portion



6₅

Ingredients:

150ml warm water - roughly 27 degrees

1 tsp of sugar

15g fresh yeast or 2 level tsp of dry yeast

225g of plain flour (plus extra for working)

1.5 tsp of salt

2 tbsp extra virgin olive oil

Cinnamon powder and icing sugar for dusting

Choice of dips - vanilla cream frosting,

caramel sauce or raspberry coulis



Method:

- 1. Add the sugar and crumble the fresh yeast into warm water.
- 2. Allow the mixture to stand for 10-15 minutes in a warm place (an airing cupboard works well. If you don't have a warm place, proofing may take a little longer) until froth develops on the surface.
- 3. Sift the flour and salt into a large mixing bowl, make a well in the middle and pour in the yeast mixture and olive oil.
- 4. Lightly flour your hands, and slowly mix the ingredients together until they bind.
- 5. Generously dust your surface with flour.
- 6. Throw down the dough and begin kneading for 10 minutes until smooth, silky and soft.
- 7. Leave dough to rest until soft to the touch but not too springy about 15 mins.
- 8. Preheat oven to 230°C.
- 9. Then, it's ready to roll. Roll dough into one long 1.2m tube. Chop into 16 chunks and place in an oven proof pan.
- 10. Leave Dough Balls to rest in the pan for 30 mins then bake in the oven for 6 minutes until golden.
- 11. Dust with cinnamon and icing sugar and serve with your choice of dip.