



NUTRITIONAL INFORMATION

QSR – Brixton

At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you. We understand that part of this includes awareness of your nutritional intake. Our nutritional menu below details information on our dishes and some ingredients – extra toppings. As our dishes are handmade in our busy kitchens, we can't guarantee our data is as stated.

Our nutritional values are for informational purposes only and are not a substitute for medical advice.

Adults need around 2000 kcal a day

	PER PORTION									PER 100g								
QSR - Brixton	Energy (kcal)	Energy (KJ)	Fat (g)	Saturates (g)	Carbohydrates (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)	Energy (kcal)	Energy (KJ)	Fat (g)	Saturates (g)	Carbohydrates (g)	Sugars (g)	Fibre (g)	Protein (g)	Salt (g)
Dough Balls	483	2019	27.7	9.8	50.0	3.4	2.7	9.7	1.70	426	1782	24.5	8.7	44.2	3.0	2.3	8.5	1.50
Vegan Dough Balls	474	1984	26.9	9.6	50.0	3.4	2.7	9.5	1.70	419	1751	23.7	8.5	44.2	3.0	2.3	8.4	1.50
Dough Balls GF	537	2245	32.6	9.9	53.2	3.0	2.6	2.3	1.90	409	1710	24.8	7.5	40.5	2.3	2.0	1.8	1.40
Dough Balls Sharer	961	4019	51.7	12.2	106.4	11.3	5.6	20.1	4.70	348	1456	18.7	4.4	38.5	4.1	2.0	7.3	1.70
Vegan Dough Balls Sharer	985	4119	55.5	19.7	104.4	10.4	5.7	19.6	4.20	370	1549	20.9	7.4	39.3	3.9	2.2	7.4	1.60
Dough Balls Sharer GF	1069	4472	61.4	12.3	112.8	10.4	5.4	5.5	5.10	343	1433	19.7	3.9	36.1	3.3	1.7	1.7	1.60
Vegan Dough Balls Sharer GF	1093	4572	65.2	19.8	110.8	9.6	5.6	4.9	4.60	362	1514	21.6	6.6	36.7	3.2	1.9	1.6	1.50
GF Vegan Dough Balls	528	2210	31.7	9.7	53.2	3.0	2.6	2.2	1.90	402	1683	24.1	7.4	40.5	2.3	2.0	1.7	1.40
GF Vegan Dough Balls Sharer	1093	4572	65.2	19.8	110.8	9.6	5.6	4.9	4.60	362	1514	21.6	6.6	36.7	3.2	1.9	1.6	1.50
Garlic Bread with Mozz Sharer	723	3022	26.1	13.1	85.6	2.4	3.7	34.6	3.60	286	1194	10.3	5.2	33.8	1.0	1.4	13.7	1.40
Garlic Bread with Vegan Mozz Alternative Sharer	573	2398	15.1	8.0	89.6	1.8	5.0	18.0	3.40	244	1020	6.4	3.4	38.1	0.8	2.1	7.7	1.40
Lemon & Herb Chicken Wings - No Dip	388	1622	21.9	5.1	1.9	1.1	1.9	45.6	1.90	218	912	12.3	2.9	1.1	0.6	1.1	25.6	1.10
DBL Lemon & Herb Chicken Wings - No Dip	775	3242	43.9	10.2	3.8	2.3	3.8	91.1	3.70	218	912	12.3	2.9	1.1	0.6	1.1	25.6	1.10
Buffalo Chicken Wings - No Dip	418	1747	24.6	6.0	3.2	2.1	1.9	46.1	3.10	201	841	11.8	2.9	1.5	1.0	0.9	22.2	1.50
DBL Buffalo Chicken Wings - No Dip	835	3494	49.1	12.0	6.3	4.1	3.8	92.3	6.30	201	841	11.8	2.9	1.5	1.0	0.9	22.2	1.50
BBQ Chicken Wings - No Dip	427	1785	22.0	5.1	10.9	9.2	2.1	45.9	2.30	205	859	10.6	2.5	5.2	4.4	1.0	22.1	1.10
DBL BBQ Chicken Wings - No Dip	853	3569	44.1	10.2	21.8	18.5	4.2	91.7	4.70	205	859	10.6	2.5	5.2	4.4	1.0	22.1	1.10
Buttermilk Chicken Goujons (4) - No Dip	363	1517	15.1	7.1	30.9	1.1	1.9	24.6	1.50	223	933	9.3	4.3	19.0	0.7	1.1	15.1	0.90
Buttermilk Chicken Goujons (8) - No Dip	724	3028	30.2	14.1	61.6	2.1	3.7	49.2	3.00	223	933	9.3	4.3	19.0	0.7	1.1	15.1	0.90
Mozzarella Sticks - No Dip	469	1962	25.7	12.8	30.8	1.5	2.1	27.6	1.70	296	1236	16.2	8.1	19.4	0.9	1.3	17.4	1.10
Grand Chicken Caesar (No Egg)	511	2142	33.1	6.9	15.0	4.6	2.2	37.2	3.10	175	734	11.3	2.4	5.2	1.6	0.8	12.8	1.10
Mixed Side Salad	150	631	14.1	1.3	3.9	2.9	1.5	1.5	0.46	104	434	9.7	0.9	2.7	2.0	1.0	1.0	0.32
Double Chocolate Brownie Bites	988	4134	57.4	25.4	103.0	87.4	6.4	11.4	0.22	494	2067	28.7	12.7	51.5	43.7	3.2	5.7	0.11
White Chocolate Blondie Bites	874	3657	40.4	25.2	114.8	75.0	2.2	10.8	0.46	437	1828	20.2	12.6	57.4	37.5	1.1	5.4	0.23
Soft Serve	175	733	7.4	3.2	22.2	19.6	0.0	4.9	0.24	146	611	6.2	2.7	18.5	16.3	0.0	4.1	0.20
Chocolate Soft Serve	204	854	7.5	3.3	29.1	25.6	0.2	5.0	0.25	157	657	5.8	2.5	22.4	19.7	0.1	3.9	0.19
Salted Caramel Soft Serve	269	1125	11.5	5.5	35.7	25.6	0.3	6.1	0.68	192	803	8.2	3.9	25.5	18.3	0.2	4.4	0.49

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Margherita Pizzetta	350	1466	9.8	5.5	46.2	4.6	2.3	18.8	2.10	211	881	5.9	3.3	27.7	2.7	1.4	11.3	1.30
Margherita Pizzetta GF	331	1385	10.3	5.6	46.3	4.5	2.4	12.6	1.90	201	840	6.2	3.4	28.1	2.8	1.4	7.6	1.10
Vegan Margherita Pizzetta	327	1366	9.4	7.2	50.0	4.2	3.4	9.5	2.40	182	761	5.3	4.0	27.9	2.3	1.9	5.3	1.30
Vegan Margherita Pizzetta GF	307	1285	9.9	7.3	50.1	4.1	3.5	3.3	2.10	173	725	5.6	4.1	28.3	2.3	2.0	1.8	1.20
American Pizzetta	457	1911	19.1	9.7	46.4	4.7	2.5	24.1	3.00	239	1001	10.0	5.1	24.3	2.4	1.3	12.6	1.60
American Pizzetta GF	438	1830	19.6	9.8	46.5	4.6	2.6	17.9	2.80	231	968	10.3	5.2	24.6	2.4	1.4	9.5	1.50
American Hot Pizzetta	458	1917	19.1	9.7	46.6	4.9	2.7	24.2	3.00	229	956	9.5	4.9	23.2	2.4	1.3	12.1	1.50
American Hot Pizzetta GF	439	1837	19.6	9.8	46.7	4.9	2.8	18.0	2.80	221	925	9.9	4.9	23.5	2.5	1.4	9.1	1.40
Double American Cheese Pizzetta	563	2357	28.3	13.9	46.6	4.8	2.7	29.4	3.90	263	1101	13.2	6.5	21.7	2.2	1.3	13.8	1.80
Double American Cheese Pizzetta GF	544	2276	28.8	13.9	46.7	4.7	2.8	23.2	3.70	257	1073	13.6	6.6	22.0	2.2	1.3	11.0	1.70
La Reine Pizzetta	380	1591	11.6	5.9	46.8	4.8	2.8	21.5	2.80	182	762	5.5	2.8	22.4	2.3	1.3	10.3	1.30
La Reine Pizzetta GF	361	1510	12.1	5.9	46.8	4.7	2.9	15.3	2.60	175	230	5.8	2.9	22.6	2.3	1.4	7.4	1.30
Pollo Ad Astra Pizzetta	454	1902	14.3	6.4	50.5	8.3	3.4	30.0	2.50	180	752	5.7	2.5	20.0	3.3	1.4	11.9	1.00
Pollo Ad Astra Pizzetta GF	435	1821	14.8	6.5	50.6	8.2	3.5	23.8	2.30	173	725	5.9	2.6	20.2	3.3	1.4	9.5	0.90
Sloppy Giuseppe Pizzetta	443	1856	12.6	6.6	49.6	6.7	3.3	32.3	2.60	173	725	4.9	2.6	19.4	2.6	1.3	12.6	1.00
Sloppy Giuseppe Pizzetta GF	424	1775	13.1	6.6	49.7	6.6	3.4	26.1	2.40	167	697	5.1	2.6	19.5	2.6	1.3	10.3	1.00
Smoky BBQ Chicken Pizzetta	447	1872	10.4	5.9	57.4	13.8	2.8	29.9	2.60	179	747	4.2	2.4	22.9	5.5	1.1	11.9	1.10
Smoky BBQ Chicken Pizzetta GF	428	1791	10.9	5.9	57.4	13.7	2.9	23.7	2.40	173	722	4.4	2.4	23.2	5.5	1.2	9.5	1.00
Padana Pizzetta	501	2098	19.7	10.7	58.9	13.9	3.6	21.1	2.40	196	819	7.7	4.2	23.0	5.4	1.4	8.2	0.90
Padana Pizzetta GF	482	2017	20.2	10.8	59.0	13.8	3.7	14.9	2.10	190	794	8.0	4.2	23.2	5.4	1.5	5.9	0.80
Vegan Padana Pizzetta	371	1554	9.4	4.2	59.7	13.7	4.2	10.8	2.10	162	680	4.1	1.8	26.1	6.0	1.8	4.7	0.90
Vegan Padana Pizzetta GF	352	1473	9.9	4.3	59.8	13.6	4.3	4.6	1.90	156	652	4.4	1.9	26.5	6.0	1.9	2.0	0.80
Giardinera Pizzetta	432	1808	15.7	6.4	50.0	7.6	5.1	21.2	2.80	155	651	5.6	2.3	18.0	2.7	1.8	7.6	1.00
Giardinera Pizzetta GF	413	1727	16.2	6.4	50.1	7.6	5.2	15.0	2.60	149	626	5.9	2.3	18.2	2.7	1.9	5.4	1.00
Vegan Giardiniera Pizzetta	362	1515	11.3	4.5	51.8	7.2	5.6	11.7	2.70	140	586	4.4	1.8	20.0	2.8	2.2	4.5	1.10
Vegan Giardiniera Pizzetta GF	344	1439	11.9	4.6	52.0	7.2	5.8	5.5	2.50	133	556	4.6	1.8	20.1	2.8	2.2	2.1	1.00