



**INGREDIENT LIST**  
**ENGLAND, WALES & SCOTLAND**  
**3<sup>rd</sup> January 2023 v2**

**PIZZERIA**

At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you or someone you care about. We understand that people may want to avoid more than the 14 allergens required as part of the EU Food Information Regulation hence, since 2014, we have declared 22 allergenic ingredients within our Allergen Information Guide.

The guide below shows every single ingredient within our much-loved recipes in an effort to provide more clarity and better choices for everyone.

### **HOW TO USE THIS GUIDE:**

Simply select the section of the menu you are interested in. All of our wonderful seasonal additions can be found at the end of this document.

Even if you have chosen an item previously, please make sure that you check this guide each time you visit us and always inform your waiter of your allergy, intolerance or dietary requirements when ordering.

There are times when some of our super popular ingredients may be out of stock and, it may be necessary to purchase additional stock locally. We have guidance in place for our team and all ingredients are purchased from reputable sources however, ingredients may vary. Just Ask and we will be able to advise.

This guide does not replace the allergen information which can be found on our website, app, and in restaurants by scanning the QR code below or, by asking our team for the allergen folder.

**Scan for allergen & nutritional information**



## **SIMPLY CLICK ON THE REQUIRED MENU SECTION:**

- [1. Appetisers & Starters](#)**
- [2. Sides & Dips](#)**
- [3. Calzone, Romana & Calabrese Pizzas](#)**
- [4. Classic Pizzas](#)**
- [5. Leggera Pizzas](#)**
- [6. Salads](#)**
- [7. Al Forno](#)**
- [8. Lunch](#)**
- [9. Desserts & Dolcetti](#)**
- [10. Piccolo Menu](#)**
- [11. Vegan Menu](#)**
- [12. New Recipes](#)**

# APPETISERS & STARTERS

ALTERNATIVES	
Gluten Free Dough Balls	Rice starch, corn starch, sea water, water, potato starch, rice flour, sunflower oil, extra virgin olive oil, legume flour (peas), vegetable fibre (potato, rice, psyllium, flax, lemon, pea), sugar, millet flour, flax seed oil panel, salt, fresh brewer's yeast, natural flavours, thickener: hydroxypropyl methylcellulose. raising agents: gluconodeltalactone, sodium acids carbonate
MARINATED OLIVES	
Marinated Olives	Pitted Green Olives, Garlic, Onion, Sunflower Oil, Salt, Herbs, Pink Peppercorns, Herbs de Provence
SLOW ROASTED TOMATOES	
Slow Roasted Tomatoes	Semi dried Tomatoes, Rapeseed oil, Garlic, Oregano
DOUGH BALLS 'PIZZAEXPRESS'	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley
Parsley	Parsley
CHIMICHURRI DOUGH BALLS	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Chimichurri Sauce	Rapeseed Oil, Water, Flat Parsley (12%), Red Pepper, Onion, Red Wine Vinegar (7%) [Antioxidant: <b>SULPHUR DIOXIDE</b> ], Coriander, Red Chillies, Olive Oil, Garlic Purée (3%), Lime Juice (2%) [Lime Juice From Concentrate, Preservative: Potassium Metabisulphite], Salt, Tomato Paste, Sugar, Oregano, Crushed Chillies, Antioxidant: Ascorbic Acid, Smoked Paprika, Ground Turmeric, Ground Cumin, Preservative: Potassium Sorbate, Ground Black Pepper
Parsley	Parsley

<b>DOUGH BALLS AL FORNO</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Cheddar	<b>MILK</b> , rennet (microbial - vegetarian), Salt, Starter Culture
Oregano	Dried Oregano
Gran Milano	<b>MILK</b> , salt, vegetarian rennet, cultures

<b>DOUGH BALLS DOPPIO (New Recipe)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley
Basil & Pine Kernel Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid
Smoky Tomato Harissa	Vegetable oil (sunflower and rapeseed in varying proportions), Rehydrated Sundried and Semidried Tomatoes, Rose Harissa (rehydrated red peppers, Sunflower Oil, Garlic, Salt, Spices, Rose Petals), Extra Virgin Olive Oil, Vinegar, Garlic Puree, Herbs & Spices, Salt, Sugar
Parsley	Parsley

<b>GARLIC BREAD WITH MOZZARELLA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil
Parsley	Parsley

<b>GRAND GARLIC BREAD WITH MOZZARELLA (NEW)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Garlic Paste	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil
Parsley	Parsley

<b>BRUSCHETTA ORIGINALE 'PIZZAEXPRESS'</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley
Bruschetta Mix	Tomatoes, Red Onions, Black Pepper
Basil & Pine Kernel Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid
Basil	Basil

<b>CHILLI KING PRAWNS</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
King Prawns	King Prawn, ( <b>CRUSTACEANS</b> ), salt, stabiliser (E450, E451)
Tomatoes	Tomatoes
Roasted Mixed Peppers	Red Pepper, Yellow Pepper
Garlic Butter	Salted butter ( <b>MILK</b> , Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley
Parsley	Parsley
Chilli Flakes	Dried Red Chillies
Bruschetta Mix	Tomatoes, Red Onions, Black Pepper

<b>CALAMARI</b>	
Breaded Calamari	Squid ( <b>MOLLUSCS</b> ), Breadcrumbs [ <b>WHEAT</b> Flour, Canola Oil, Sugar, Salt], Batter [ <b>WHEAT</b> Flour, Water, Thickeners (E1404, E1420), Sugar, Raising Agents (E450, E500), Salt].
Parsley	Parsley
Lemon Wedge	Lemon
Caesar Dressing	Rapeseed Oil, Water, White Wine Vinegar, Sugar, Pasteurised Free Range <b>EGG</b> Yolk, Parmigiano Reggiano Cheese ( <b>MILK</b> ), Salt, Olive Oil, Yellow <b>MUSTARD</b> Flour, Concentrated Lemon Juice, Garlic Puree, Stabiliser (Xanthan Gum), Anchovy ( <b>FISH</b> ) Paste, Black Pepper

<b>POLLO MILANESE</b>	
Buttermilk Chicken Goujons	Chicken Breast, <b>WHEAT</b> Flour, Sunflower Oil, Modified Starch, Starch, Butter <b>MILK</b> Powder, Salt, Garlic Powder, <b>WHEAT</b> Gluten, Raising Agents (E450, E500), Stabiliser (E451), Onion Powder, Acidity Regulators (E330, E270, E327), Spices, Yeast Extract, Flavourings, Rice Flour, <b>MILK</b> Powder, Thickener (E415), Sugar, Herb (Thyme).
Rocket	Rocket
Slow-Roasted Tomatoes	Semi dried Tomatoes, Rapeseed oil, Garlic, Oregano
Gran Milano	<b>MILK</b> , salt, vegetarian rennet, cultures
Lemon	Lemon
Basil & Pine Kernel Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid
Parsley	Parsley

<b>LEMON &amp; HERB CHICKEN WINGS</b>	
Chicken wings	Chicken Primes, Onion, Rapeseed Oil, Garlic, Lemon Juice, Water, Lemon Zest, Salt, Fennel Seed, Caster Sugar, Rosemary, Cracked Black Pepper, Oregano, Xanthan Gum, Thyme, Turmeric, Parsley
Parsley	Parsley
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

<b>BUFFALO &amp; MOZZARELLA SALAD</b>	
Tomatoes	Tomatoes
Buffalo Mozzarella	Buffalo <b>MILK</b> , salt, rennet (vegetarian)
Black Pepper	Black Pepper
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Basil & Pine Kernel Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid
Basil	Basil

## SIDES & DIPS

<b>MIXED SALAD</b>	
Rocket	Rocket
Baby Spinach	Baby Spinach
House Dressing	White wine vinegar, rapeseed oil, water, sugar, spirit vinegar, herbs (garlic powder, tamarind powder, dried oregano, parsley), salt, modified potato starch, <b>MUSTARD</b> flour, thickener: xanthan gum, black pepper, molasses, onion powder, ginger puree
Cucumber	Cucumber
Baby Plum Tomatoes	Baby Plum Tomatoes
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Black Pepper	Black Pepper

<b>RUCOLA</b>	
Rocket	Rocket
Gran Milano cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures
Balsamic Dressing	Sunflower Oil, Extra Virgin Olive Oil, Balsamic vinegar ( <b>SULPHITES</b> ) of Modena (cooked grape must, wine vinegar), concentrated grape must, wine vinegar, modified maize starch. Antioxidant E224



<b>POLENTA CHIPS</b>	
Breaded Polenta Chips	Water, maize flour, breadcrumbs (WHEAT flour, brewer's yeast, salt, maize flour, rosemary), <b>WHEAT</b> flour, sunflower oil, acidity regulator (tartaric acid)
Gran Milano Cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures
Honey & Mustard Dressing	Rapeseed oil, Honey, White wine vinegar, Water, <b>MUSTARD</b> (water <b>MUSTARD</b> seeds, spirit vinegar, salt, spices, flavouring), Concentrated lemon juice, Sugar, Salt and sea salt, <b>MUSTARD</b> seeds, Dijon <b>MUSTARD</b> (water, <b>MUSTARD</b> seeds, spirit vinegar, salt), Garlic purée, (contains citric acid), Black pepper, Thickener (Xanthan Gum)

<b>HALLOUMI BITES</b>	
Halloumi Bites	Halloumi Cheese ( <b>MILK</b> ), Batter (Water, Maize Starch, Maize Flour, Rice Flour, Salt, Xanthan Gum E415), Breadcrumb (Rice Flour, Gram Flour, Maize Starch, Salt, Dextrose, Rapeseed Oil), Vegetable Oil (Sunflower Oil, Rapeseed Oil)
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Parsley	Parsley

<b>RAW SLAW</b>	
Slaw Veg Mix	Shredded Carrot, Shredded Red Cabbage
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree
Red Onion	Red Onion
Parsley	Parsley
Black Pepper	Black Pepper

<b>BROCCOLINI</b>	
Tenderstem® Broccoli	Tenderstem® Broccoli, Olive Oil, Garlic, Salt, Black Pepper
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Black Pepper	Black Pepper

<b>DIPS &amp; DRESSINGS</b>	
Red Pepper & Chilli Dip	Red Pepper, Yellow Pepper, Roquito Peppers, Sugar, Vinegar, Red Chilli, Jalapeno Peppers, Water, Salt, Acetic Acid, Distilled Vinegar, Calcium Chloride, Potassium Sorbate, Garlic, Sunflower Oil, Extra Virgin Olive Oil
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Basil & Pine Kernels Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid
Sweet & Smoky BBQ Sauce	Tomato Paste, Water, Spirit Vinegar, Sugar, Molasses, Honey, Modified Maize Starch, <b>MUSTARD</b> (Water, <b>MUSTARD</b> Seeds, Spirit Vinegar, Spices), Salt, Lemon Juice, Onion Extract, Spices ( <b>MUSTARD</b> ), Colour (Caramel), Garlic Powder, Smoke Flavouring
Honey & Mustard Dressing	Rapeseed oil, Honey, White wine vinegar, Water, <b>MUSTARD</b> (water <b>MUSTARD</b> seeds, spirit vinegar, salt, spices, flavouring), Concentrated lemon juice, Sugar, Salt and sea salt, <b>MUSTARD</b> seeds, Dijon <b>MUSTARD</b> (water, <b>MUSTARD</b> seeds, spirit vinegar, salt), Garlic purée, (contains citric acid), Black pepper, Thickener (Xanthan Gum)
Houmous	Cooked Chickpeas [Water, Chickpeas], Rapeseed Oil, Tahini ( <b>SESAME</b> Seed Paste), Water, Lemon Juice Concentrate, Garlic Purée, Salt, Preservative: Potassium Sorbate
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree
Caesar Dressing	Rapeseed Oil, Water, White Wine Vinegar, Sugar, Pasteurised Free Range <b>EGG</b> Yolk, Parmigiano Reggiano Cheese ( <b>MILK</b> ), Salt, Olive Oil, Yellow <b>MUSTARD</b> Flour, Concentrated, Lemon Juice, Garlic Puree, Stabiliser (Xanthan Gum), Anchovy Paste ( <b>FISH</b> ), Black Pepper
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley
Vegan Garlic & Parsley Spread	Dairy-Free Spread (Plant Oils (Rapeseed, Palm, Sunflower, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Fava Bean Protein, Natural Flavourings, Vitamins A and D), Garlic, Parsley

# CALZONE, ROMANA & CALABRESE PIZZAS

ALTERNATIVES	
Gluten Free Base	Water, Gluten free flour white rice, potato starch, tapioca starch, maize flour, buckwheat flour, mono calcium phosphate, sodium bicarbonate, xanthan gum, Salt, Rapeseed Oil, Treacle
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: (gum Arabic, xanthan gum, carob flour)

CALZONE 'NDUJA	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Pepperoni	Pork Meat, Pork Fat, Salt, Paprika Powder, Spices (Sweet Paprika, Hot Paprika, Black Pepper, Garlic, Caraway Seeds, Coriander), Dextrose, Antioxidants (E-330, E-300, E-301), Saccharose, Preservative (E250), Starter Culture
Nduja	Pork fat, Pork, Red Spicy Chilli (Calabrian Red Chilli), Salt, Sweet Chilli, Dextrose, Sugar, Smoke Flavouring, Antioxidant (E300), Preservatives (E250, E252)
Hot & Sweet Chilli	Hot & Sweet Chilli, Water, Sugar, Vinegar.
Hot Green Peppers	Greek Golden Peppers, Water, Distilled Vinegar ( <b>SULPHITES</b> ), Salt, Citric Acid, Sodium Bisulphite, Riboflavin
Red Chillies	Fresh red chillies
Oregano	Dried oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Pancetta	Pork, salt, dextrose, spices, flavouring, antioxidant: sodium ascorbate, preservatives: potassium nitrate, sodium nitrite
Gran Milano Cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Rocket	Rocket
Baby Spinach	Baby Spinach
Tomatoes	Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

<b>CALZONE ORTO</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil
Char-grilled Courgette	Grilled round green courgette, grilled round yellow courgette, water, rapeseed oil, extra virgin olive oil, salt, thyme, garlic powder, garlic.
Roasted Mixed Peppers	Red Pepper, Yellow Pepper
Hot & Sweet Chilli Peppers	Hot & Sweet Chilli, Water, Sugar, Vinegar.
Spinach	Spinach
Smoked Chilli Powder	Chilli Powder, Salt, Onion Powder, Garlic Powder, Smoked Paprika, Smoked dextrose, Smoked Salt, Yeast Extract, Oregano, Cumin, Black Pepper, Bell Pepper, Anti-caking Agent (Silicon Dioxide, Sodium Ferrocyanide), Potato Starch, Sage, Rapeseed Oil, Sodium Ferrocyanide.
Oregano	Dried Oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Baby Spinach	Baby Spinach
Rocket	Rocket
Baby Plum Tomatoes	Baby Plum Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

<b>AMERICAN HOT</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Pepperoni Sausage	Pork Meat, Pork Fat, Salt, Paprika Powder, Spices (Sweet Paprika, Hot Paprika, Black Pepper, Garlic, Caraway Seeds, Coriander), Dextrose, Antioxidants (E-330, E-300, E-301), Saccharose, Preservative (E250), Starter Culture
Hot Green Peppers (option)	Greek Golden Peppers, Water, Distilled Vinegar ( <b>SULPHITES</b> ), Salt, Citric Acid, Sodium Bisulphite, Riboflavin
Jalapeno Peppers (option)	Jalapeno Peppers, Water, Salt, Acetic Acid, Distilled Vinegar, Calcium Chloride, Potassium Sorbate
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried Oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil

<b>PADANA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Goats Cheese	Pasteurised goat's <b>MILK</b> , salt, vegetarian rennet, sequestrant (calcium chloride, lactic acid culture), Penicillium
Red Onion Chutney	Re-hydrated Red Onions, Sugar, Re-hydrated Onions, Red Grape Vinegar, Colouring (Plain Caramel), Thickening Agent (Modified Maize Starch), Sea Salt, Ginger, Cinnamon, Nutmeg
Spinach	Spinach
Red Onions	Red Onion
Black Pepper	Black Pepper
Oregano	Dried Oregano
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil

<b>POLLO AD ASTRA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Sweet Red Peppers	Sweet Red Peppers, Water, Sugar, Spirit Vinegar, Salt, Antioxidants: Citric Acid, Ascorbic Acid, Firming Agent: Calcium Chloride
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Red onions	Red Onion
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Black Pepper	Black Pepper
Oregano	Dried Oregano
Cajun Spice	Salt, paprika, black pepper, thyme, garlic, turmeric, onion, oregano, chilli, red peppers, fennel, ginger, pimento
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil

<b>BBQ BURNT ENDS</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Sweet & Smoky BBQ Sauce	Tomato Paste, Water, Spirit Vinegar, Sugar, Molasses, Honey, Modified Maize Starch, <b>MUSTARD</b> (Water, <b>MUSTARD</b> Seeds, Spirit Vinegar, Spices), Salt, Lemon Juice, Onion Extract, Spices ( <b>MUSTARD</b> ), Colour (Caramel), Garlic Powder, Smoke Flavouring
Red Onion	Red Onions
Burnt Ends Beef	Beef brisket, water, tomato puree, red wine vinegar, onions, sugar, gravy granules [beef stock (water, beef stock, beef dripping), modified tapioca starch, flavourings, salt, glucose syrup, sugar, rice flour, colour (caramel), corn flour, potato starch, rapeseed oil, maltodextrin, yeast extracts, herb], dark brown sugar, light brown sugar, salt, honey, tamari sauce [ <b>SOYA</b> beans, water, sea salt, alcohol made from sugar cane, Koji spores], black treacle, smoked paprika, lemon juice [with preservative (E224)], chilli powder, caramel powder (E150a), cumin, garlic, cinnamon, cocoa powder, garlic powder, onion powder, black pepper, smoke flavour [maltodextrin, smoke flavour], rapeseed oil, xanthan gum, chilli flakes, cloves, nutmeg
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried Oregano
Black Pepper	Black Pepper
Slow-Roasted Tomatoes	Semi dried Tomatoes, Rapeseed oil, Garlic, Oregano
Parsley	Parsley

<b>GARLIC PRAWN</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Red Onion	Red Onion
Tomatoes	Tomato
King Prawns	King Prawn (Penaeus Vannamei) ( <b>CRUSTACEANS</b> ), salt, stabiliser (E450, E451)
Oregano	Dried Oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Lemon Wedge	Lemon
Parsley	Parsley

<b>CALABRESE</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Gran Milano Cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures
Roasted Mix Peppers	Red Pepper, Yellow Pepper
Red Chillies	Fresh red chillies
Hot & Sweet Chilli	Hot & Sweet Chilli, Water, Sugar, Vinegar.
Nduja sausage	Pork fat, Pork, Red Spicy Chilli (Calabrian Red Chilli), Salt, Sweet Chilli, Dextrose, Sugar, Smoke Flavouring, Antioxidant: E300; Preservatives: E250, E252
Calabrese Sausage	Pork, spicy Calabrian chilli pepper, salt, dextrose, sugar, antioxidant: E300; Preservatives: E252, E250
Oregano	Dried Oregano
Buffalo Mozzarella	Buffalo <b>MILK</b> , salt, rennet (vegetarian)
Rocket	Rocket
Basil & Pine Kernel Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid



# CLASSIC PIZZAS

ALTERNATIVES	
Gluten Free Base	Water, Gluten free flour white rice, potato starch, tapioca starch, maize flour, buckwheat flour, mono calcium phosphate, sodium bicarbonate, xanthan gum, Salt, Rapeseed Oil, Treacle
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour

SLOPPY GIUSEPPE (New Recipe)	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Green Peppers	Green Peppers
Red Onions	Red Onion
Ground Beef	Cooked Beef (Beef, Water, Tapioca Starch, Salt, Stabiliser: E451(i)), Seasoning (Salt, Paprika, Cayenne Pepper, Black Pepper, Nutmeg, Garlic Powder, Cumin, Coriander, Dextrose, Onion Powder, Chilli Powder, Basil, Marjoram, Oregano, Sage, Thyme), Pea Protein, Natural Roast Flavour (Yeast Extract, Salt), Beef Stock (Salt, Sugar, Yeast Extract, Maltodextrin, Natural Flavouring, Onion Powder, Maize Starch, Beef Extract, Rapeseed Oil), Yeast Extract (Yeast Extract, Salt), Cayenne Pepper, Colour: E160c
Oregano	Dried Oregano
Black Pepper	Black Pepper
Parsley	Parsley

<b>AMERICAN</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Pepperoni Sausage	Pork Meat, Pork Fat, Salt, Paprika Powder, Spices (Sweet Paprika, Hot Paprika, Black Pepper, Garlic, Caraway Seeds, Coriander), Dextrose, Antioxidants (E-330, E-300, E-301), Saccharose, Preservative (E250), Starter Culture
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried Oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil

<b>FIorentina</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Olives	Water, Black Olives, Salt, Stabiliser (Ferrous Gluconate)
Spinach	Spinach
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Egg	<b>EGG</b>
Gran Milano cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures

<b>MARGHERITA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried Oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Basil	Basil

<b>LA REINE</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Olives	Water, Black Olives, Salt, Stabiliser (Ferrous Gluconate)
Ham	Pork, Water, Salt, Waxy Maize Starch, Pea Starch, Dried Glucose Syrup, Dextrose, Tapioca Starch, Stabilisers (E451, E450), Yeast Extract, Potato Fibre, Antioxidant (E301), Preservative (E250)
Mushrooms	Cup Mushrooms
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil

<b>AMERICAN JACK - VEGAN</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Tomato	Tomato
Roasted Mixed Peppers	Yellow Pepper
Jackfruit Pepperoni	Water, Jackfruit, Thickener: Sodium Alginate, Firming Agent: Calcium Sulphate, Stabilisers: Pentasodium Triphosphate, Tetrasodium Diphosphate, Vegetable Oil Emulsion (Sunflower Refined Oil, Water, Pea Protein, Flavouring [flavour, hydrolysed vegetable protein, yeast extract, salt], Gelling Agent: Agar-Agar, Thickeners: Carob, Xanthan Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate), Naturally Smoked High Oleic Sunflower Oil, Seasoning (Maltodextrin, Yeast Extract, Rice Flour, Onion Powder, Natural Flavouring, Spice), Smoked Paprika, Rice Protein, Salt, Concentrate (Beetroot, Carrot), Smoked Garlic Granules, Sugar, Fennel Seeds, Natural Colour: Liquid Paprika Extract, Black Pepper, Sunflower Lecithin, Five Spice
Extra Virgin Olive Oil	Extra Virgin Olive Oil

<b>AMERICAN JACK - VEGETARIAN</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Tomato	Tomato
Roasted Mixed Peppers	Yellow Pepper
Jackfruit Pepperoni	Water, Jackfruit, Thickener: Sodium Alginate, Firming Agent: Calcium Sulphate, Stabilisers: Pentasodium Triphosphate, Tetrasodium Diphosphate, Vegetable Oil Emulsion (Sunflower Refined Oil, Water, Pea Protein, Flavouring [flavour, hydrolysed vegetable protein, yeast extract, salt], Gelling Agent: Agar-Agar, Thickeners: Carob, Xanthan Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate), Naturally Smoked High Oleic Sunflower Oil, Seasoning (Maltodextrin, Yeast Extract, Rice Flour, Onion Powder, Natural Flavouring, Spice), Smoked Paprika, Rice Protein, Salt, Concentrate (Beetroot, Carrot), Smoked Garlic Granules, Sugar, Fennel Seeds, Natural Colour: Liquid Paprika Extract, Black Pepper, Sunflower Lecithin, Five Spice
Extra Virgin Olive Oil	Extra Virgin Olive Oil

<b>POLLO AMERICAN [Deliveroo Exclusive]</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Red Onions	Red Onions
Pepperoni Sausage	Pork Meat, Pork Fat, Salt, Paprika Powder, Spices (Sweet Paprika, Hot Paprika, Black Pepper, Garlic, Caraway Seeds, Coriander), Dextrose, Antioxidants (E-330, E-300, E-301), Saccharose, Preservative (E250), Starter Culture
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried Oregano
Black Pepper	Black Pepper
Parsley	Parsley

<b>SMOKY BBQ CHICKEN [Deliveroo Exclusive]</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Sweet & Smoky BBQ Sauce	Tomato Paste, Water, Spirit Vinegar, Sugar, Molasses, Honey, Modified Maize Starch, <b>MUSTARD</b> (Water, <b>MUSTARD</b> Seeds, Spirit Vinegar, Spices), Salt, Lemon Juice, Onion Extract, Spices ( <b>MUSTARD</b> ), Colour (Caramel), Garlic Powder, Smoke Flavouring
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Roasted Mixed Peppers	Red Pepper, Yellow Pepper
Red Onions	Red Onions
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried Oregano
Black Pepper	Black Pepper
Parsley	Parsley

# LEGGERA PIZZAS

## ALTERNATIVES

Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
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## LEGGERA POMODORO

Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Basil	Basil
Baby Plum Tomatoes	Baby Plum Tomatoes
Light Mozzarella	<b>MILK</b> , Sea salt, Microbial rennet (vegetarian), Acidity regulator: citric acid
Oregano	Dried Oregano
Black Pepper	Black Pepper
Rocket	Rocket
Baby Spinach	Baby Spinach
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

<b>LEGGERA GAMBERETTI</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Red Onions	Red Onions
Baby Plum Tomatoes	Baby Plum Tomatoes
King Prawns	King Prawn, ( <b>CRUSTACEANS</b> ), salt, stabiliser (E450, E451)
Oregano	Dried Oregano
Black Pepper	Black Pepper
Parsley	Parsley
Lemon Wedge	Lemon
Rocket	Rocket
Baby Spinach	Baby Spinach
Baby Plum Tomatoes	Baby Plum Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

<b>LEGGERA QUATTRO VERDURE</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Red Onions	Red Onion
Mushrooms	Cup Mushrooms
Tenderstem® Broccoli	Tenderstem® Broccoli, Olive Oil, Garlic, Salt, Black Pepper
Black Olives	Water, Black Olives, Salt, Stabiliser (Ferrous Gluconate)
Black Pepper	Black Pepper
Oregano	Dried Oregano
Parsley	Parsley
Rocket	Rocket
Baby Spinach	Baby Spinach
Baby Plum Tomatoes	Baby Plum Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree



<b>LEGGERA POLLO AD ASTRA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Sweet Red Peppers	Sweet Red Peppers, Water, Sugar, Spirit Vinegar, Salt, Antioxidants: Citric Acid, Ascorbic Acid, Firming Agent: Calcium Chloride
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Red Onion	Red Onion
Light Mozzarella	<b>MILK</b> , Sea salt, Microbial rennet (vegetarian), Acidity regulator: citric acid
Cajun Spice	Salt, paprika, black pepper, thyme, garlic, turmeric, onion, oregano, chilli, red peppers, fennel, ginger, pimento
Oregano	Dried oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Rocket	Rocket
Baby Spinach	Baby Spinach
Baby Plum Tomatoes	Baby Plum Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

<b>LEGGERA AMERICAN HOT</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Pepperoni	Pork Meat, Pork Fat, Salt, Paprika Powder, Spices (Sweet Paprika, Hot Paprika, Black Pepper, Garlic, Caraway Seeds, Coriander), Dextrose, Antioxidants (E-330, E-300, E-301), Saccharose, Preservative (E250), Starter Culture
Hot Green Peppers (option)	Greek Golden Peppers, Water, Distilled Vinegar ( <b>SULPHITES</b> ), Salt, Citric Acid, Sodium Bisulphite, Riboflavin
Jalapeno Peppers (option)	Jalapeno Peppers, Water, Salt, Acetic Acid, Distilled Vinegar, Calcium Chloride, Potassium Sorbate
Light Mozzarella	<b>MILK</b> , Sea salt, Microbial rennet (vegetarian), Acidity regulator: citric acid
Oregano	Dried Oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Rocket	Rocket
Baby Spinach	Baby Spinach
Baby Plum Tomatoes	Baby Plum Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

<b>LEGGERA PADANA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Red Onion Chutney	Re-hydrated Red Onions, Sugar, Re-hydrated Onions, Red Grape Vinegar, Colouring (Plain Caramel), Thickening Agent (Modified Maize Starch), Sea Salt, Ginger, Cinnamon, Nutmeg
Spinach	Spinach
Red Onion	Red Onion
Goat's Cheese	Pasteurised goat's <b>MILK</b> , salt, vegetarian rennet, sequestrant (calcium chloride, lactic acid culture), Penicillium
Oregano	Dried Oregano
Black Pepper	Black Pepper
Rocket	Rocket
Baby Spinach	Baby Spinach
Baby Plum Tomatoes	Baby Plum Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

# SALADS

EXTRA	
Dough Sticks	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b)), Black Pepper

BEETROOT & GOAT'S CHEESE	
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree
Rocket	Rocket
Baby Spinach	Baby Spinach
Grain Mix	Cooked Pearl <b>BARLEY</b> (Water, Pearl <b>BARLEY</b> ), Cooked Wheat Berries (Water, <b>WHEAT</b> Berries), Cooked <b>SPELT</b> ( <b>SPELT</b> [may contain <b>SOYA</b> ], Water), Cooked Black Quinoa (Black Quinoa, Water), Cooked White Quinoa (Water, White Quinoa), Lemon Infused Rapeseed Oil (Rapeseed Oil, Natural Lemon Flavouring), White Wine Vinegar, Parsley, Lemon Concentrate ( <b>SULPHITES</b> ), Salt, Oregano
Red Onion	Red Onion
Roasted Beetroot	Beetroot, Balsamic Vinegar (Wine Vinegar, Concentrated Grape Must, Potassium Meta <b>BISULPHITE</b> ), White Sugar, Olive Oil, Salt
Goat's Cheese	Pasteurised goat's <b>MILK</b> , salt, vegetarian rennet, sequestrant (calcium chloride, lactic acid culture), Penicillium
Slow-Roasted Tomatoes	Semi dried Tomatoes, Rapeseed oil, Garlic, Oregano
Balsamic Dressing	Balsamic Vinegar (Wine Vinegar ( <b>SULPHITES</b> ), Cooked Grape Must), Extra Virgin Olive Oil
Black Pepper	Black Pepper

GRAND CHICKEN CAESAR	
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Caesar Dressing	Rapeseed Oil, Water, White Wine Vinegar, Sugar, Pasteurised Free Range <b>EGG</b> Yolk, Parmigiano Reggiano Cheese ( <b>MILK</b> ), Salt, Olive Oil, Yellow <b>MUSTARD</b> Flour, Concentrated, Lemon Juice, Garlic Puree, Stabiliser (Xanthan Gum), Anchovy Paste ( <b>FISH</b> ), Black Pepper
Cos Lettuce	Cos Lettuce
Rocket	Rocket
Croutons	<b>WHEAT</b> flour, Olive oil, Black Pepper, Yeast, Salt
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Gran Milano Cheese	<b>MILK</b> , salt, rennet (microbial - vegetarian)
Egg	<b>EGG</b>
White Anchovies	Anchovies ( <b>FISH</b> ), alcohol vinegar, water, salt, acidity regulator: citric acid E330, Sunflower Oil.
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Black Pepper	Black Pepper
Parsley	Parsley

<b>VEGAN NOURISH BOWL</b>	
Rocket	Rocket
Baby Spinach	Baby Spinach
Houmous	Cooked Chickpeas [Water, Chickpeas], Rapeseed Oil, Tahini ( <b>SESAME</b> Seed Paste), Water, Lemon Juice Concentrate, Garlic Purée, Salt, Preservative: Potassium Sorbate
Tenderstem® Broccoli	Tenderstem® Broccoli, Olive Oil, Garlic, Salt, Black Pepper
Grain Mix	Cooked Pearl <b>BARLEY</b> (Water, Pearl <b>BARLEY</b> ), Cooked Wheat Berries (Water, <b>WHEAT</b> Berries), Cooked <b>SPELT</b> ( <b>SPELT</b> [may contain <b>SOYA</b> ], Water), Cooked Black Quinoa (Black Quinoa, Water), Cooked White Quinoa (Water, White Quinoa), Lemon Infused Rapeseed Oil (Rapeseed Oil, Natural Lemon Flavouring), White Wine Vinegar, Parsley, Lemon Concentrate ( <b>SULPHITES</b> ), Salt, Oregano
Cucumber	Cucumber
Roasted Mixed Peppers	Red Pepper, Yellow Pepper
Artichoke	Artichokes, water, olive oil, sunflower seed oil, parsley, salt, garlic, pepper, acidity regulator: citric acid, antioxidant: L-ascorbic acid.
Balsamic Dressing	Balsamic Vinegar (Wine Vinegar ( <b>SULPHITES</b> ), Cooked Grape Must), Extra Virgin Olive Oil
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Black Pepper	Black Pepper

<b>NIÇOISE</b>	
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree
Rocket	Rocket
Cos Lettuce	Cos Lettuce
New Potatoes	Baby Potato, Lemon Infused Rapeseed Oil (Rapeseed Oil, Lemon Oil), Parsley, Lemon Zest, Salt, Black Pepper
Cucumber	Cucumber
Baby Plum Tomatoes	Baby Plum Tomatoes
Black Olives	Water, Black Olives, Salt, Stabiliser (Ferrous Gluconate)
Tuna	Yellowfin Tuna ( <b>FISH</b> ), Sunflower Oil, Salt
White Anchovies	Anchovies ( <b>FISH</b> ), alcohol vinegar, water, salt, acidity regulator: citric acid E330, Sunflower Oil.
Capers	Capers, Water, Vinegar, Salt
Egg	<b>EGG</b>
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Parsley	Parsley
Lemon	Lemon

# AL FORNO

<b>POLLO PESTO</b>	
Bechamel	Reconstituted Vegetable Stock [Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Vegetable Oil (Sunflower), Dried Herb], Reconstituted Skimmed <b>MILK</b> , Vegetable Oil (Palm), Modified Starch (Waxy Maize), Butter ( <b>MILK</b> ), Whey Protein Concentrate ( <b>MILK</b> ), Salt, Emulsifier ( <b>SOYA</b> Lecithin)
Basil & Pine Kernel Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid
Mushrooms	Cup Mushrooms
Red Onions	Red Onions
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Penne Pasta	Corn flour, water, rice flour, emulsifier: E471
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Gran Milano	<b>MILK</b> , salt, rennet (vegetarian), cultures
Basil	Basil

<b>LASAGNA CLASSICA</b>	
Passata	Mashed tomatoes, salt, pepper, basil
Lasagna	Rehydrated skimmed <b>MILK</b> , Precooked Pasta (Durum <b>WHEAT</b> , semolina, water, <b>EGG</b> ), Beef, Tomato Puree, Water. Cream ( <b>MILK</b> ), Emmental Cheese ( <b>MILK</b> ), Onion, Modified Maize Starch, Butter ( <b>MILK</b> ), Carrot, Fired Onion (onion, sunflower oil), Mushrooms, Tomato Paste, <b>WHEAT</b> flour, Cheddar orange cheese, ( <b>MILK</b> ), salt, starter culture, rennet, colours; Beta Carotene, Annatto), Sunflower Oil, Salt, Yeast Extract, Garlic, Sugar, Herbs (Rosemary, Coriander, Parsley, Basil, Oregano, Bay Leaves, Sage, Marjoram, Thyme, <b>CELERY</b> , Mint), Spices ( Pepper, Garlic, Juniper, Nutmeg, Cumin, Cinnamon, Mace), Natural flavourings (Dextrose)
Gran Milano	<b>MILK</b> , salt, rennet (vegetarian), cultures
Basil	Basil

<b>CANNELLONI</b>	
Passata	Mashed tomatoes, salt, pepper, basil
Bechamel	Reconstituted Vegetable Stock [Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Vegetable Oil (Sunflower), Dried Herb], Reconstituted Skimmed <b>MILK</b> , Vegetable Oil (Palm), Modified Starch (Waxy Maize), Butter ( <b>MILK</b> ), Whey Protein Concentrate ( <b>MILK</b> ), Salt, Emulsifier ( <b>SOYA</b> Lecithin)
Cannelloni	Ricotta cheese (pasteurized <b>MILK</b> , whey ( <b>MILK</b> ), cream ( <b>MILK</b> ), salt, <b>MILK</b> , acidity regulator: citric acid), cooked pasta (durum <b>WHEAT</b> semolina, water, <b>EGG</b> ), spinach, mascarpone cheese ( <b>MILK</b> ) (cream ( <b>MILK</b> ), acidity regulator: citric acid (E330)), hard cheese ( <b>MILK</b> ) (pasteurized <b>MILK</b> , salt, rennet), grilled onion, salt, modified rice starch, natural flavouring of nutmeg ( <b>MILK</b> ), garlic
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Gran Milano	<b>MILK</b> , salt, rennet (vegetarian), cultures
Oregano	Dried Oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Basil	Basil

<b>NDUJA &amp; MOZZARELLA LINGUINE</b>	
Linguine	Water, durum <b>WHEAT</b> flour, sunflower oil, salt
Nduja Sausage	Pork fat, Pork, Red Spicy Chilli (Calabrian Red Chilli), Salt, Sweet Chilli, Dextrose, Sugar, Smoke Flavouring, Antioxidant: E300; Preservatives: E250, E252
Passata	Mashed tomatoes, salt, pepper, basil
Baby Plum Tomatoes	Baby Plum Tomatoes
Fresh Red Chilli	Fresh Red Chillies
Gran Milano	<b>MILK</b> , salt, rennet (vegetarian), cultures
Buffalo Mozzarella	Buffalo <b>MILK</b> , salt, vegetarian rennet
Basil	Fresh Basil
Chilli Oil	Dried Chillies, Sunflower Oil, Extra Virgin Olive Oil



<b>ZUCCHINI LINGUINE</b>	
Linguine	Water, durum <b>WHEAT</b> flour, sunflower oil, salt
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil
Char-grilled Courgettes	Grilled round green courgette, grilled round yellow courgette, water, rapeseed oil, extra virgin olive oil, salt, thyme, garlic powder, garlic.
Baby Plum Tomatoes	Baby Plum Tomatoes
Capers	Capers, Water, Vinegar, Salt
Parsley	Fresh Parsley
Oregano	Dried Oregano
Black Pepper	Black Pepper

# LUNCH

AMERICAN HOT WRAP	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Pepperoni Sausage	Pork Meat, Pork Fat, Salt, Paprika Powder, Spices (Sweet Paprika, Hot Paprika, Black Pepper, Garlic, Caraway Seeds, Coriander), Dextrose, Antioxidants (E-330, E-300, E-301), Saccharose, Preservative (E250), Starter Culture
Hot Green Peppers	Greek Golden Peppers, Water, Distilled Vinegar ( <b>SULPHITES</b> ), Salt, Citric Acid, Sodium Bisulphite, Riboflavin
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Dried Oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Gran Milano cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures

PADANA WRAP	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Goats Cheese	Goat's <b>MILK</b> , salt, rennet (vegetarian), sequestrant (calcium chloride, lactic acid culture), Penicillium
Red Onion Chutney	Re-hydrated Red Onions, Sugar, Re-hydrated Onions, Red Grape Vinegar, Colouring (Plain Caramel), Thickening Agent (Modified Maize Starch), Sea Salt, Ginger, Cinnamon, Nutmeg
Spinach	Spinach
Red Onions	Red Onion
Black Pepper	Black Pepper
Oregano	Dried Oregano
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Gran Milano cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures

<b>POLLO AD ASTRA WRAP</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Sweet Red Peppers	Sweet Red Peppers, Water, Sugar, Spirit Vinegar, Salt, Antioxidants: Citric Acid, Ascorbic Acid, Firming Agent: Calcium Chloride
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Red onions	Red Onion
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Black Pepper	Black Pepper
Oregano	Dried Oregano
Cajun Spice	Salt, paprika, black pepper, thyme, garlic, turmeric, onion, oregano, chilli, red peppers, fennel, ginger, pimento
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Gran Milano cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures

<b>SLOPPY VEGAN WRAP (New Recipe)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Green Peppers	Green Pepper
Red Onion	Red Onion
Quorn® Pieces	Mycoprotein, Potato Protein, Natural Flavouring, Pea Protein, Pea Fibre
Oregano	Oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Smoked Chilli Powder	Chilli Powder, Salt, Onion Powder, Garlic Powder, Smoked Paprika, Smoked dextrose, Smoked Salt, Yeast Extract, Oregano, Cumin, Black Pepper, Bell Pepper, Anti-caking Agent (Silicon Dioxide, Sodium Ferrocyanide), Potato Starch, Sage, Rapeseed Oil, Sodium Ferrocyanide
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil

<b>PULLED BEEF &amp; CHEESE (New)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed Tomatoes, Salt, Pepper, Basil
Pulled Beef	Beef Brisket [Beef, Water, Maize Starch, Salt (E535)], Water, Onions, Tomato Puree, Red Wine Vinegar, Sugar, Gravy Granules [Beef Stock (Water, Beef Stock, Beef Dripping), Modified Tapioca Starch, Flavourings, Salt, Glucose Syrup, Sugar, Rice Flour, Colour (Caramel), Corn Flour, Potato Starch, Rapeseed Oil, Maltodextrin, Yeast Extracts, Herb], Dark Brown Sugar, Light Brown Sugar, Salt, Honey, Tamari Sauce [ <b>SOYA</b> Beans, Water, Sea Salt, Alcohol Made From Sugar Cane, Koji Spores], Black Treacle, Smoked Paprika, Lemon Juice, Chilli Powder, Caramel Powder (E150a), Cumin, Garlic, Cinnamon, Cocoa Powder, Garlic Powder, Onion Powder, Black Pepper, Rapeseed Oil, Xanthan Gum, Chilli Flakes, Smoke Flavour [Maltodextrin, Smoke Flavour], Cloves, Nutmeg
Red Onion	Red Onion
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Gran Milano cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures

<b>RAW SLAW</b>	
Slaw Veg Mix	Shredded Carrot, Shredded Red Cabbage
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree
Red Onion	Red Onion
Parsley	Parsley
Black Pepper	Black Pepper

<b>GRAINS &amp; GREENS</b>	
Spinach	Spinach
Rocket	Rocket
Balsamic Dressing	Balsamic Vinegar (Wine Vinegar ( <b>SULPHITES</b> ), Cooked Grape Must), Extra Virgin Olive Oil
Tenderstem® Broccoli	Tenderstem® Broccoli, Olive Oil, Garlic, Salt, Black Pepper
Mixed Grains	Cooked Pearl <b>BARLEY</b> (Water, Pearl <b>BARLEY</b> ), Cooked Wheat Berries (Water, <b>WHEAT</b> Berries), Cooked <b>SPELT</b> ( <b>SPELT</b> [may contain <b>SOYA</b> ], Water), Cooked Black Quinoa (Black Quinoa, Water), Cooked White Quinoa (Water, White Quinoa), Lemon Infused Rapeseed Oil (Rapeseed Oil, Natural Lemon Flavouring), White Wine Vinegar, Parsley, Lemon Concentrate ( <b>SULPHITES</b> ), Salt, Oregano
Houmous	Cooked Chickpeas [Water, Chickpeas], Rapeseed Oil, Tahini ( <b>SESAME</b> Seed Paste), Water, Lemon Juice Concentrate, Garlic Purée, Salt, Preservative: Potassium Sorbate
Parsley	Parsley

<b>BABY CAESAR</b>	
Caesar Dressing	Rapeseed Oil, Water, White Wine Vinegar, Sugar, Pasteurised Free Range <b>EGG</b> Yolk, Parmigiano Reggiano Cheese ( <b>MILK</b> ), Salt, Olive Oil, Yellow <b>MUSTARD</b> Flour, Concentrated, Lemon Juice, Garlic Puree, Stabiliser (Xanthan Gum), Anchovy Paste ( <b>FISH</b> ), Black Pepper
Cos Lettuce	Cos Lettuce
Rocket	Rocket
Croutons	<b>WHEAT</b> flour, Olive oil, Black Pepper, Yeast, Salt
Gran Milano cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures
White Anchovies	White marinated anchovy ( <b>FISH</b> ) fillets, white wine vinegar ( <b>SULPHITES</b> ), water, salt, citric acid (E330), sunflower oil
Black Pepper	Black Pepper
Parsley	Parsley

<b>RUCOLA</b>	
Rocket	Rocket
Gran Milano cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures
Balsamic Dressing	Balsamic Vinegar (Wine Vinegar ( <b>SULPHITES</b> ), Cooked Grape Must), Extra Virgin Olive Oil

<b>MIXED SALAD</b>	
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree
Baby Spinach	Baby Spinach
Rocket	Rocket
Cucumber	Cucumber
Tomatoes	Tomatoes
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Black Pepper	Black Pepper

<b>HALLOUMI BITES</b>	
Halloumi Bites	Halloumi Cheese ( <b>MILK</b> ), Batter (Water, Maize Starch, Maize Flour, Rice Flour, Salt, Xanthan Gum E415), Breadcrumbs (Rice Flour, Gram Flour, Maize Starch, Salt, Dextrose, Rapeseed Oil), Vegetable Oil (Sunflower Oil, Rapeseed Oil)
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Parsley	Parsley

<b>POLLO MILANESE</b>	
Buttermilk Chicken Goujons	Chicken Breast, <b>WHEAT</b> Flour, Sunflower Oil, Modified Starch, Starch, Butter ( <b>MILK</b> ), Powder, Salt, Garlic Powder, <b>WHEAT</b> Gluten, Raising Agents (E450, E500), Stabiliser (E451), Onion Powder, Acidity Regulators (E330, E270, E327), Spices, Yeast Extract, Flavourings, Rice Flour, <b>MILK</b> Powder, Thickener (E415), Sugar, Herb (Thyme).
Rocket	Rocket
Slow-Roasted Tomatoes	Semi dried Tomatoes, Rapeseed oil, Garlic, Oregano
Gran Milano	<b>MILK</b> , salt, rennet (vegetarian), cultures
Lemon	Lemon
Basil & Pine Kernel Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid
Parsley	Parsley

<b>LEMON &amp; HERB CHICKEN WINGS</b>	
Chicken wings	Chicken Primes, Onion, Rapeseed Oil, Garlic, Lemon Juice, Water, Lemon Zest, Salt, Fennel Seed, Caster Sugar, Rosemary, Cracked Black Pepper, Oregano, Xanthan Gum, Thyme, Turmeric, Parsley
Parsley	Parsley
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

<b>POLENTA CHIPS</b>	
Breaded Polenta Chips	Water, maize flour, breadcrumbs ( <b>WHEAT</b> flour, brewer's yeast, salt, maize flour, rosemary), <b>WHEAT</b> flour, sunflower oil, acidity regulator (tartaric acid)
Gran Milano Cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures
Honey & Mustard Dressing	Rapeseed oil, Honey, White wine vinegar, Water, <b>MUSTARD</b> (water <b>MUSTARD</b> seeds, spirit vinegar, salt, spices, flavouring), Concentrated lemon juice, Sugar, Salt and sea salt, <b>MUSTARD</b> seeds, Dijon <b>MUSTARD</b> (water, <b>MUSTARD</b> seeds, spirit vinegar, salt), Garlic purée, (contains citric acid), Black pepper, Thickener (Xanthan Gum)

<b>DOUGH BALLS PIZZAEXPRESS</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley
Parsley	Parsley

<b>ALTERNATIVES</b>	
Gluten Free Dough Balls	Rice Starch, Corn Starch, Sea Water, Water, Potato Starch, Rice Flour, Sunflower Oil, Extra Virgin Olive Oil, Legume Flour (Peas), Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Sugar, Millet Flour, Flax Seed Oil Panel, Salt, Fresh Brewer's Yeast, Natural Flavours, Thickener: Hydroxypropyl Methylcellulose, Raising Agents: Gluconodeltalactone, Sodium Acids Carbonate
Vegan Garlic & Parsley Spread	Dairy-Free Spread (Plant Oils (Rapeseed, Palm, Sunflower, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Fava Bean Protein, Natural Flavours, Vitamins A and D), Garlic, Parsley

<b>GARLIC BREAD with MOZZARELLA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial), Lactic acid culture
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley
Parsley	Parsley

<b>GARLIC BREAD WITH VEGAN MOZZARELLA ALTERNATIVE</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Vegan Mozzarella Alternative	Bio Surice (Water, Germinated Whole Rice, Apple Vinegar, Salt), Water, Cold Pressed Coconut Oil, Sunflower oil with Infusion of Oregano, Lemon Juice, Thickening Agents: Gum Arabic, Xanthan Gum, Carob Flour
Oregano	Dried Oregano
Tomato	Tomato
Parsley	Parsley
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil



<b>DIPS</b>	
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Red Pepper & Chilli Dip	Red Pepper, Yellow Pepper, Roquito Peppers, Sugar, Vinegar, Red Chilli, Jalapeno Peppers, Water, Salt, Acetic Acid, Distilled Vinegar, Calcium Chloride, Potassium Sorbate, Garlic, Sunflower Oil, Extra Virgin Olive Oil
Basil & Pine Kernels Pesto	Basil Paste (Basil, Sunflower Oil, Salt, Antioxidant: Ascorbic Acid), Vegetable Oils (Sunflower and Rapeseed Oil), Medium Fat Hard Cheese ( <b>MILK</b> ), Water, Potato Flakes, Pine Kernels, Garlic Puree, Salt, Acidity Regulator: Citric Acid
Sweet & Smoky BBQ Sauce	Tomato Paste, Water, Spirit Vinegar, Sugar, Molasses, Honey, Modified Maize Starch, <b>MUSTARD</b> (Water, <b>MUSTARD</b> Seeds, Spirit Vinegar, Spices), Salt, Lemon Juice, Onion Extract, Spices ( <b>MUSTARD</b> ), Colour (Caramel), Garlic Powder, Smoke Flavouring
Honey & Mustard Dressing	Rapeseed oil, Honey, White wine vinegar, Water, <b>MUSTARD</b> (water <b>MUSTARD</b> seeds, spirit vinegar, salt, spices, flavouring), Concentrated lemon juice, Sugar, Salt and sea salt, <b>MUSTARD</b> seeds, Dijon <b>MUSTARD</b> (water, <b>MUSTARD</b> seeds, spirit vinegar, salt), Garlic purée, (contains citric acid), Black pepper, Thickener (Xanthan Gum)
Houmous	Cooked Chickpeas [Water, Chickpeas], Rapeseed Oil, Tahini ( <b>SESAME</b> Seed Paste), Water, Lemon Juice Concentrate, Garlic Purée, Salt, Preservative: Potassium Sorbate
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree
Caesar Dressing	Rapeseed Oil, Water, White Wine Vinegar, Sugar, Pasteurised Free Range <b>EGG</b> Yolk, Parmigiano Reggiano Cheese ( <b>MILK</b> ), Salt, Olive Oil, Yellow <b>MUSTARD</b> Flour, Concentrated, Lemon Juice, Garlic Puree, Stabiliser (Xanthan Gum), Anchovy Paste ( <b>FISH</b> ), Black Pepper
Vegan Garlic & Parsley Spread	Dairy-Free Spread (Plant Oils (Rapeseed, Palm, Sunflower, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Fava Bean Protein, Natural Flavourings, Vitamins A and D), Garlic, Parsley
Garlic Butter	Salted butter (Butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley

# DESSERTS & DOLCETTI

OPTIONS	
Cream	Cream ( <b>MILK</b> )
Mascarpone	Mascarpone ( <b>MILK</b> cream, acidity regulator: citric acid)
Vanilla Gelato	Partially reconstituted skimmed <b>MILK</b> , sugar, vegetable oil, glucose syrup, dextrose, whey protein concentrate ( <b>MILK</b> ), emulsifier (E471, E473) stabilisers (E410, E466), vanilla powder, natural flavourings, colour (annatto), fructose

CHOCOLATE FUDGE CAKE	
Chocolate Fudge Cake	Sugar, <b>WHEAT</b> flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Fat, Rapeseed Oil, Buttermilk ( <b>MILK</b> ), Fat-Reduced Cocoa Powder, Water, Dextrose, Dried Glucose Syrup, Raising Agents (Sodium Bicarbonate, Monocalcium Phosphate), Emulsifiers (Propane-1,2-diol Esters of Fatty Acids, Mono- and Diglycerides of Fatty Acids, Polyglycerol Esters of Fatty Acids), Corn Starch, Modified Corn Starch, Salt, Stabiliser (Sodium Carboxymethylcellulose), Flavouring, <b>EGG</b> , Sunflower Oil, Extra Virgin Olive Oil, Acidity Regulator (Potassium Hydroxide)
Chocolate frosting	Sugar, water, palm oil, fat-reduced cocoa powder, invert sugar syrup, emulsifiers (E471, E435, E481) salt, preservative (E202), stabiliser (E450), acidity regulators (E330, E524).
Mint	Mint
Vanilla Gelato (option)	Partially reconstituted skimmed <b>MILK</b> , sugar, vegetable oil, glucose syrup, dextrose, whey protein concentrate ( <b>MILK</b> ), emulsifier (E471, E473) stabilisers (E410, E466), vanilla powder, natural flavourings, colour (annatto), fructose
Cream (option)	Pasteurised <b>MILK</b> double cream
Mascarpone (option)	<b>MILK</b> cream, acidity regulator: citric acid

TIRAMISU	
Tiramisu	Water, Ladyfingers ( <b>WHEAT</b> flour, sugar, <b>EGGS</b> , raising agents: sodium bicarbonate, ammonium bicarbonate); sugar, skimmed <b>MILK</b> , mascarpone cheese ( <b>MILK</b> )(cream ( <b>MILK</b> ), acidifier: citric acid), coconut oil, cream <b>MILK</b> proteins, maltodextrins, Marsala wine, glucose-fructose syrup, soluble coffee, modified starch, cocoa powder, alcohol, dextrose, <b>EGG</b> yolk, emulsifier: mono- and diglycerides of fatty acids; thickeners: xanthan gum, gellan gum; wheat starch, cocoa butter, natural flavour, vegetable fibre.
Dusting Chocolate Powder	Sugar, Fat Reduced Cocoa Powder, Salt
Mint	Mint

<b>CHOCOLATE BROWNIE</b>	
Chocolate Brownie	Sugar, Pasteurised Free Range <b>EGG</b> , Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and diglycerides of fatty acids(E471))), Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), <b>MILK</b> Chocolate (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Cocoa Mass, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Dark Chocolate Chunks (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), Fat Reduced Cocoa Powder, Raising Agents (Diphosphates (E450), Potassium carbonates (E501)).
Chocolate Sauce	Sugar, Glucose Syrup, Water, Cocoa Powder, Colour: Caramel, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Salt
Icing Sugar	Sugar

<b>RED BERRY &amp; VANILLA CHEESECAKE</b>	
Round Cheesecake	Cream Cheese (Skimmed <b>MILK</b> , Cream ( <b>MILK</b> ), <b>MILK</b> Solids), Modified Starch (E1442), Salt, Starter Culture), Whipping Cream ( <b>MILK</b> ) Biscuit Crumb ( <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Wholemeal <b>WHEAT</b> Flour, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Partially Inverted Sugar Syrup, Raising Agents (Sodium Carbonates (E500), Ammonium Carbonates (E503), Salt), Caster Sugar, Free Range Whole <b>EGG</b> , Margarine Vegetable Oil (Palm and Rapeseed Oil), Water, Salt, Emulsifier (Mono- and diglycerides of fatty acids (E471)), Flavourings, Colours (Annatto, bixin, norbixin (E160b(i)), Curcumin (E100)), Glaze (Water, Glucose- Fructose Syrup, Sugar, Flavour, Gelling Agent: Pectin( E440), Acidity Regulator (Citric Acid (E330), Potassium Citrate (E332), Tricalcium Phosphate (E341)), Preservative (Potassium Sorbate (E202), Colour Mixed Carotenes (E160(a)), Madagascar Bourbon Vanilla Bean Paste, Sugar, Water, Madagascar Bourbon Vanilla Extract, Vanilla Bean Specks, Thickener (Gum Tragacanth), Cornflour
Mixed Berries	Red Currants, Wild Blackberries, Sour Cherries, Black Currants, Raspberries, Cultivated Blueberries
Fruit Coulis	Raspberry Pure, Sugar, Raspberry Concentrate, Gelling Agent (Pectin)

<b>SORBET</b>	
Raspberry Sorbet	Raspberry puree, water, sugar, dextrose, glucose syrup, natural colour: anthocyanin, emulsifier: mono-and di-glycerides of fatty acids, stabilisers: locust bean gum, pectin; natural flavour.
Coconut Sorbet	Water, Glucose Syrup, Coconut Paste, Emulsifiers, Stabilisers, Gelling Agents
Mint	Mint

<b>COPPA GELATO</b>	
Vanilla Gelato	Partially reconstituted skimmed <b>MILK</b> , sugar, vegetable oil, glucose syrup, dextrose, whey protein concentrate ( <b>MILK</b> ), emulsifier (E471, E473) stabilisers (E410, E466), vanilla powder, natural flavourings, colour (annatto), fructose
Salted Caramel Gelato	Partially reconstituted skimmed <b>MILK</b> , double cream ( <b>MILK</b> ), salted caramel ripple (water, sugar, caramelised syrup, glucose syrup, butter ( <b>MILK</b> ), sweetened condensed skimmed <b>MILK</b> , cornflour (maize starch), vanilla extract, natural flavouring, salt, colour: plain caramel, emulsifier: E471), sugar, vanilla fudge cubes (sugar, condensed <b>MILK</b> , fondant (sugar, glucose syrup, water), glucose syrup, non-hydrogenated vegetable oil (palm oil), water, emulsifier: E322 ( <b>SOYA</b> )), dextrose, caramel ( <b>MILK</b> , sugar, glucose preservative: E202), emulsifier: E471; natural flavouring, salt, stabilisers: E401, E339(ii), E466)
Stracciatella Gelato	Partially reconstituted skimmed <b>MILK</b> , double cream ( <b>MILK</b> ), sugar, dark chocolate [cocoa mass, sugar, cocoa butter, emulsifier: E322 ( <b>SOYA</b> lecithin), natural flavouring], dextrose, emulsifier: E471; stabilisers: E410, E412, E407; coconut oil, natural Madagascan vanilla flavouring, natural flavouring, colour: annatto.
Chocolate Straw	Cocoa Mass, Sugar, Cocoa Butter, Fat-Reduced Cocoa Powder, Emulsifier: <b>SOYA</b> Lecithin

<b>CHOCOLATE BROWNIE DOLCETTI</b>	
Chocolate Brownie	Sugar, Pasteurised Free Range <b>EGG</b> , Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and diglycerides of fatty acids(E471))), Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), <b>MILK</b> Chocolate (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Cocoa Mass, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Dark Chocolate Chunks (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), Fat Reduced Cocoa Powder, Raising Agents (Diphosphates (E450), Potassium carbonates (E501)).
Strawberry	Strawberry
Icing Sugar	Sugar
Hot drink of your choice	Soya Milk Alternative Available

<b>LOTUS BISCOFF CHEESECAKE DOLCETTI</b>	
Lotus Biscoff Cheesecake	Biscuit Base (32%) [Fortified Wheat Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Thiamin, Niacin), Vegetable Oils (SG RSPO Palm, Rapeseed), Sugar, Invert Sugar Syrup, Raising Agents; E500ii, E503ii, Salt], Double Cream ( <b>MILK</b> ), Lotus Original Caramelised Biscuit Spread (16%) [Original Caramelised Biscuits ( <b>WHEAT</b> Flour, Sugar, Vegetable Oils (Palm Oil From Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)], Reduced Fat Soft Cheese ( <b>MILK</b> ) (15%) [Skimmed <b>MILK</b> , Cream, Permeate, Salt, Tapioca Starch, Xanthan Gum, Locust Bean Gum, Bacterial Starter Culture], Sugar, Full Fat Soft Cheese ( <b>MILK</b> ) (5%), Starch, Partially Inverted Sugar Syrup, Milk, Tapioca Starch, Natural Vanilla Flavouring, Preservative(Potassium Sorbate (E202)).
Lotus Biscoff Biscuit	Original caramelised biscuits ( <b>WHEAT</b> flour, sugar, vegetable oils (palm oil from sustainable and certified plantations, rapeseed oil), candy sugar syrup, raising agent (sodium hydrogen carbonate), <b>SOYA</b> flour, salt, cinnamon), rapeseed oil, sugar, emulsifier ( <b>SOYA</b> lecithin), acid (citric acid)
Hot drink of your choice	Soya Milk Alternative Available

<b>JAM DOUGHNUTS</b>	
Jam Doughnuts	<b>WHEAT</b> flour, water, vegetable fats (certified palm, rapeseed), sugar, <b>EGG</b> , glucose-fructose syrup, raspberry puree, butter ( <b>MILK</b> ), dextrose, blueberry puree, <b>WHEAT</b> gluten, modified starch, blackberry puree, yeast, salt, emulsifier: E471, <b>WHEAT</b> starch, natural flavour, malted <b>WHEAT</b> flour, colour: E160a(iv), antioxidant: E300.
Mint	Fresh Mint
Icing Sugar	Sugar
Hot drink of your choice	Soya Milk Alternative Available

<b>CAFFÈ REALE</b>	
Mascarpone	<b>MILK</b> , cream ( <b>MILK</b> ), acidity regulator: citric acid
Figs	Water, Figs, Muscovado Sugar (Cane Sugar, Cane Molasses, Colour: Plain Caramel), Cooking Wine (De-alcoholised Wine, White Wine, Salt, Preservative: Potassium Metabisulphites ( <b>SULPHITES</b> ), Cinnamon Powder, Mixed Spices, Salt, Acidity Regulator: Citric Acid
Hot drink of your choice	Soya Milk Alternative Available

# PICCOLO MENU

ALTERNATIVES	
Gluten Free Dough Balls	Rice Starch, Corn Starch, Sea Water, Water, Potato Starch, Rice Flour, Sunflower Oil, Extra Virgin Olive Oil, Legume Flour (Peas), Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Sugar, Millet Flour, Flax Seed Oil Panel, Salt, Fresh Brewer's Yeast, Natural Flavours, Thickener: Hydroxypropyl Methylcellulose, Raising Agents: Gluconodeltalactone, Sodium Acids Carbonate
Gluten Free Base	Water, Gluten free flour (white rice, potato starch, tapioca starch, maize flour, buckwheat flour, mono calcium phosphate, sodium bicarbonate, xanthan gum), Salt, Rapeseed Oil, Treacle
Light Mozzarella (option)	<b>MILK</b> , Sea salt, rennet (vegetarian), Acidity regulator: citric acid
Vegan Mozzarella Alternative	Bio Surice (Water, Germinated Whole Rice, Apple Vinegar, Salt), Water, Cold Pressed Coconut Oil, Sunflower oil with Infusion of Oregano, Lemon Juice, Thickening Agents: Gum Arabic, Xanthan Gum, Carob Flour

## STARTERS

BAKED DOUGH BALLS	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Houmous	Cooked Chickpeas [Water, Chickpeas], Rapeseed Oil, Tahini ( <b>SESAME</b> Seed Paste), Water, Lemon Juice Concentrate, Garlic Purée, Salt, Preservative: Potassium Sorbate
Piccolo Salad	Tomatoes, Cucumbers
Garlic Butter (option)	Salted butter ( <b>MILK</b> ), Salt), Garlic, Sunflower Oil, Extra Virgin Olive Oil, Parsley
Vegan Garlic & Parsley Spread (option)	Dairy-Free Spread (Plant Oils (Rapeseed, Palm, Sunflower, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Fava Bean Protein, Natural Flavourings, Vitamins A and D), Garlic, Parsley
Olive & Balsamic Dip (option)	Sunflower Oil, Extra Virgin Olive Oil, Wine Vinegar ( <b>SULPHITES</b> ) (Cooked grape must)

## PIZZAS

<b>MARGHERITA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Oregano	Dried Oregano
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Basil	Basil

<b>LA REINE</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Olives	Water, Black Olives, Salt, Stabiliser (Ferrous Gluconate)
Mushrooms	Cup Mushrooms
Ham	Pork, Water, Salt, Waxy Maize Starch, Pea Starch, Dried Glucose Syrup, Dextrose, Tapioca Starch, Stabilisers (E451, E450), Yeast Extract, Potato Fibre, Antioxidant (E301), Preservative (E250)
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Oregano	Dried Oregano
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil

<b>POLLO</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Oregano	Dried Oregano
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil

<b>AMERICAN</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Pepperoni Sausage	Pork Meat, Pork Fat, Salt, Paprika Powder, Spices (Sweet Paprika, Hot Paprika, Black Pepper, Garlic, Caraway Seeds, Coriander), Dextrose, Antioxidants (E-330, E-300, E-301), Saccharose, Preservative (E250), Starter Culture
Mozzarella	<b>MILK</b> , Salt, rennet (vegetarian), Lactic acid culture
Oregano	Dried Oregano
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil

<b>PICCOLO QUORN®</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed Tomatoes, Salt, Pepper, Basil
Quorn® Pieces	Mycoprotein, Potato Protein, Natural Flavouring, Pea Protein, Pea Fibre
Vegan Mozzarella Alternative	Bio Surice 46% (water, germinated whole rice, apple vinegar, salt), Water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Oregano	Dried Oregano
Tomato	Tomato



## PASTA

<b>BOLOGNESE</b>	
Bolognese Mix	Beef Forequarter Trim, Tomato Passata, Water, Chopped tomatoes, Onions, Mushrooms, Carrots, Tomato Paste, <b>CELERY</b> , Garlic Pure, Olive Oil, Beef Stock (salt, Sugar, Yeast Extract, Maltodextrin, Natural Flavouring, Onion Powder, Maize Starch, Beef Extract, Rapeseed Oil), Modified Tapioca Starch, Salt, Sugar, Mushroom Powder, Oregano, Basil, Ground Black Pepper, Plain Caramel (E150a)
Penne Pasta	Corn flour, water, rice flour, emulsifier: E471

<b>NAPOLETANA</b>	
Passata	Mashed tomatoes, salt, pepper, basil
Bechamel	Reconstituted Vegetable Stock [Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Vegetable Oil (Sunflower), Dried Herb], Reconstituted Skimmed <b>MILK</b> , Vegetable Oil (Palm), Modified Starch (Waxy Maize), Butter ( <b>MILK</b> ), Whey Protein Concentrate ( <b>MILK</b> ), Salt, Emulsifier ( <b>SOYA</b> Lecithin)
Basil	Basil
Oregano	Dried Oregano
Penne Pasta	Corn flour, water, rice flour, emulsifier (E471)

<b>BIANCA</b>	
Bechamel	Reconstituted Vegetable Stock [Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Vegetable Oil (Sunflower), Dried Herb], Reconstituted Skimmed <b>MILK</b> , Vegetable Oil (Palm), Modified Starch (Waxy Maize), Butter ( <b>MILK</b> ), Whey Protein Concentrate ( <b>MILK</b> ), Salt, Emulsifier ( <b>SOYA</b> Lecithin)
Mushrooms	Mushroom
Penne Pasta	Corn flour, water, rice flour, emulsifier (E471)

## SALADS

<b>POLLO SALAD</b>	
Cos Lettuce	Cos Lettuce
Roasted Mixed Peppers	Red Pepper, Yellow Pepper
Light Mozzarella	<b>MILK</b> , Sea salt, rennet (vegetarian), Acidity regulator: citric acid
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree
Basil	Basil
Dough Balls (option)	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Gluten Free Dough Balls (option)	Rice starch, corn starch, sea water, water, potato starch, rice flour, sunflower oil, extra virgin olive oil, legume flour (peas), vegetable fiber (potato, rice, psyllium, flax, lemon, pea), sugar, millet flour, flax seed oil panel, salt, fresh brewer's yeast, natural flavours, thickener: hydroxypropyl methylcellulose. raising agents: gluconodeltalactone, sodium acids carbonate
Polenta Chips	Water, maize flour, breadcrumbs ( <b>WHEAT</b> flour, brewer's yeast, salt, maize flour, rosemary), <b>WHEAT</b> flour, sunflower oil, acidity regulator (tartaric acid)

<b>PICCOLO MILANESE</b>	
Cos Lettuce	Cos Lettuce
Tomatoes	Tomato
Italian Tomato Dip	Mashed Tomatoes, Salt, Pepper, Basil, Garlic, Sunflower Oil, Extra Virgin Olive Oil
Buttermilk Chicken Goujons	Chicken Breast, <b>WHEAT</b> Flour, Sunflower Oil, Modified Starch, Starch, Butter ( <b>MILK</b> ) Powder, Salt, Garlic Powder, <b>WHEAT</b> Gluten, Raising Agents (E450, E500), Stabiliser (E451), Onion Powder, Acidity Regulators (E330, E270, E327), Spices, Yeast Extract, Flavourings, Rice Flour, <b>MILK</b> Powder, Thickener (E415), Sugar, Herb (Thyme).

## DESSERTS

<b>CHOCOLATE BROWNIE</b>	
Chocolate Brownie	Sugar, Pasteurised Free Range <b>EGG</b> , Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- and diglycerides of fatty acids(E471))), Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), <b>MILK</b> Chocolate (Sugar, Cocoa Butter, Whole <b>MILK</b> Powder, Cocoa Mass, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Dark Chocolate Chunks (Sugar, Cocoa Mass, Cocoa Butter, Emulsifier ( <b>SOYA</b> Lecithin), Natural Vanilla Flavouring), Fat Reduced Cocoa Powder, Raising Agents (Diphosphates (E450), Potassium carbonates (E501)).
Strawberry	Strawberry
Icing Sugar	Sugar

<b>PICCOLO SUNDAE</b>	
Vanilla Gelato	Partially reconstituted skimmed <b>MILK</b> , sugar, vegetable oil, glucose syrup, dextrose, whey protein concentrate ( <b>MILK</b> ), emulsifier (E471, E473) stabilisers (E410, E466), vanilla powder, natural flavourings, colour (annatto), fructose
Chocolate Sauce (option)	Sugar, Glucose Syrup, Water, Cocoa Powder, Colour: Caramel, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Salt
Fruit Coulis (option)	Raspberry Pure, Sugar, Raspberry Concentrate, Gelling Agent (Pectin)
Baby Cone	<b>WHEAT</b> flour - sugar - emulsifying agent: Soy lecithin (E 322) ( <b>SOYA</b> ) - <b>WHEAT</b> starch - salt - natural flavours - raising agent: sodium hydrogen carbonate
Raspberry Sorbet (option)	Raspberry puree, water, sugar, dextrose, glucose syrup, natural colour: anthocyanin, emulsifier: mono-and di-glycerides of fatty acids, stabilisers: locust bean gum, pectin; natural flavour.

<b>PIP ORGANIC FRUITY ICE LOLLY</b>	
PIP Organic Fruity Ice Lolly	Organic Apple Juice, Organic Apple Puree, Organic Grape Juice, organic guar gum
<b>PIP ORGANIC RAINBOW ICE LOLLY</b>	
PIP Organic Rainbow Ice Lolly	Organic Fruit (apple, grape, pineapple, banana, mango, orange, strawberry), Organic vegetables (butternut, carrot, purple carrot, spinach), organic guar gum

# VEGAN MENU

ALTERNATIVES	
Gluten Free Dough Balls	Rice Starch, Corn Starch, Sea Water, Water, Potato Starch, Rice Flour, Sunflower Oil, Extra Virgin Olive Oil, Legume Flour (Peas), Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Sugar, Millet Flour, Flax Seed Oil Panel, Salt, Fresh Brewer's Yeast, Natural Flavours, Thickener: Hydroxypropyl Methylcellulose, Raising Agents: Gluconodeltalactone, Sodium Acids Carbonate
Gluten Free Base	Water, Gluten Free Flour (White Rice, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat Flour, Mono Calcium Phosphate, Sodium Bicarbonate, Xanthan Gum), Salt, Rapeseed Oil, Treacle

## STARTERS

MARINATED OLIVES	
Marinated Olives	Pitted Green Olives, Garlic, Sunflower Oil, Salt, Herbs, Peppercorns and Spices. Packed in: Water, Sunflower Oil

SLOW ROASTED TOMATOES	
Slow Roasted Tomatoes	Semi dried Tomatoes, Rapeseed oil, Garlic, Oregano

GARLIC BREAD WITH VEGAN MOZZARELLA ALTERNATIVE	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Vegan Mozzarella Alternative	Bio Surice (Water, Germinated Whole Rice, Apple Vinegar, Salt), Water, Cold Pressed Coconut Oil, Sunflower oil with Infusion of Oregano, Lemon Juice, Thickening Agents: Gum Arabic, Xanthan Gum, Carob Flour
Oregano	Dried Oregano
Tomato	Tomato
Parsley	Parsley
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil

<b>GRAND GARLIC BREAD WITH VEGAN MOZZARELLA ALTERNATIVE (NEW)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Garlic Paste	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Vegan Mozzarella Alternative	Bio Surice (Water, Germinated Whole Rice, Apple Vinegar, Salt), Water, Cold Pressed Coconut Oil, Sunflower oil with Infusion of Oregano, Lemon Juice, Thickening Agents: Gum Arabic, Xanthan Gum, Carob Flour
Oregano	Dried Oregano
Tomato	Tomato
Parsley	Parsley

<b>VEGAN DOUGH BALLS</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Vegan Garlic & Parsley Spread	Dairy-Free Spread (Plant Oils (Rapeseed, Palm, Sunflower, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Fava Bean Protein, Natural Flavourings, Vitamins A and D), Garlic, Parsley

<b>VEGAN DOUGH BALLS DOPPIO</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Vegan Garlic & Parsley Spread	Dairy-Free Spread (Plant Oils (Rapeseed, Palm, Sunflower, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Fava Bean Protein, Natural Flavourings, Vitamins A and D), Garlic, Parsley
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Houmous	Cooked Chickpeas [Water, Chickpeas], Rapeseed Oil, Tahini ( <b>SESAME</b> Seed Paste), Water, Lemon Juice Concentrate, Garlic Purée, Salt, Preservative: Potassium Sorbate

<b>CHIMICHURRI DOUGH BALLS</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Chimichurri Sauce	Rapeseed Oil, Water, Flat Parsley (12%), Red Pepper, Onion, Red Wine Vinegar (7%) [Antioxidant: <b>SULPHUR DIOXIDE</b> ], Coriander, Red Chillies, Olive Oil, Garlic Purée (3%), Lime Juice (2%) [Lime Juice From Concentrate, Preservative: Potassium Metabisulphite], Salt, Tomato Paste, Sugar, Oregano, Crushed Chillies, Antioxidant: Ascorbic Acid, Smoked Paprika, Ground Turmeric, Ground Cumin, Preservative: Potassium Sorbate, Ground Black Pepper

## SIDES

<b>BROCCOLINI</b>	
Tenderstem® Broccoli	Tenderstem® Broccoli, Olive Oil, Garlic, Salt, Black Pepper
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Black Pepper	Black Pepper

<b>MIXED SALAD</b>	
Rocket	Rocket
Baby Spinach	Baby Spinach
House Dressing	White wine vinegar, rapeseed oil, water, sugar, spirit vinegar, herbs (garlic powder, tamarind powder, dried oregano, parsley), salt, modified potato starch, <b>MUSTARD</b> flour, thickener: xanthan gum, black pepper, molasses, onion powder, ginger puree
Cucumber	Cucumber
Baby Plum Tomatoes	Baby Plum Tomatoes
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Black Pepper	Black Pepper

<b>RAW SLAW</b>	
Slaw Veg Mix	Shredded Carrot, Shredded Red Cabbage
House Dressing	White wine vinegar, rapeseed oil, water, sugar, spirit vinegar, herbs (garlic powder, tamarind powder, dried oregano, parsley), salt, modified potato starch, <b>MUSTARD</b> flour, thickener: xanthan gum, black pepper, molasses, onion powder, ginger puree
Red Onion	Red Onion
Parsley	Parsley
Black Pepper	Black Pepper

<b>DIPS</b>	
Houmous	Cooked Chickpeas [Water, Chickpeas], Rapeseed Oil, Tahini ( <b>SESAME</b> Seed Paste), Water, Lemon Juice Concentrate, Garlic Purée, Salt, Preservative: Potassium Sorbate
Red Pepper & Chilli Dip	Red Pepper, Yellow Pepper, Roquito Peppers, Sugar, Vinegar, Red Chilli, Jalapeno Peppers, Water, Salt, Acetic Acid, Distilled Vinegar, Calcium Chloride, Potassium Sorbate, Garlic, Sunflower Oil, Extra Virgin Olive Oil
Vegan Garlic & Parsley Spread	Dairy-Free Spread (Plant Oils (Rapeseed, Palm, Sunflower, Linseed), Water, Salt, Plant Based Emulsifier (Sunflower Lecithin), Fava Bean Protein, Natural Flavourings, Vitamins A and D), Garlic, Parsley
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil

## **AL FORNO & SALADS**

<b>PEPERONATA</b>	
Gluten-Free Penne Pasta	Corn flour, water, rice flour, emulsifier: E471
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Roasted Mixed Peppers	Red Pepper, Yellow Pepper
Chilli Flakes	Dried Red Chillies
Rocket	Rocket
Parsley	Fresh Parsley

<b>VEGAN NOURISH BOWL</b>	
Rocket	Rocket
Baby Spinach	Baby Spinach
Houmous	Cooked Chickpeas [Water, Chickpeas], Rapeseed Oil, Tahini ( <b>SESAME</b> Seed Paste), Water, Lemon Juice Concentrate, Garlic Purée, Salt, Preservative: Potassium Sorbate
Tenderstem® Broccoli	Tenderstem® Broccoli, Olive Oil, Garlic, Salt, Black Pepper
Grain Mix	Cooked Pearl <b>BARLEY</b> (Water, Pearl <b>BARLEY</b> ), Cooked Wheat Berries (Water, <b>WHEAT</b> Berries), Cooked <b>SPELT</b> ( <b>SPELT</b> [may contain <b>SOYA</b> ], Water), Cooked Black Quinoa (Black Quinoa, Water), Cooked White Quinoa (Water, White Quinoa), Lemon Infused Rapeseed Oil (Rapeseed Oil, Natural Lemon Flavouring), White Wine Vinegar, Parsley, Lemon Concentrate ( <b>SULPHITES</b> ), Salt, Oregano
Cucumber	Cucumber
Roasted Mixed Peppers	Red Pepper, Yellow Pepper
Artichoke	Artichokes, water, olive oil, sunflower seed oil, parsley, salt, garlic, pepper, acidity regulator: citric acid, antioxidant: L-ascorbic acid.
Balsamic Dressing	Balsamic Vinegar (Wine Vinegar ( <b>SULPHITES</b> ), Cooked Grape Must), Extra Virgin Olive Oil
Extra Virgin Olive Oil	Extra Virgin Olive Oil
Black Pepper	Black Pepper

<b>EXTRA</b>	
Dough Sticks	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b)), Black Pepper



## CALZONE PIZZA

CALZONE ORTO	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Char-grilled Courgette	Grilled round green courgette, grilled round yellow courgette, water, rapeseed oil, extra virgin olive oil, salt, thyme, garlic powder, garlic.
Roasted Mixed Peppers	Red Pepper, Yellow Pepper
Hot & Sweet Chilli Peppers	Hot & Sweet Chilli, Water, Sugar, Vinegar.
Spinach	Spinach
Smoked Chilli Powder	Chilli Powder, Salt, Onion Powder, Garlic Powder, Smoked Paprika, Smoked dextrose, Smoked Salt, Yeast Extract, Oregano, Cumin, Black Pepper, Bell Pepper, Anti-caking Agent (Silicon Dioxide, Sodium Ferrocyanide), Potato Starch, Sage, Rapeseed Oil, Sodium Ferrocyanide.
Oregano	Dried Oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Baby Spinach	Baby Spinach
Rocket	Rocket
Baby Plum Tomatoes	Baby Plum Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

## ROMANA PIZZA

VEGAN AMERICAN HOT	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Tomato	Tomato
Roasted Mixed Peppers	Yellow Pepper
Jackfruit Pepperoni	Water, Jackfruit, Thickener: Sodium Alginate, Firming Agent: Calcium Sulphate, Stabilisers: Pentasodium Triphosphate, Tetrasodium Diphosphate, Vegetable Oil Emulsion (Sunflower Refined Oil, Water, Pea Protein, Flavouring [flavour, hydrolysed vegetable protein, yeast extract, salt], Gelling Agent: Agar-Agar, Thickeners: Carob, Xanthan Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate), Naturally Smoked High Oleic Sunflower Oil, Seasoning (Maltodextrin, Yeast Extract, Rice Flour, Onion Powder, Natural Flavouring, Spice), Smoked Paprika, Rice Protein, Salt, Concentrate (Beetroot, Carrot), Smoked Garlic Granules, Sugar, Fennel Seeds, Natural Colour: Liquid Paprika Extract, Black Pepper, Sunflower Lecithin, Five Spice
Hot Green Peppers (option)	Greek Golden Peppers, Water, Distilled Vinegar ( <b>SULPHITES</b> ), Salt, Citric Acid, Sodium Bisulphite, Riboflavin
Jalapeño Peppers (option)	Jalapeño Peppers, Water, Salt, Acetic Acid, Distilled Vinegar, Calcium Chloride, Potassium Sorbate
Hot & Sweet Chilli Peppers	Hot & Sweet Chilli Peppers, Water, Sugar, Vinegar.
Extra Virgin Olive Oil	Extra Virgin Olive Oil

<b>VEGAN AD ASTRA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Tomato	Tomato
Sweet Red Peppers	Sweet Red Peppers, Water, Sugar, Spirit Vinegar, Salt, Antioxidants: Citric Acid, Ascorbic Acid, Firming Agent: Calcium Chloride
Red Onion	Red Onion
Cajun Spice	Salt, paprika, black pepper, thyme, garlic, turmeric, onion, oregano, chilli, red peppers, fennel, ginger, pimento
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Quorn® Pieces	Mycoprotein, Potato Protein, Natural Flavouring, Pea Protein, Pea Fibre
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Tomato	Tomato

<b>VEGAN PADANA</b>	
Dough	White WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 (WHEAT Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Red Onion Chutney	Re-hydrated Red Onions, Sugar, Re-hydrated Onions, Red Grape Vinegar, Colouring (Plain Caramel), Thickening Agent (Modified Maize Starch), Sea Salt, Ginger, Cinnamon, Nutmeg
Spinach	Spinach
Red Onion	Red Onion
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Oregano	Dried Oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Tomato	Tomato

<b>VEGAN FUNGHI DI BOSCO (New)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Chestnut Mushrooms	Chestnut Mushrooms
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), Water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Rosemary	Rosemary
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Tomato	Tomato
Parsley	Parsley

<b>VEGAN FORZA (New)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Quorn® pieces	Mycoprotein, Potato Protein, Natural Flavouring, Pea Protein, Pea Fibre
Roasted Peppers	Red Pepper, Yellow Pepper
Hot & Sweet Chilli Peppers	Roquito Peppers, Water, Sugar, Vinegar
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), Water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Smoked Chilli Powder	Hot Chilli Powder (Chilli powder, Cumin, Salt, Oregano, Garlic), Salt, Onion Powder, Garlic Powder, Smoked Salt, Cumin, Black Pepper, Savoury Seasoning (Yeast Extract, Salt, Potato Starch, Onion Powder, Sage, Rapeseed), Smoked Dextrose (Dextrose, Silicon Dioxide), Smoked Paprika, Bell Pepper, Oregano
Oregano	Dried Oregano
Black Pepper	Black Pepper
Chilli Flakes	Dried Red Chillies
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Tomato	Tomato
Chilli Oil	Dried Red Chilli, Sunflower Oil, Extra Virgin Olive Oil
Parsley	Parsley

## LEGGERA PIZZA

LEGGERA QUATTRO VERDURE	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Red Onions	Red Onion
Mushrooms	Cup Mushrooms
Tenderstem® Broccoli	Tenderstem® Broccoli, Olive Oil, Garlic, Salt, Black Pepper
Black Olives	Water, Black Olives, Salt, Stabiliser (Ferrous Gluconate)
Black Pepper	Black Pepper
Oregano	Dried Oregano
Parsley	Parsley
Rocket	Rocket
Baby Spinach	Baby Spinach
Baby Plum Tomatoes	Baby Plum Tomatoes
House Dressing	White Wine Vinegar, Rapeseed Oil, Water, Sugar, Spirit Vinegar, Herbs (Garlic Powder, Tamarind Powder, Dried Oregano, Parsley), Salt, Modified Potato Starch, <b>MUSTARD</b> Flour, Thickener: Xanthan Gum, Black Pepper, Molasses, Onion Powder, Ginger Puree

## CLASSIC PIZZA

VEGAN MARGHERITA	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Oregano	Dried Oregano
Black Pepper	Black Pepper
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Tomato	Tomato
Basil	Basil

VEGAN GIARDINIERA	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Red Onions	Red Onions
Mushrooms	Cup Mushrooms
Artichokes	Artichokes, water, olive oil, sunflower seed oil
Olives	Water, Black Olives, Salt, Stabiliser (Ferrous Gluconate)
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Oregano	Dried oregano
Black Pepper	Black pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Tomato	Tomato
Parsley	Parsley

<b>VEGAN AMERICAN JACK</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Tomato	Tomato
Roasted Mixed Peppers	Yellow Pepper
Jackfruit Pepperoni	Water, Jackfruit, Thickener: Sodium Alginate, Firming Agent: Calcium Sulphate, Stabilisers: Pentasodium Triphosphate, Tetrasodium Diphosphate, Vegetable Oil Emulsion (Sunflower Refined Oil, Water, Pea Protein, Flavouring [flavour, hydrolysed vegetable protein, yeast extract, salt], Gelling Agent: Agar-Agar, Thickeners: Carob, Xanthan Gum, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate), Naturally Smoked High Oleic Sunflower Oil, Seasoning (Maltodextrin, Yeast Extract, Rice Flour, Onion Powder, Natural Flavouring, Spice), Smoked Paprika, Rice Protein, Salt, Concentrate (Beetroot, Carrot), Smoked Garlic Granules, Sugar, Fennel Seeds, Natural Colour: Liquid Paprika Extract, Black Pepper, Sunflower Lecithin, Five Spice
Extra Virgin Olive Oil	Extra Virgin Olive Oil



<b>SLOPPY VEGAN (New Recipe)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Green Peppers	Green Peppers
Red Onions	Red Onion
Quorn® Pieces	Mycoprotein, Potato Protein, Natural Flavouring, Pea Protein, Pea Fibre
Vegan Mozzarella Alternative	Bio Surice (water, germinated whole rice, apple vinegar, salt), Water, cold pressed coconut oil, sunflower oil with infusion of oregano, lemon juice. Thickening agents: gum Arabic, xanthan gum, carob flour
Oregano	Oregano
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Smoked Chilli Powder	Chilli Powder, Salt, Onion Powder, Garlic Powder, Smoked Paprika, Smoked dextrose, Smoked Salt, Yeast Extract, Oregano, Cumin, Black Pepper, Bell Pepper, Anti-caking Agent (Silicon Dioxide, Sodium Ferrocyanide), Potato Starch, Sage, Rapeseed Oil, Sodium Ferrocyanide.
Tomato	Tomato
Parsley	Parsley

## DESSERTS

<b>SORBET</b>	
Raspberry Sorbet	Raspberry puree, water, sugar, dextrose, glucose syrup, natural colour: anthocyanin, emulsifier: mono-and di-glycerides of fatty acids, stabilisers: locust bean gum, pectin; natural flavour.
Coconut Sorbet	Water, Glucose Syrup, Coconut Paste, Emulsifiers, Stabilisers, Gelling Agents
Mint	Mint

<b>GINGER &amp; PUMPKIN CAKE (New)</b>	
Ginger & Pumpkin Cake	Sugar, Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Pumpkin Puree [Pumpkin Puree, Lemon Juice], Rapeseed Oil, Banana, Stem Ginger [Ginger, Sugar], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Golden Syrup, Humectant (Vegetable Glycerine), Vegan Creamy Spread [Water, Coconut Oil, Potato Starch, Sea Salt, Acidity Regulator (E575), Natural Flavourings, Olive Extract, Vitamin B12], Raising Agents (E450, E501), Ground Mixed Spice, Ground Cinnamon, Natural Ginger Flavouring, Stabiliser (Xanthan Gum).
Mint	Fresh Mint
Hot drink of your choice	Soya Milk Alternative Available

## NEW RECIPES

ALTERNATIVES	
Gluten Free Dough Balls	Rice Starch, Corn Starch, Sea Water, Water, Potato Starch, Rice Flour, Sunflower Oil, Extra Virgin Olive Oil, Legume Flour (Peas), Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Sugar, Millet Flour, Flax Seed Oil Panel, Salt, Fresh Brewer's Yeast, Natural Flavours, Thickener: Hydroxypropyl Methylcellulose, Raising Agents: Gluconodeltalactone, Sodium Acids Carbonate
Gluten Free Base	Water, Gluten Free Flour (White Rice, Potato Starch, Tapioca Starch, Maize Flour, Buckwheat Flour, Mono Calcium Phosphate, Sodium Bicarbonate, Xanthan Gum), Salt, Rapeseed Oil, Treacle
Vegan Mozzarella Alternative	Bio Surice (Water, Germinated Whole Rice, Apple Vinegar, Salt), Water, Cold Pressed Coconut Oil, Sunflower oil with Infusion of Oregano, Lemon Juice, Thickening Agents: Gum Arabic, Xanthan Gum, Carob Flour

## NEW APPETISERS & STARTERS

DYNAMITE DOUGH BALLS	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Red Pepper & Chilli Dip	Red Pepper, Yellow Pepper, Roquito Peppers, Sugar, Vinegar, Red Chilli, Jalapeno Peppers, Water, Salt, Acetic Acid, Distilled Vinegar, Calcium Chloride, Potassium Sorbate, Garlic, Sunflower Oil, Extra Virgin Olive Oil
Coriander Yoghurt	Greek Style Yoghurt [Cow's <b>MILK</b> , Live Cultures], Water, Mint, Coriander, Salt, Green Chilli, Lemon Juice Concentrate, Preservative: Potassium Sorbate.
Parsley	Parsley

<b>MUSHROOM ARANCINI</b>	
Mushroom Arancini	Cooked Long Grain Rice (Water, Rice), Stabilisers (Hydroxypropyl Methyl Cellulose, Guar Gum), Batter Mix (Water, Batter Mix (Fortified <b>WHEAT</b> Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Modified Maize Starch, Salt, Garlic Powder, Onion Powder, Yeast Extract, White Pepper), Water, White Breadcrumbs (( <b>WHEAT</b> Flour (with added Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Yeast), Rapeseed Oil), Mushrooms, Mature Cheddar Cheese ( <b>MILK</b> ), Cheese Mix (Mozzarella Cheese ( <b>MILK</b> ), Cheddar Cheese ( <b>MILK</b> )), Onions, Single Cream ( <b>MILK</b> ), Mozzarella Cheese ( <b>MILK</b> ), Margarine (Vegetable Oils (Palm, Rapeseed) Water, Salt), Mascarpone Cheese ( <b>MILK</b> ), Porcini Mushroom Stock (Mushroom (Mushroom concentrate, Rehydrated Porcini Mushroom), Yeast Extract, Salt, Sugar, Cornflour), Modified Maize Starch, White Truffle Extra Infused Olive Oil (Olive Oil, Truffle Flavouring, Natural Truffle Infusion), Garlic Puree, Vegetable Bouillon (Maltodextrin, Salt, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion Powder, Parsnip Powder), Sunflower Oil, Spices (Turmeric Powder, Pepper Powder, Garlic Powder, Mace Powder, Nutmeg Powder), Herbs (Dried Parsley, Lovage Powder)), Salt, Thyme, Cracked Black Pepper.
Blended Oil	Sunflower Oil, Extra Virgin Olive Oil
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Rocket	Rocket

## NEW PIZZAS

SPICY GIUSEPPE	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)). White Rice Flour. Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Red Onion	Red Onion
Green Peppers	Green Peppers
Ground Beef	Cooked Beef (Beef, Water, Tapioca Starch, Salt, Stabiliser: E451(i)), Seasoning (Salt, Paprika, Cayenne Pepper, Black Pepper, Nutmeg, Garlic Powder, Cumin, Coriander, Dextrose, Onion Powder, Chilli Powder, Basil, Marjoram, Oregano, Sage, Thyme), Pea Protein, Natural Roast Flavour (Yeast Extract, Salt), Beef Stock (Salt, Sugar, Yeast Extract, Maltodextrin, Natural Flavouring, Onion Powder, Maize Starch, Beef Extract, Rapeseed Oil), Yeast Extract (Yeast Extract, Salt), Cayenne Pepper, Colour: E160c
Red Chilli	Red Chilli Pepper
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Oregano	Oregano
Black Pepper	Black Pepper
Chilli Oil	Chilli, Sunflower Oil, Extra Virgin Olive Oil
Parsley	Parsley

<b>SLOPPY GIUSEPPE (New Recipe)</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Green Peppers	Green Peppers
Red Onions	Red Onion
Ground Beef	Cooked Beef (Beef, Water, Tapioca Starch, Salt, Stabiliser: E451(i)), Seasoning (Salt, Paprika, Cayenne Pepper, Black Pepper, Nutmeg, Garlic Powder, Cumin, Coriander, Dextrose, Onion Powder, Chilli Powder, Basil, Marjoram, Oregano, Sage, Thyme), Pea Protein, Natural Roast Flavour (Yeast Extract, Salt), Beef Stock (Salt, Sugar, Yeast Extract, Maltodextrin, Natural Flavouring, Onion Powder, Maize Starch, Beef Extract, Rapeseed Oil), Yeast Extract (Yeast Extract, Salt), Cayenne Pepper, Colour: E160c
Oregano	Dried Oregano
Black Pepper	Black Pepper
Parsley	Parsley

<b>FUNGHI DI BOSCO</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Chestnut Mushrooms	Chestnut Mushrooms
Mozzarella	<b>MILK</b> , Salt, Rennet (microbial - vegetarian), Lactic acid culture
Rosemary	Rosemary
Black Pepper	Black Pepper
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Gran Milano Cheese	<b>MILK</b> , salt, rennet (vegetarian), cultures
Parsley	Parsley

<b>POLLO FORZA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Passata	Mashed tomatoes, salt, pepper, basil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Roasted Peppers	Red Pepper, Yellow Pepper
Hot & Sweet Chilli Peppers	Roquito Peppers, Water, Sugar, Vinegar
Chicken	Chicken Breast, Salt, Corn Starch, Dextrose, Sunflower Oil, Sugar
Smoked Chilli Powder	Hot Chilli Powder (Chilli powder, Cumin, Salt, Oregano, Garlic), Salt, Onion Powder, Garlic Powder, Smoked Salt, Cumin, Black Pepper, Savoury Seasoning (Yeast Extract, Salt, Potato Starch, Onion Powder, Sage, Rapeseed), Smoked Dextrose (Dextrose, Silicon Dioxide), Smoked Paprika, Bell Pepper, Oregano
Oregano	Dried Oregano
Black Pepper	Black Pepper
Chilli Flakes	Dried Red Chillies
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil
Gran Milano	<b>MILK</b> , salt, rennet (vegetarian), cultures
Chilli Oil	Dried Red Chilli, Sunflower Oil, Extra Virgin Olive Oil
Parsley	Parsley

<b>PANEER TIKKA</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Tikka Sauce	Béchamel Sauce (Reconstituted Vegetable Stock [Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Vegetable Oil (Sunflower), Dried Herb], Reconstituted Skimmed MILK, Vegetable Oil (Palm), Modified Starch (Waxy Maize), Butter (MILK), Whey Protein Concentrate (MILK), Salt, Emulsifier ( <b>SOYA</b> Lecithin)), Tikka Paste (Water, Rapeseed Oil, Dextrose, Tomato Paste, Salt, Garlic Puree, Ginger Puree, Coriander Powder, Chilli Powder, Starch, Turmeric, Acidity Regulator: Acetic Acid, Cumin Powder, Green Cardamom Powder, Dried Fenugreek Leaf, Nutmeg Powder, Black Cardamom Powder, Mace, Dried Coriander Leaf, Fenugreek Seed Powder, Black Pepper Powder)
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Roasted Peppers	Red Pepper, Yellow Pepper
Red Onions	Red Onion
Red Chilli	Red Chilli
Tikka Marinated Paneer	Paneer (Whole <b>MILK</b> , Acetic Acid, Citric Acid), Tikka Sauce (Béchamel Sauce (Reconstituted Vegetable Stock [Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Vegetable Oil (Sunflower), Dried Herb], Reconstituted Skimmed MILK, Vegetable Oil (Palm), Modified Starch (Waxy Maize), Butter (MILK), Whey Protein Concentrate (MILK), Salt, Emulsifier (SOYA Lecithin)), Tikka Paste (Water, Rapeseed Oil, Dextrose, Tomato Paste, Salt, Garlic Puree, Ginger Puree, Coriander Powder, Chilli Powder, Starch, Turmeric, Acidity Regulator: Acetic Acid, Cumin Powder, Green Cardamom Powder, Dried Fenugreek Leaf, Nutmeg Powder, Black Cardamom Powder, Mace, Dried Coriander Leaf, Fenugreek Seed Powder, Black Pepper Powder))
Oregano	Dried Oregano
Black Pepper	Black Pepper
Mango Chutney	Mangoes, Sugar, Salt, Acidity Regulator: Acetic Acid, Whole Baby Garlic Cloves, Cumin Seeds, Mixed Spices, Fenugreek Seeds, Nigella Seeds, Black Peppercorns, Cardamom Pods, Whole Cloves, Herb.
Coriander	Coriander
Coriander Yoghurt	Greek Style Yoghurt [Cow's <b>MILK</b> , Live Cultures], Water, Mint, Coriander, Salt, Green Chilli, Lemon Juice Concentrate, Preservative: Potassium Sorbate.



<b>HAWAIIAN HOT [Deliveroo Exclusive]</b>	
Dough	White <b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium Carbonate, Iron, Niacin, Thiamin, Flour Treatment Agent E300), Water, Salt, Yeast, Rapeseed Oil, Sugar, Improver S500 ( <b>WHEAT</b> Flour, Dextrose, Emulsifier (E472e), Rapeseed Oil, Flour Treatment Agent (E300)), White Rice Flour, Carlo (Water, Rapeseed Oil, Emulsifier (E479b))
Italian Tomato Dip	Mashed tomatoes, salt, pepper, basil, garlic, sunflower oil, extra virgin olive oil
Mozzarella	<b>MILK</b> , Salt, rennet (microbial - vegetarian), Lactic acid culture
Pancetta Slices	Pork meat, Salt, Dextrose, Spices, Antioxidants (sodium ascorbate), Preservative (Potassium Nitrate, Sodium Nitrate)
Nduja Sausage	Pork fat, Pork, Red Spicy Chilli (about Calabrian Red Chilli 10%), Salt, Sweet Chilli, Dextrose, Sugar, Smoke Flavouring, Antioxidant: E300; Preservatives: E250, E252
Pineapple Salsa	Pineapple Chunks, Granulated Sugar, White Onion, Water, White Wine Vinegar, Glucose Syrup (Dextrose, Maltose, Maltotriose, Higher Sugars) Cornflour, Salt, Dried Chilli
Hot & Sweet Chilli Peppers	Roquito Peppers, Water, Sugar, Vinegar
Oregano	Dried Oregano
Gran Milano	<b>MILK</b> , salt, rennet (vegetarian), cultures
Parsley	Parsley

## NEW AL FORNO

<b>CARBONARA 'PIZZAEXPRESS'</b>	
Linguine	Water, durum <b>WHEAT</b> flour, sunflower oil, salt
Béchamel Sauce	Reconstituted Vegetable Stock [Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Vegetable Oil (Sunflower), Dried Herb], Reconstituted Skimmed <b>MILK</b> , Vegetable Oil (Palm), Modified Starch (Waxy Maize), Butter ( <b>MILK</b> ), Whey Protein Concentrate ( <b>MILK</b> ), Salt, Emulsifier ( <b>SOYA</b> Lecithin)
Double Cream	Pasteurised Double Cream (from <b>MILK</b> )
Diced Pancetta	Pork belly, salt, natural flavourings, spices, antioxidant: sodium ascorbate, preservative: sodium nitrite. Beechwood smoke
Black Pepper	Black Pepper
Gran Milano	<b>MILK</b> , salt, rennet (vegetarian), cultures
Garlic Oil	Garlic, Sunflower Oil, Extra Virgin Olive Oil

## NEW DESSERTS

<b>BILLIONAIRE'S TRUFFLE SUNDAE</b>	
Salted Caramel Sauce	Double Cream ( <b>MILK</b> ), Golden Syrup, Sugar, Sea Salt
Chocolate Sauce	Sugar, Glucose Syrup, Water, Cocoa Powder, Colour: Caramel, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Salt
Salted Caramel Gelato	Partially reconstituted skimmed <b>MILK</b> , double cream ( <b>MILK</b> ), salted caramel ripple (water, sugar, caramelised syrup, glucose syrup, butter ( <b>MILK</b> ), sweetened condensed skimmed <b>MILK</b> , cornflour (maize starch), vanilla extract, natural flavouring, salt, colour: plain caramel, emulsifier: E471), sugar, vanilla fudge cubes (sugar, condensed <b>MILK</b> , fondant (sugar, glucose syrup, water), glucose syrup, non-hydrogenated vegetable oil (palm oil), water, emulsifier: E322 ( <b>SOYA</b> )), dextrose, caramel ( <b>MILK</b> , sugar, glucose preservative: E202), emulsifier: E471; natural flavouring, salt, stabilisers: E401, E339(ii), E466)
Vanilla Gelato	Partially reconstituted skimmed <b>MILK</b> , sugar, vegetable oil, glucose syrup, dextrose, whey protein concentrate ( <b>MILK</b> ), emulsifier (E471, E473) stabilisers (E410, E466), vanilla powder, natural flavourings, colour (annatto), fructose
Whipped Cream	Cream ( <b>MILK</b> ), Sugar, Emulsifier E471, Stabiliser E4017, Propellant (Nitrous Oxide)
Salted Caramel Truffle	Sugar, vegetable fat (coconut, palm kernel), cocoa butter, whole <b>MILK</b> powder, cocoa mass, skimmed <b>MILK</b> powder, lactose, caramel (sugar, cocoa butter, cream powder, salt, emulsifier ( <b>SOYA</b> lecithin)), anhydrous <b>MILK</b> fat, emulsifier ( <b>SOYA</b> lecithin), salt crystals (Fleur de Sel), <b>BARLEY</b> malt extract, flavourings, natural flavouring, salt powder <b>[NB: BARLEY &lt; 20 ppm]</b>
Lotus Biscoff Biscuit	Original caramelised biscuits ( <b>WHEAT</b> flour, sugar, vegetable oils (palm oil from sustainable and certified plantations, rapeseed oil), candy sugar syrup, raising agent (sodium hydrogen carbonate), <b>SOYA</b> flour, salt, cinnamon), rapeseed oil, sugar, emulsifier ( <b>SOYA</b> lecithin), acid (citric acid)

<b>BERRY MERINGUE SUNDAE</b>	
Fruit Coulis	Raspberry Pure, Sugar, Raspberry Concentrate, Gelling Agent (Pectin)
Stracciatella Gelato	Partially reconstituted skimmed <b>MILK</b> , double cream ( <b>MILK</b> ), sugar, dark chocolate [cocoa mass, sugar, cocoa butter, emulsifier: E322 ( <b>SOYA</b> lecithin), natural flavouring], dextrose, emulsifier: E471; stabilisers: E410, E412, E407; coconut oil, natural Madagascan vanilla flavouring, natural flavouring (Special crème nat. Gelato AQ00156), colour: annatto.
Mixed Berries	Red Currants, Wild Blackberries, Sour Cherries, Black Currants, Raspberries, Cultivated Blueberries
Meringue Kisses	Sugar, Pasteurised free-range <b>EGG</b> White, Natural flavouring, Natural colour (Radish), Citric acid.
Whipped Cream	Cream ( <b>MILK</b> ), Sugar, Emulsifier E471, Stabiliser E4017, Propellant (Nitrous Oxide)

<b>STICKY TOFFEE BUNDT CAKE</b>	
Sticky Toffee Bundt Cake	Sticky Toffee Pudding Base [Water, <b>WHEAT</b> Flour ( <b>WHEAT</b> , Calcium Carbonate, Iron, Nicotinamide, Thiamine), Maize Flour, Dark Muscovado Sugar, Chopped Dates (Dates, Rice Flour), <b>EGG</b> , Butter (Butter Fat ( <b>MILK</b> ), Water), Golden Syrup, Margarine (Vegetable Oil (Palm, Rapeseed), Water, Emulsifier: E471), Modified Maize Starch, Bicarbonate Of Soda, Baking Powder], Sticky Toffee Sauce [Cream ( <b>MILK</b> ), Dark Muscovado Sugar, Butter (Butter Fat ( <b>MILK</b> ), Water), Syrup, Water, Corn Flour]
Vanilla Gelato	Partially reconstituted skimmed <b>MILK</b> , sugar, vegetable oil, glucose syrup, dextrose, whey protein concentrate ( <b>MILK</b> ), emulsifier (E471, E473) stabilisers (E410, E466), vanilla powder, natural flavourings, colour (annatto), fructose
Icing Sugar	Sugar

## **NEW DOLCETTI**

<b>GINGER &amp; PUMPKIN CAKE</b>	
Ginger & Pumpkin Cake	Sugar, Gluten Free Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Pumpkin Puree [Pumpkin Puree, Lemon Juice], Rapeseed Oil, Banana, Stem Ginger [Ginger, Sugar], Vegetable Margarine [Palm Oil, Rapeseed Oil, Water, Emulsifier (E471)], Golden Syrup, Humectant (Vegetable Glycerine), Vegan Creamy Spread [Water, Coconut Oil, Potato Starch, Sea Salt, Acidity Regulator (E575), Natural Flavourings, Olive Extract, Vitamin B12], Raising Agents (E450, E501), Ground Mixed Spice, Ground Cinnamon, Natural Ginger Flavouring, Stabiliser (Xanthan Gum).
Mint	Fresh Mint
Hot drink of your choice	Soya Milk Alternative Available