



Allergen Information

England, Scotland, Wales and Jersey

We want all our customers to feel comfortable requesting allergen and dietary information when dining with us.

Every pizzeria has a copy of the Allergen Information on hand – *this very guide!* Alternatively, please scan the QR code below or the QR code found at the bottom of our menus to check the information online.

Additional Nutritional Information and the Ingredients List can be checked online too.

If you do not have an internet connected device on you, please ask a member of our team. We will be happy to provide you with the information.

Scan for allergen, ingredient and nutritional information



HOW TO USE THIS GUIDE

At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you or someone you care about.

Our dishes, ingredients and drinks are listed in rows on the left-hand side. If a dish contains an allergen in its ingredients, a '✓' is displayed on the row in the corresponding allergen column, this indicates that the allergen is contained in the dish. If a '*' is displayed on the menu item row, it refers to ingredients which are produced in a factory with this allergen present and we have deemed that there is a significant risk of cross-contamination.

In the 'Ingredients' section of this guide, we do not list any ingredients which are unadulterated; e.g. eggs, tomatoes, lemons, peppers, oregano, coffee beans, etc.

Please note that our menu descriptors do not include all ingredients or allergens. Even if you have chosen the item previously, please make sure that you check the Allergen Information each time you visit and always inform your waiter of your allergy, intolerance or dietary requirements when ordering. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Regional variations may apply.

DELIVERY

We regret to inform you that when ordering through our delivery platforms, we cannot accommodate specific allergies or dietary requirements. This is because the orders are handled and transported by a third party, making it impossible for us to guarantee adequate controls are in place to prevent cross-contamination. However, we would be delighted to meet your dietary needs at our pizzerias. We invite you to dine with us or visit your nearest pizzeria to place an order and pick it up in person. Your satisfaction and well-being are important to us, and we look forward to serving you in our restaurant.

DINE IN & COLLECTION

To our guests with food sensitivities, allergies, or specific dietary requirements, we want to assure you that while we take every precaution to minimise the risk of cross-contamination, our ingredients are processed, and our dishes are prepared in environments where allergens are present. Our dedicated teams work diligently to prevent any potential issues but given the constant handling of various allergens throughout the day, we regretfully cannot provide a guarantee that our dishes are entirely free of allergens or suitable for individuals with specific allergies.

GLUTEN-FREE

All of our pizza toppings are gluten-free; therefore, all of our Romana and Classic recipes can be ordered on our unique, classic-sized, gluten-free base, made in our gluten-free bakery. If your gluten-free pizza is not served to you on a black board, please check this with a member of our team.

Our Dough Balls 'PizzaExpress' are also available gluten-free. Our loose pasta is made with rice flour and therefore suitable for a gluten-free diet. To reduce the risk of cross-contamination, we only use loose gluten-free rice flour in our kitchens as well.

We offer a wider selection of gluten-free dishes which are marked as '**GF**' on our menus, as accredited by *Coeliac UK*. Gluten-free dishes ordered via our website are delivered by a third party. Please note that our Gluten-Free Accreditation with Coeliac UK does not cover a situation where a third-party delivery company is used.

Gluten-Free describes foods that contain gluten at a level of no more than 20 parts per million (20ppm).

VEGAN & VEGETARIAN

We are very excited to bring you a specific **Vegan Menu** which lists all our dishes and drinks that are suitable. You will notice that not all of our dishes are listed. We have chosen the selected dishes, since appropriate controls have been implemented to make them suitable.

Items marked as '**V**' are made with vegetarian ingredients, and items marked as '**Ve**' are made with vegan ingredients. We hope you enjoy our Vegan Mozzarella Alternative which is made with sprouted Italian brown rice. It is free from gluten, soybeans, nuts, preservatives, palm oil and is suitable for those with a reduced-dairy diet.

We work regularly with our suppliers to reduce cross-contamination; however, it is not always possible to completely eliminate those risks.

We follow the *Vegan Society* and the *Food Information Regulation* guidance. Therefore, where a risk of cross-contamination with any products of animal origin has been identified, this is marked in this guide with a '*'.

If you have other questions, please do get in touch via <https://www.pizzaexpress.com/help-and-contact>.

Your Journey

When dining with us...

Please feel comfortable requesting any information on allergens or dietary requirements when dining with us, and let our team know when ordering your meal.

You will be provided with this guide, which declares the allergens present in our recipes and ingredients. If you prefer to check the information online, please scan the QR code found in this guide or on our menus.

Our team will be happy to assist you in navigating the guide if needed.
Our Pizzaiolo will receive your order and prepare your meal taking all the necessary precaution.

Once you have chosen a suitable meal, your order will be taken, and your requirements will be entered on our hand-held device or on the till. Please note that our team cannot tell you what is suitable for you to eat or drink.

Your dish will be called out by our team when you are being served.

You enjoy your meal knowing that it has been made safely and with passion.



Scan for allergen, ingredient and nutritional information

DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?			PLEASE NOTE		
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten Sulphites	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

APPETISERS, DOUGH BALLS, STARTERS & SIDES

Bruschetta Originale 'PizzaExpress'	✓				✓ Wheat				*					✓ In Pesto		✓	✓	✓		✓	✓	✓				* May contain	
Buffalo Mozzarella & Tomato	✓													✓ In Pesto		✓	✓ In Pesto			✓ In Pesto	✓ In Pesto	✓		✓			
Calamari	✓ In Dressing	✓ In Dressing	*	✓	✓ Wheat		✓ In Dressing	✓ In Dressing	*							✓ In Dressing		✓ Vinegar	✓							* May contain	
Chilli Prawns	✓		✓		✓ Wheat				*							✓	✓	✓		✓	✓						
Double Dough Balls Doppio [Dine-out Exclusive]	✓				✓ Wheat				*					✓ In Pesto		✓	✓		✓ Vinegar	✓	✓	✓					
Dough Balls Al Forno	✓				✓ Wheat				*											✓	✓	✓				Suitable for coeliacs if served with gluten-free Dough Balls	
Dough Balls Doppio	✓				✓ Wheat				*					✓ In Pesto		✓	✓		✓ Vinegar	✓	✓	✓				* May contain	
Dough Balls 'PizzaExpress'	✓				✓ Wheat				*								✓			✓	✓	✓					
Dough Sticks					✓ Wheat				*											✓	✓	✓	✓			* May contain	
Dynamite Dough Balls (New)	✓				✓ Wheat		✓	✓	✓								✓		✓ Vinegar	✓	✓	✓				Suitable for coeliacs if served with gluten-free Dough Balls	
Garlic Bread with Mozzarella	✓				✓ Wheat				*								✓			✓	✓	✓				* May contain	

DISHES

	DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar		Rapeseed	Maize	Vegetarian

APPETISERS, DOUGH BALLS, STARTERS & SIDES

Garlic Bread with Mozzarella Sharer [Dine-out Exclusive]	✓				✓ Wheat				*								✓				✓	✓				
Garlic Bread with Vegan Mozzarella Alternative					✓ Wheat				*									✓		✓ Vinegar	✓	✓	✓	✓		* May contain
Garlic Bread with Vegan Mozzarella Alternative Sharer [Dine-out Exclusive]					✓ Wheat				*								✓	✓		✓ Vinegar	✓	✓	✓	✓		
Gluten-Free Dough Balls	✓																✓					✓			✓	
Halloumi Bites	✓																✓	✓			✓	✓	✓		✓	
Hot Honey Dough Balls					✓ Wheat				*									✓		✓ Vinegar	✓	✓	✓			Suitable for coeliacs if served with gluten-free Dough Balls * May contain
Lemon & Herb Chicken Wings (with House Dressing)								✓ In Dressing									✓	✓		✓ Vinegar in Dressing	✓				✓	
Loaded Pesto Dough Balls	✓				✓ Wheat				*						✓		✓ In Dip	✓				✓	✓	✓		Suitable for coeliacs if served with gluten-free Dough Balls * May contain
Marinated Green Olives																	✓	✓				✓	✓	✓		



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APPETISERS, DOUGH BALLS, STARTERS & SIDES

Mixed Salad								✓ In Dressing								✓	✓ In Dressing	✓ In Dressing	✓ Vinegar in Dressing	✓ In Dressing		✓	✓	✓		
Mushroom Arancini (New)	✓	*			✓ Wheat	*		*	*						✓	✓	✓	*					✓			
Polenta Chips	✓ Gran Milano	*	*	*	✓ Wheat	*		✓ In Dressing								*	✓ In Dressing	*	✓ Vinegar in Dressing	✓ In Dressing	✓	✓				* May contain
Pollo Milanese	✓				✓ Wheat			*						✓ In Pesto		✓	✓	✓		✓	✓					
Potato Salad (New)						✓											✓	✓	✓	✓			✓	✓	✓	
Rainbow Slaw						*		✓			*						✓	✓	✓ Vinegar	✓			✓	✓	✓	* May contain
Rocket Salad	✓ Gran Milano					✓ In Dressing													✓ Vinegar in Dressing				✓		✓	
Slow-Roasted Tomatoes																✓	✓				✓		✓	✓	✓	
Vegan Dough Balls 'PizzaExpress'					✓ Wheat				*								✓				✓	✓	✓	✓		Suitable for coeliacs if served with gluten-free Dough Balls
Vegan Dough Balls Doppio					✓ Wheat			✓ In Houmous	*							✓	✓				✓	✓	✓	✓		* May contain



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SALADS																											
Buddha Bowl – Crispy Chicken (New)					✓ Barley & Wheat	✓			✓ In Dressing								✓	✓	✓ In Dressing	✓ Vinegar	✓	✓					
Buddha Bowl – Goat’s Cheese & Beetroot (New)	✓				✓ Barley in Mixed Grains	✓			✓ In Dressing								✓	✓	✓ In Dressing	✓ Vinegar	✓			✓			
Buddha Bowl – Vegan (New)					✓ Barley in Mixed Grains	✓		✓ In Houmous									✓	✓		✓ Vinegar	✓			✓	✓		
Grand Chicken Caesar	✓	✓ Anchovy in dish and in Dressing			✓ Wheat in Croutons				✓ Fresh in dish and in Dressing									✓ In Dressing	*		✓ Vinegar in Dressing	✓ In Dressing	✓ In Chicken				Suitable for coeliacs if Croutons are removed * May contain
Niçoise		✓ Tuna & Anchovy							✓ In Dressing								✓	✓ In Dressing	✓ In Dressing	✓ Vinegar in Dressing	✓ In Dressing and New Potatoes					✓	



DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?			PLEASE NOTE		
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Cannelloni	✓	*	*	*	✓ Wheat		✓	*	*	✓		*	*			✓	✓	✓			✓	✓				* May contain	
Carbonara 'PizzaExpress' (New)	✓									✓							✓	✓			✓			✓		Made with gluten-free pasta	
Lasagna Classica	✓	*	*	*	✓ Wheat		✓	*	*	*	✓		*		✓	✓	✓	✓			✓					* May contain	
Peperonata																✓	✓				✓	✓	✓	✓			
Pollo Pesto	✓									✓				✓ In Pesto	✓		✓	✓		✓	✓				✓		Made with gluten-free pasta
Prawn Peperonata (New)			✓													✓	✓				✓			✓			

DISHES

	DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE						
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar		Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	
PIZZA [Classic, Romana, Calabrese, Calzone & Large Classic🌱]																											
American	✓				✓ Wheat				*								✓	✓			✓	✓					
American Hot	✓				✓ Wheat	✓ In Hot Green Peppers			*								✓	✓		✓ Vinegar	✓	✓					
American Hottest (New)	✓				✓ Wheat	✓ In Hot Green Peppers			*								✓	✓		✓ Vinegar	✓	✓					
BBQ Burnt Ends	✓				✓ Wheat			✓	✓								✓	✓	✓	✓	✓	✓					
Calabrese	✓				✓ Wheat				*					✓ In Pesto			✓	✓		✓ Vinegar	✓	✓					* May contain
Calabrese Soho '65 (New)	✓				✓ Wheat				*								✓	✓			✓	✓	✓				
Calzone Chicken Italiano (New)	✓				✓ Wheat			✓ In Dressing	✓					✓			✓	✓	✓	✓ Vinegar in Dressing	✓	✓					
Calzone 'Nduja	✓				✓ Wheat	✓ In Hot Green Peppers		✓ In Dressing	*								✓	✓	✓ In Dressing	✓ Vinegar	✓	✓					* May contain
Chicken & Bacon (New) [Dine-out Exclusive]	✓				✓ Wheat				*								✓	✓			✓	✓					Suitable for coeliacs on a gluten-free base * May contain
Create Your Own [Dine-out Exclusive]	Due to the nature of this pizza, we cannot guarantee any allergen or dietary requirements.																										
Double American Cheese (New)	✓				✓ Wheat				*								✓	✓			✓	✓					Suitable for coeliacs on a gluten-free base * May contain

🌱 **Dine-Out Exclusive:** all Romana and Classic recipes can be ordered on our Large Classic-sized pizza base.



DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			PLEASE NOTE			
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

PIZZA [Classic, Romana, Calabrese, Calzone & Large Classic🍕]

Duo Romana	Due to the nature of this pizza, we cannot guarantee any allergen or dietary requirements.																									
Fiorentina	✓				✓ Wheat	✓			*							✓	✓			✓	✓	✓				
Funghi di Bosco	✓				✓ Wheat				*						✓	✓	✓			✓	✓	✓				
Garlic Prawn	✓		✓		✓ Wheat				*							✓	✓	✓		✓	✓					
La Reine	✓				✓ Wheat				*						✓	✓				✓	✓					
Margherita	✓				✓ Wheat				*							✓				✓	✓	✓				
Padana	✓				✓ Wheat				*							✓	✓	✓	✓ Vinegar	✓	✓	✓				
Pollo ad Astra	✓				✓ Wheat	*			*							✓	✓	✓	✓ Vinegar	✓	✓					Suitable for coeliacs on a gluten-free base * May contain
Pollo Italiano [Dine-out Exclusive]	✓				✓ Wheat				✓					✓ In Pesto		✓	✓	✓		✓	✓					
Sloppy Giuseppe	✓				✓ Wheat				*							✓	✓	✓		✓	✓					
Smoky BBQ Chicken	✓				✓ Wheat			✓	*							✓	✓	✓	✓ Vinegar	✓	✓					
Spicy Giuseppe	✓				✓ Wheat				*							✓	✓	✓		✓	✓					
Triple Chilli Cheese [Dine-out Exclusive]	✓				✓ Wheat	✓ In Hot Green Peppers			*							✓			✓ Vinegar	✓	✓	✓				

🍕 **Dine-Out Exclusive:** all Romana and Classic recipes can be ordered on our Large Classic-sized pizza base.

DISHES

DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

VEGAN PIZZA [Classic, Romana & Large Classic🌱]

Vegan Funghi di Bosco				✓ Wheat					*						✓	✓	✓		✓ Vinegar	✓	✓	✓	✓		
Vegan Giardiniera				✓ Wheat					*						✓	✓	✓	✓	✓ Vinegar	✓	✓	✓	✓		
Vegan Margherita				✓ Wheat					*							✓			✓ Vinegar	✓	✓	✓	✓		
Vegan Mezze				✓ Wheat			✓		*							✓	✓	✓	✓ Vinegar	✓	✓	✓	✓		
Vegan Padana				✓ Wheat					*							✓	✓	✓	✓ Vinegar	✓	✓	✓	✓		

Suitable for coeliacs on a gluten-free base
* May contain

🌱 Dine-Out Exclusive: all Romana and Classic recipes can be ordered on our Large Classic-sized pizza base.



DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			PLEASE NOTE			
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

LEGGERA PIZZA

Leggera American Hot	✓			✓ Wheat	✓ In Hot Green Peppers			✓ In Dressing	*							✓	✓	✓ In Dressing	✓ Vinegar	✓	✓						
Leggera Padana	✓			✓ Wheat				✓ In Dressing	*							✓	✓	✓	✓ Vinegar	✓	✓	✓					
Leggera Pollo ad Astra	✓			✓ Wheat	*			✓ In Dressing	*							✓	✓	✓	✓ Vinegar	✓	✓						* May contain
Leggera Pomodoro	✓			✓ Wheat				✓ In Dressing	*							✓	✓	✓ In Dressing	✓ Vinegar	✓	✓	✓					
Leggera Vegan Giardiniera				✓ Wheat				✓ In Dressing	*						✓	✓	✓	✓	✓ Vinegar	✓	✓	✓	✓				

DISHES

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Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol / Derivatives of Alcohol / Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

HERITAGE PIZZA

Capricciosa	✓	✓		✓ Wheat		✓			*						✓				✓ Vinegar	✓	✓						
Caprina	✓			✓ Wheat					*						✓	✓				✓	✓	✓					
Carbonara	✓			✓ Wheat		✓			✓							✓	✓			✓	✓						
Four Seasons	✓	✓		✓ Wheat					*					✓	✓	✓			✓ Vinegar	✓	✓						
Hot Honey	✓			✓ Wheat					*						✓	✓			✓ Vinegar	✓	✓						
Napoletana	✓	✓		✓ Wheat					*						✓	✓			✓ Vinegar	✓	✓						
Neptune		✓		✓ Wheat					*						✓		✓		✓ Vinegar	✓	✓						Suitable for coeliacs on a gluten-free base
Niçoise	✓	✓		✓ Wheat		✓			*						✓	✓			✓ Vinegar	✓	✓						* May contain
Pollo con Funghi	✓			✓ Wheat					✓					✓			✓ Fresh and in Béchamel			✓	✓						
Pollo Forza	✓			✓ Wheat					*						✓	✓	✓		✓ Vinegar	✓	✓						
Pomodoro Pesto	✓			✓ Wheat					*					✓	✓	✓				✓	✓	✓					
Rustichella	✓	✓ In Dressing		✓ Wheat		✓ In Dressing		✓ In Dressing	*							✓	✓		✓ Vinegar in Dressing	✓	✓						
Siciliana	✓	✓		✓ Wheat					*						✓	✓				✓	✓						



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DESSERTS, GELATO & SORBET

Baked Vanilla Cheesecake	✓				✓ Wheat *Oats	*	✓	*	✓			*	*							✓	✓	✓				* May Contain	
Biscoff® Billionaire Sundae (New)	✓				✓ Wheat				✓			*	*							✓	✓	✓					
Chocolate Brownie (with Vanilla Gelato)	✓						✓		✓			*	*							✓	✓	✓		✓			
Chocolate Fondant	✓				✓ Wheat *Barley & Oats		✓		✓			*	*							✓	✓	✓					
Chocolate Fudge Cake (with Vanilla Gelato or Mascarpone)	✓				✓ Wheat		✓		*			*	*								✓	✓					
Honeycomb Cream Slice (with Vanilla Gelato or Mascarpone)	✓				✓ Wheat		*		✓			*	*							✓	✓	✓					
Lime & Basil Sorbet	*											*	*									✓	✓	✓			
Raspberry Sorbet	*											*	*								✓	✓	✓	✓			
Salted Caramel Gelato	✓								✓			*	*								✓	✓		✓			
Sicilian Lemon & White Chocolate Roulade	✓						✓		✓				*								✓	✓					



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DESSERTS, GELATO & SORBET

Stracciatella Gelato	✓								✓			*	*								✓	✓		✓	* May Contain	
Summer Berry & White Chocolate Sundae (New)	✓								✓			*	*								✓	✓		✓		
Tiramisu	✓				✓ Wheat	✓			*				*						✓ Marsala Wine		✓	✓				
Vanilla Gelato	✓								✓			*	*								✓	✓		✓		

DOLCETTI (not including Drinks)

Biscoff® Cheesecake	✓				✓ Wheat	*	*		✓				*							✓	✓	✓			* May Contain
Caffè Reale	✓					✓													✓		✓	✓		✓	
Chocolate Brownie	✓						✓		✓				*							✓	✓	✓		✓	
Lime & Basil Sorbet	*											*	*									✓	✓	✓	* May Contain
Stem Ginger Cake	*						*						*							✓	✓	✓	✓	✓	



DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			PLEASE NOTE			
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

PICCOLO STARTERS

Baked Dough Balls with Garlic Butter	✓			✓ Wheat					*								✓			✓	✓	✓				* May Contain	
Baked Dough Balls with Houmous				✓ Wheat			✓		*							*	✓			✓	✓	✓	✓				
GF Baked Dough Balls with Garlic Butter	✓																✓				✓	✓		✓			
GF Baked Dough Balls with Houmous							✓									*	✓			✓	✓	✓	✓	✓			* May Contain
Piccolo Salad																✓						✓	✓	✓			

PICCOLO PIZZA

American	✓			✓ Wheat					*							✓	✓ In Pepperoni			✓	✓						
Ham & Mushroom (New)	✓			✓ Wheat					*					✓	✓					✓	✓						
Margherita / Margherita with Light Mozzarella	✓			✓ Wheat					*						✓	✓				✓	✓	✓					
Pollo	✓			✓ Wheat					*						✓	✓				✓	✓						

DISHES

	DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar		Rapeseed	Maize	Vegetarian

PICCOLO PASTA & SALAD

Bolognese											✓				✓	✓	✓	✓		✓	✓			✓		
Creamy Pesto (New)	✓								✓					✓			✓	✓		✓	✓	✓			✓	Made with gluten-free pasta
Napoletana	✓								✓							✓		✓			✓	✓			✓	
Pollo Milanese	✓				✓ Wheat			*								✓	✓	✓			✓					* May Contain

PICCOLO DRINKS

Bambinoccino	✓																						✓		✓	
Cawston Press Kids' Drinks																							✓	✓	✓	

PICCOLO DESSERTS

Chocolate Brownie	✓					✓			✓				*								✓	✓	✓		✓	* May Contain	
Piccolo Sundae with Vanilla Gelato and Baby Cone	✓				✓ Wheat in Baby Cone			* In Baby Cone	✓			*	*									✓	✓				Suitable for coeliacs without the Baby Cone * May Contain
Piccolo Sundae with Raspberry Sorbet and Baby Cone	*				✓ Wheat in Baby Cone			* In Baby Cone	✓ In Baby Cone			*	*									✓	✓	✓			Suitable for coeliacs without the Baby Cone * May Contain
Pip Organic Fruity/ Rainbow Ice Lolly																							✓	✓	✓		



DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Anchovies – Brown	✓																							✓	
Artichokes																	✓					✓	✓	✓	
Aubergines																						✓	✓	✓	
Baby Cones				✓ Wheat				*	✓													✓	✓		* May contain
Baby Figs					✓														✓ Wine		✓	✓	✓	✓	Figs marinated in wine syrup
Balsamic Dressing					✓														✓ Vinegar			✓	✓	✓	
Balsamic Vinegar					✓														✓			✓	✓	✓	
Basil & Pine Kernel Pesto	✓													✓						✓	✓	✓		✓	Pasteurised cheese
BBQ Chicken								✓											✓ Vinegar		✓			✓	
Béchamel	✓								✓												✓			✓	Pasteurised milk
Beef Brisket / Pulled Beef									✓															✓	
Beetroot – Roasted																			✓ Vinegar			✓	✓	✓	
Berries – Mixed (New)																						✓	✓	✓	
Biscoff® Biscuits				✓ Wheat					✓											✓		✓	✓		
Biscoff® Cheesecake (ingredient)	✓			✓ Wheat	*	*			✓				*							✓	✓	✓			Pasteurised milk * May contain
Biscoff® Sauce (New)				✓ Wheat					✓											✓		✓	✓		
Black Olives																						✓	✓	✓	Pitted



DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Bolognese Sauce Mix (Piccolo)											✓				✓	✓	✓	✓		✓	✓			✓	
Breaded Chicken Breast				✓ Wheat & Barley																✓	✓				
Bruschetta Mix																✓		✓				✓	✓	✓	Prepared in-house
Buffalo Mozzarella	✓																					✓		✓	Pasteurised buffalo milk
Caesar Dressing	✓	✓				✓		✓									✓		✓ Vinegar	✓				✓	Unpasteurised Parmesan cheese / Pasteurised eggs
Cajun Spice						*											✓	✓				✓	✓	✓	* May contain
Calabrese Sausage																					✓			✓	
Calamari (ingredient)	*	*	*	✓ Wheat		*			*											✓					* May contain
Cannelloni (ingredient)	✓	*	*	*	✓ Wheat	✓	*	*	*		*		*				✓	✓					✓		Pasteurised milk and eggs * May contain
Capers																			✓ Vinegar			✓	✓	✓	
Caramelised Onion																		✓	✓ Vinegar		✓	✓	✓	✓	
Carlo / Starspray																				✓		✓	✓	✓	Emulsion based on vegetable oil
Cheddar Cheese	✓																					✓		✓	Pasteurised milk
Chicken Breast																					✓			✓	
Chicken Goujons	✓				✓ Wheat			*									✓	✓			✓				* May contain



DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			PLEASE NOTE			
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Chicken Wings – Lemon & Herbs (ingredient)																	✓	✓		✓				✓		
Chilli & Basil Sauce																	✓		✓	Vinegar			✓	✓	✓	Prepared in-house
Chocolate Brownie (ingredient)	✓					✓			✓				*							✓	✓	✓		✓	Pasteurised milk and eggs * May contain	
Chocolate Fondant (ingredient)	*			✓ Wheat *Barley & Oats		✓			✓				*							✓		✓			Pasteurised eggs * May contain	
Chocolate Fudge Cake (ingredient)	*			✓ Wheat		✓			*												✓	✓			Cooked eggs * May contain	
Chocolate Icing (for Choc Fudge Cake)	*																					✓		✓	* May contain	
Chocolate Sauce																					✓	✓	✓	✓		
Chocolate Straws	*								✓													✓		✓	* May contain	
Croutons	*			✓ Wheat			*	*															✓	✓		* May contain
Dough & Dough Sticks				✓ Wheat					*											✓	✓	✓	✓		* May contain	
Fruit Coulis																						✓	✓	✓		
Garlic & Herb Dip (New)	✓					✓		✓	✓								✓	✓		✓	✓	✓		✓		
Garlic Butter	✓			*													✓						✓		Gluten-free option available Prepared in-house / Pasteurised * May contain	
Garlic Oil																	✓					✓	✓	✓	Prepared in-house	
Gelato – Salted Caramel	✓								✓			*	*								✓	✓		✓	Pasteurised milk * May contain	



DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Gelato – Stracciatella	✓								✓			*	*								✓	✓		✓	Pasteurised milk * May contain
Gelato – Vanilla	✓								*			*	*								✓	✓		✓	
Gluten-Free Bases																				✓	✓	✓	✓	✓	
Gluten-Free Dough Balls (ingredient)																					✓	✓	✓	✓	
Gluten-Free Flour																					*	✓	✓	✓	White rice flour / * May contain
Goat's Cheese	✓																					✓		✓	Pasteurised goat's milk
Gran Milano	✓																					✓		✓	Pasteurised milk
Ground Beef – Spiced [for Sloppy Giuseppe & Spicy Giuseppe]																	✓	✓		✓	✓			✓	
Halloumi Bites (ingredient)	✓																			✓	✓	✓		✓	Pasteurised milk
Ham																					✓			✓	
Honey & Mustard Dressing								✓									✓		✓	Vinegar	✓	✓		✓	
Honeycomb Cream Slice (ingredient)	✓				✓ Wheat		*		✓				*								✓	✓	✓		* May contain
Hot Green Peppers																			✓	Vinegar		✓	✓	✓	
Hot Honey																						✓		✓	
Hot & Sweet Chilli Peppers																			✓	Vinegar		✓	✓	✓	
Houmous							✓									*	✓			✓		✓	✓	✓	* May contain



DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

House Dressing								✓									✓	✓	✓ Vinegar	✓		✓	✓	✓		
Icing Sugar						*																	✓	✓	✓	* May contain
Italian Tomato Dip/Sauce																✓	✓						✓	✓	✓	Prepared in-house
Jalapeño Peppers																			✓ Vinegar				✓	✓	✓	
Lasagna (ingredient)	✓	*	*	*	✓ Wheat	✓	*	*	*		✓		*		✓	✓	✓	✓		✓ Vinegar		✓				Pasteurised milk and eggs * May contain
Light Mozzarella	✓																						✓		✓	Pasteurised milk
Marinated Green Olives (ingredient)																	✓	✓				✓	✓	✓		
Mascarpone	✓																						✓		✓	Pasteurised cream
Mixed Grains					✓ Barley	✓														✓ Vinegar	✓		✓	✓		
Mozzarella	✓																						✓		✓	Pasteurised milk
Mushroom Arancini (ingredient) (New)	✓	*			✓ Wheat	*	*		*	*		*			✓	*	✓	*					✓			Pasteurised cheese / * May contain
'Nduja Sausage																						✓			✓	
Oil – Blended																							✓	✓	✓	Blend of sunflower and extra virgin olive oils
Oil – Extra Virgin Olive																							✓	✓	✓	
Pancetta – Diced (New)																	*	*				*			✓	* May contain



DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Pancetta – Sliced																	✓				✓			✓		
Pasta – Gluten-Free																					✓	✓	✓	✓		
Pepperoni Sausage																	✓				✓			✓		
Polenta Chips (ingredient)	*	*	*	*	✓ Wheat		*								*			*			✓	✓	✓		* May contain	
Prawns			✓																					✓		
Pulled Chicken (New)																								✓		
Roasted Peppers – Red & Yellow																						✓	✓	✓		
Salted Caramel Sauce	✓																					✓		✓	Pasteurised double cream	
Sicilian Lemon & White Chocolate Roulade (ingredient)	✓						✓		✓				*								✓	✓			Pasteurised milk and eggs * May contain	
Slow-Roasted Tomatoes (ingredient)																✓	✓				✓	✓	✓			
Smoked Chilli Powder																	✓	✓			✓	✓	✓			
Smoky Tomato Harissa																✓	✓		✓ Vinegar		✓	✓	✓			
Sorbet – Lime & Basil	*											*	*									✓	✓	✓		* May contain
Sorbet – Raspberry	*											*	*								✓	✓	✓	✓		
Spiced Toasted Seeds																	✓				✓	✓	✓			



DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Stem Ginger Cake (ingredient)	*					*							*							✓	✓	✓	✓	✓	* May contain
Sweet & Smoky BBQ Dip/Sauce								✓								✓	✓	✓	✓	Vinegar	✓	✓		✓	
Sweet Red Peppers																			✓	Vinegar		✓	✓	✓	
Tiramisu (ingredient)	✓			✓ Wheat		✓			*				*						✓	Marsala Wine	✓	✓			Pasteurised milk and eggs / Cake not baked * May contain
Tomato Sauce / Passata															✓							✓	✓	✓	
Tuna		✓																						✓	
Vanilla Cheesecake – Round (ingredient)	✓			✓ Wheat * Oats	*	✓	*		*			*	*							✓	✓	✓			Pasteurised milk and eggs * May contain
Vegan Garlic & Parsley Spread Dip																	✓				✓	✓	✓	✓	Prepared in-house
Vegan Mozzarella Alternative																			✓	Vinegar		✓	✓	✓	
Vegan Spread																					✓	✓	✓	✓	
Whipped Cream	✓																					✓		✓	UHT Treated
White Chocolate Curls (New)	✓								✓													✓		✓	Pasteurised milk

Allergen Information

Drinks

Our allergen and suitability guide below details information on our drinks and ingredients. Unfortunately, it is not possible for us to guarantee our busy pizzerias are 100% allergen or contamination free.



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

COCKTAILS & SPRITZERS

Aperol Spritz	✓														Suitable for vegans if served without orange
Berry Mojito	✓														Suitable for vegans if served without lime
Classic Spritzer (Red, Rosé or White Wine)	✓	✓													Suitable for vegans if served without lemon
Espresso Martini	✓														Vegan
Margarita	✓														Suitable for vegans if served without lime
Passion Fruit Martini	✓	✓ In Prosecco													Vegan
Pimm's Summer Cup (New)	✓														Suitable for vegans if served without orange and lemon
Raspberry Cosmo Spritz (New)	✓														Suitable for vegans if served without lime

SPARKLES & JUICES

Apple Juice															Vegan
Elderflower & Mint Sparkle															Suitable for vegans if served without lemon
Lime & Ginger Sparkle															Suitable for vegans if served without lime
Passion Fruit Still Lemonade															
Peach Sparkle (New Recipe)															Suitable for vegans if served without orange
Raspberry Sparkle															Suitable for vegans if served without lime
Sicilian Still Lemonade															
Strawberry Sicilian Still Lemonade															Vegan



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

GIN & FEVER-TREE

Classic G&T	✓														Suitable for vegans if served without lime
Elderflower G&T (New)	✓														Vegan
Rhubarb & Raspberry G&T	✓														
Spiced Orange G&G	✓														Suitable for vegans if served without orange

PROSECCO

Prosecco D.O.C.	✓	✓													Vegan
Pink Prosecco D.O.C.	✓	✓													

WHITE WINE

Chablis	✓	✓													Vegan
Gavi di Gavi D.O.C.G	✓	✓													
Greco di Tufo Chardonnay	✓	✓													
Picpoul de Pinet	✓	✓													
Pinot Grigio	✓	✓													
Sauvignon Blanc	✓	✓													
Soave D.O.C	✓	✓													
Verdicchio D.O.C	✓	✓													



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

ROSÉ WINE

Pinot Grigio Blush	✓	✓													Vegan
Organic Provence Rosé	✓	✓													
Provence Rosé	✓	✓													

RED WINE

Barolo D.O.C.G	✓	✓													Vegan
Chianti Riserva D.O.C.G	✓	✓													
Malbec	✓	✓													
Marche Rosso	✓	✓													
Merlot	✓	✓													
Montepulciano d'Abruzzo D.O.C	✓	✓													
Nero d'Avola Shiraz D.O.C	✓	✓													
Pinot Noir	✓	✓													
Primitivo	✓	✓													



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SOFT DRINKS

Acqua Panna Still Mineral Water															Suitable for vegans if served without lemon
Appletiser															Vegan
Bottlegreen Elderflower Pressé															
Bottlegreen Raspberry Lemonade															
Cawston Press Kids' Drink															
Coca-Cola Classic															Suitable for vegans if served without lemon
Coca-Cola Zero Sugar															
Diet Coke															
Fanta															Vegan
Fever-Tree Refreshingly Light Elderflower Tonic (New)															Suitable for vegans if served without lemon
Fever-Tree Refreshingly Light Mediterranean Tonic															
Fever-Tree Refreshingly Light Rhubarb & Raspberry Tonic															
Fever-Tree Refreshingly Light Spiced Orange Ginger Ale															Vegan



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SOFT DRINKS

Irn-Bru [Scotland Exclusive]															Vegan
Irn-Bru Diet [Scotland Exclusive]															
No.1 Living Ginger Kombucha															Vegan / Unpasteurised
Robinsons Orange		✓													Vegan
Robinsons Apple & Blackcurrant		✓													
San Pellegrino Aranciata Rossa															Suitable for vegans if served without orange
San Pellegrino Limonata															Vegan
San Pellegrino Sparkling Mineral Water															Suitable for vegans if served without lemon
Schweppes Lime Cordial		✓													Vegan
Schweppes Mixer – Lemonade															Suitable for vegans if served without lemon
Schweppes Mixer – Soda Water															
Sprite – Sugar-Free															



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SPIRITS & LIQUEURS

Amalfi Limoncello	✓														Vegan
Amalfi Peachcello	✓														
Amaretto	✓														
Aperol	✓														
Bacardi	✓														
Baileys	✓			✓											
Courvoisier	✓														Vegan
Jack Daniel's	✓														
Jameson	✓														Vegan
Ketel One Vodka	✓														
Patrón Silver Tequila	✓														
Pimm's No.1	✓														
Sipsmith Dry Gin	✓														



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

BEER & CIDER

Cornish Orchards Cider (Gold)	✓	✓														Vegan
Cornish Orchards Cider (Raspberry & Elderflower)	✓	✓														
Fuller's Organic Honey Dew Golden Ale	✓			✓ Barley												
Gluten-Free Peroni Nastro Azzurro	✓															Vegan Contains barley malt; gluten < 20 ppm
Meantime Pizza Pale / Anytime IPA	✓			✓ Barley												PizzaExpress and Meantime Collaboration Vegan
Peroni Capri	✓	*		✓ Barley												Vegan * May Contain
Peroni Gran Riserva	✓			✓ Barley												Vegan
Peroni Nastro Azzurro	✓			✓ Barley												
Peroni Nastro Azzurro 0.0				✓ Barley												



DOES IT CONTAIN?													PLEASE NOTE		
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

COFFEE & TEA

Americano		✓													Suitable for vegans if served with oat milk
Bambinoccino		✓													Suitable for vegans if made with oat milk
Cappuccino		✓													
Espresso															Vegan
Flat White		✓													Suitable for vegans if made with oat milk
Hot Chocolate		✓													
Latte		✓													
Macchiato		✓													
Mocha		✓													
Tea															Vegan

INGREDIENTS

Chocolate Dusting / Powder															Vegan
Oat Milk – Gluten-Free															Made with gluten-free oats Vegan
Strawberry Syrup															Vegan



Breakfast at PizzaExpress

Selected Restaurants Only

IF YOU HAVE ANY ALLERGENS OR DIETARY REQUIREMENTS, PLEASE PLACE YOUR ORDER WITH A MEMBER OF THE TEAM

If you cannot find the dish or ingredient you require in this section, please visit the main section of this document or speak to a member of the team.

To our guests with food sensitivities, allergies, or specific dietary requirements, we want to assure you that while we take every precaution to minimise the risk of cross-contamination, our ingredients are processed, and our dishes are prepared in environments where allergens are present. Our dedicated teams work diligently to prevent any potential issues but given the constant handling of various allergens throughout the day, we regretfully cannot provide a guarantee that our dishes are entirely free of allergens or suitable for individuals with specific allergies.

Scan for allergen, ingredient and nutritional information





DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

SMALL PLATES

Two eggs on Bruschetta – Fried and Poached egg	✓			✓ Wheat		✓			*					✓			* May Contain
Two eggs on Bruschetta – Scrambled egg	✓			✓ Wheat		✓			*					✓			
Smashed Avocado and Poached eggs	✓			✓ Wheat		✓			*					✓			
Smashed Avocado and Scrambled eggs	✓			✓ Wheat		✓			*					✓			
Eggs Benedict	✓			✓ Wheat		✓			*								
Eggs Royale	✓			✓ Wheat		✓			*								
Eggs Florentine	✓			✓ Wheat		✓			*					✓			



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

COOKED BREAKFAST

The Full Works	✓				✓ Wheat	✓			*								Suitable for coeliacs if served with gluten-free toast * May contain
The Light Works	✓				✓ Wheat	✓			*								
The Full Veggie	✓				✓ Wheat & Barley	✓			*					✓			* May Contain
The Light Veggie	✓				✓ Wheat & Barley	✓								✓			
Shakshuka Baked Eggs					✓ Wheat				*					✓			Suitable for coeliacs if served with gluten-free toast * May Contain
Dough Sticks					✓ Wheat				*					✓	✓		
Toast – Sourdough	✓				✓ Wheat & Rye	*	*	*	*			*	*	✓	✓		* May Contain
Toast – Gluten Free	✓					✓								✓		✓	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

PANCAKES & PASTRIES

Pancetta and Maple Syrup Pancakes	✓			✓ Wheat		*												* May contain
Blueberry & Mascarpone Pancakes	✓			✓ Wheat		*								✓				
All-butter Croissant	✓			✓ Wheat		✓			*				*	✓				
Pain au Chocolat	✓			✓ Wheat		✓			*				*	✓				
Pain aux Raisins	✓			✓ Wheat		✓	*		*				*	✓				
Breakfast Dough Balls & Jam	✓			✓ Wheat					*					✓				
Fresh Fruit & Yoghurt Bowl	✓													✓		✓		

PIZZAS

Italian Bacon & Egg	✓			✓ Wheat		✓			*									Suitable for coeliacs on a gluten-free base * May Contain
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DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

PICCOLO MENU

Eggs and Soldiers				✓ Wheat		✓			*					✓			* May contain
Pancetta & Maple Syrup Pancakes	✓			✓ Wheat		*											
Blueberry & Mascarpone Pancakes	✓			✓ Wheat		*								✓			
Fresh Fruit & Yoghurt Bowl	✓													✓		✓	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

DRINKS

Go Tropical Smoothie														✓	✓	✓	
Berry Berry Nice Smoothie														✓	✓	✓	
Feel Good Smoothie														✓	✓	✓	
Green Machine Smoothie														✓	✓	✓	
Mango Tango Smoothie														✓	✓	✓	
Orange Juice														✓	✓	✓	
Apple Juice														✓	✓	✓	
Mimosa														✓		✓	
Bloody Mary											✓			✓		✓	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Bacon - smoked																✓	
Baked Beans														✓	✓	✓	
Baked Vine Tomatoes														✓	✓	✓	
Bruschetta bread				✓ Wheat					*					✓	✓		* May contain
Button Mushrooms					✓									✓	✓	✓	
Croissant All Butter	✓			✓ Wheat		✓			*				*	✓			* May contain
Hollandaise	✓					✓								✓		✓	
Egg- Poached & Fried						✓								✓		✓	
Egg - Scrambled	✓					✓								✓		✓	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Gluten Free Bread						✓								✓		✓	
Greek Yoghurt	✓													✓		✓	
Honey														✓		✓	
Jam – Raspberry														✓	✓	✓	
Jam – Strawberry														✓	✓	✓	
Jam – Marmalade														✓	✓	✓	
Limes juiced														✓		✓	
Mascarpone	✓													✓		✓	
Maple syrup														✓	✓	✓	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Pain au Chocolat	✓			✓ Wheat		✓			*				*	✓			* May contain
Pain au Raisin	✓			✓ Wheat		✓	*		*				*	✓			
Pancakes	*			✓ Wheat		*								✓	✓		
Pumpkin Seeds														✓	✓	✓	
Salmon Smoked		✓														✓	
Sausage					✓											✓	
Smashed Avocado														✓	✓	✓	
Sour dough bread	*			✓ Wheat & Rye	*	*	*	*				*	*	✓	✓		* May contain
Vegetarian Sausage				✓ Wheat & Barley										✓	✓		