



Allergen Information

QSR – Brixton Rd & Finsbury Park

We want all our customers to feel comfortable requesting allergen and dietary information when dining with us.

Our team has a copy of this **Allergen Information** on hand. Alternatively, please scan the QR code below to check the information online.

Additional **Nutritional Information** and the **Full Ingredients List** can be checked online too.

If you do not have an internet connected device on you, please ask a member of our team. We will be happy to provide you with the information.

Scan for allergen, ingredient and nutritional information



HOW TO USE THIS GUIDE

At PizzaExpress, your lifestyle choices and dietary requirements are just as important to us as they are to you or those you care about.

Our dishes, ingredients and drinks are listed in rows on the left-hand side. If a dish contains an allergen in its ingredients, a '✓' will appear in the corresponding allergen column. A '*' indicates that an ingredient is produced in a factory where the allergen is present and where we believe there is a significant risk of cross-contamination.

In line with the EU Food Information Regulation, we declare the 14 main allergens. If you require more detailed ingredients information, please see our full **Ingredients List**. Not all dish ingredients are listed on the menu.

Please make sure that you check the Allergen Information each time you order even if you have chosen the item previously and always inform a team member of your allergy, intolerance or dietary requirements when ordering. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Regional variations may apply.

Calorie information (kcal) is shown for each dish; adults need around 2000 kcal per day.

Please note: in the 'Ingredients' section of this guide, we do not list any ingredients which are unadulterated; e.g. eggs, tomatoes, lemons, peppers, oregano, coffee beans, etc.

DINE IN & COLLECTION

We take great care to reduce the risk of cross-contamination, and our teams work hard to handle food safely at all times. However, our ingredients are used and handled in environments where allergens are present. Because different allergens are constantly in use, we can't guarantee that any of our dishes are completely allergen-free or suitable for those with specific allergies.

DELIVERY

When ordering through our delivery partners, we're unfortunately unable to cater for specific allergies or dietary requirements. This is because your order is delivered by a third party, and we can't guarantee the controls needed to prevent cross-contamination. We'd love to meet your dietary needs at our pizzerias instead. Please visit your nearest pizzeria to dine with us, or place an order to collect in person, where our team can support you with your dietary needs.

GLUTEN-FREE

We offer a wide range of gluten-free dishes, which are accredited by Coeliac UK.

- **Pizzetta and Classic pizzas** can be ordered on a gluten-free base (made in our gluten-free bakery) and are served marked with a **gluten-free sticker**.
- Our **Dough Balls** can be ordered gluten-free and are marked with a **gluten-free sticker**.

If your gluten-free choice does not match the above description, please ask a team member.

To help reduce the risk of cross-contamination, we only use loose, gluten-free rice flour in our kitchens.

Please note: gluten-free dishes ordered for delivery are handled by a third party, and our Coeliac UK accreditation does not apply to these orders. If your gluten-free order is not delivered with a 'GF' sticker, please check this with the PizzaExpress restaurant before you consume it.

For reference, gluten-free means food containing no more than 20 parts per million (20ppm) of gluten.

VEGAN DISHES

We work closely with our suppliers and restaurant teams to reduce the risk of cross-contamination. However, as animal products are used in our kitchens, it isn't always possible to remove this risk completely.

We follow guidance from The Vegan Society and the Food Information Regulations. Where there is a known risk of cross-contamination with animal products, this is clearly shown with an asterisk (*) on the allergen sheets. While our teams take great care, we can't guarantee that any dish is completely free from allergens or suitable for those with specific allergies.

If you have other questions, please do get in touch via <https://www.pizzaexpress.com/help-and-contact>.

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Scan for allergen, ingredient and nutritional information





DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
	Tree Nuts	Peanuts	Celery	Lupin	Soybeans	Mustard	Sesame Seeds	Egg	Sulphur Dioxide / Sulphites	Cereals Containing Gluten	Molluscs	Crustaceans	Fish	Milk/Dairy			

DOUGH BALLS, GARLIC BREADS & OTHER SIDES

Dough Balls 'PizzaExpress' (483 kcal)	£4.45	✓				✓ Wheat				*					✓			* May contain
Gluten-Free Dough Balls 'PizzaExpress' (537 kcal)	£4.45	✓													✓		✓	
Vegan Dough Balls 'PizzaExpress' (474 kcal)	£4.45					✓ Wheat				*					✓	✓		* May contain
Gluten-Free Vegan Dough Balls 'PizzaExpress' (528 kcal)	£4.45														✓	✓	✓	
Dough Balls Sharer (961 kcal: serves 2)	£6.95	✓				✓ Wheat		✓		✓	*				✓			* May contain
Gluten-Free Dough Balls Sharer (1069 kcal: serves 2)	£6.95	✓						✓		✓					✓		✓	
Vegan Dough Balls Sharer (985 kcal: serves 2)	£6.95					✓ Wheat				*					✓	✓		* May contain
Gluten-Free Vegan Dough Balls Sharer (1093 kcal: serves 2)	£6.95														✓	✓	✓	
Garlic Bread with Mozzarella Sharer (723 kcal: serves 2)	£5.45	✓				✓ Wheat				*					✓			* May contain
Garlic Bread with Vegan Mozzarella Alternative Sharer (573 kcal: serves 2)	£5.45					✓ Wheat				*					✓	✓		
Mixed Salad (150 kcal)	£3.95								✓ In Dressing						✓	✓	✓	
Mozzarella Sticks (with choice of dip) (469 kcal)	£5.45	✓				✓ Wheat									✓			



DISHES		DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE	
		Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs		
CHICKEN SIDES																				
BBQ Chicken Wings (with choice of dip) (532 kcal / 1065 kcal)	x6 £5.45 x12 £8.95								✓									✓		
Buffalo Chicken Wings (with choice of dip) (523 kcal / 1047 kcal)	x6 £5.45 x12 £8.95									✓								✓		
Lemon & Herb Chicken Wings (with choice of dip) (493 kcal / 987 kcal)	x6 £5.45 x12 £8.95																	✓		
Buttermilk Chicken Goujons (with choice of dip) (363 kcal / 724 kcal)	x4 £5.45 x8 £8.95	✓				✓ Wheat			*										* May contain	
DIP OPTIONS																				
Garlic & Herb (197 kcal)	75p each or 3 for £2.00						✓		✓							✓		✓		
Garlic & Parsley Spread (229 kcal)																✓	✓	✓		
Garlic Butter (238 kcal)		✓														✓		✓		
Pizzanaise® (183 kcal)									✓							✓	✓	✓		
Spicy Tomato & Chilli (36 kcal)																✓	✓	✓		
Sweet & Smoky BBQ (57 kcal)										✓						✓	✓	✓	Not available as option with Wings or Goujons	
Caesar Dressing (106 Kcal)		✓	✓					✓		✓								✓		
House Dressing (89 kcal)										✓						✓	✓	✓		



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?		PLEASE NOTE
	Tree Nuts	Peanuts	Celery	Lupin	Soybeans	Mustard	Sesame Seeds	Egg	Sulphur Dioxide / Sulphites	Cereals Containing Gluten	Molluscs	Crustaceans	Fish	Milk/Dairy		

PIZZA [Pizzetta, Classic & Large Classic]

American (457 kcal / 849 kcal / 1508 kcal)	£4.95 / £9.95 / £12.95	✓				✓ Wheat					*							* May contain
Gluten-Free American (438 kcal / 823 kcal)	£4.95 / £9.95	✓															✓	
American Hot (458 kcal / 851 kcal / 1510 kcal)	£4.95 / £10.45 / £13.45	✓				✓ Wheat	✓				*							* May contain
Gluten-Free American Hot (439 kcal / 825 kcal)	£4.95 / £10.45	✓					✓										✓	
Double American Cheese (997 kcal / 1631 kcal)	£10.95 / £13.95	✓				✓ Wheat					*							* May contain
Gluten-Free Double American Cheese (971 kcal)	£10.95	✓															✓	
Giardiniera (827 kcal / 1463 kcal)	£10.45 / £13.45	✓				✓ Wheat					*					✓		* May contain
Gluten-Free Giardiniera (801 kcal)	£10.45	✓														✓	✓	
La Reine (751 kcal / 1413 kcal)	£10.45 / £13.45	✓				✓ Wheat					*							* May contain
Gluten-Free La Reine (723 kcal)	£10.45	✓															✓	
Margherita (350 kcal / 711 kcal / 1347 kcal)	£4.65 / £8.95 / £10.95	✓				✓ Wheat					*					✓		* May contain
Gluten-Free Margherita (331 kcal / 685 kcal)	£4.65 / £8.95	✓														✓	✓	
Padana (501 kcal / 800 kcal / 1343 kcal)	£4.95 / £10.45 / £13.45	✓				✓ Wheat					*					✓		* May contain
Gluten-Free Padana (482 kcal / 774 kcal)	£4.95 / £10.45	✓														✓	✓	



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE	
	Tree Nuts	Peanuts	Celery	Lupin	Soybeans	Mustard	Sesame Seeds	Egg	Sulphur Dioxide / Sulphites	Cereals Containing Gluten	Molluscs	Crustaceans	Fish	Milk/Dairy				

PIZZA [Pizzetta, Classic & Large Classic]

Pollo ad Astra (816 kcal / 1455 kcal)	£10.45 / £13.45	✓				✓ Wheat	*				*							
Gluten-Free Pollo ad Astra (793 kcal)	£10.45	✓					*									✓		* May contain
Sloppy Giuseppe (818 kcal / 1485 kcal)	£10.45 / £13.45	✓				✓ Wheat					*							
Gluten-Free Sloppy Giuseppe (790 kcal)	£10.45	✓														✓		
Smoky BBQ Chicken (863 kcal / 1524 kcal)	£10.45 / £13.45	✓				✓ Wheat				✓	*							* May contain
Gluten-Free Smoky BBQ Chicken (836 kcal)	£10.45	✓								✓							✓	

VEGAN PIZZA [Pizzetta, Classic & Large Classic]

Vegan Giardiniera (716 kcal / 1240 kcal)	£10.45 / £13.45					✓ Wheat					*				✓	✓		* May contain
Gluten-Free Vegan Giardiniera (342 kcal / 690 kcal)	£10.45														✓	✓	✓	
Vegan Margherita (327 kcal / 612 kcal / 1125 kcal)	£4.65 / £8.95 / £10.95					✓ Wheat					*				✓	✓		* May contain
Gluten-Free Vegan Margherita (307 kcal / 574 kcal)	£4.65 / £8.95														✓	✓	✓	
Vegan Padana (371 kcal / 668 kcal / 1216 kcal)	£4.95 / £10.45 / £13.45					✓ Wheat					*				✓	✓		* May contain
Gluten-Free Vegan Padana (352 kcal / 640 kcal)	£4.95 / £10.45														✓	✓	✓	



DISHES	DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	
SALAD																		
Grand Chicken Caesar (511 kcal)	£9.95	✓	✓ Anchovy in dish and in Dressing			✓ Wheat		✓		✓								Suitable for coeliacs if served without croutons
DESSERTS																		
White Chocolate Blondie Bites (874 kcal)	£3.95	✓				✓ Wheat		✓			✓					✓		
Double Chocolate Brownie Bites (988 kcal)	£3.95	✓						✓			✓				*	✓		* May contain
Soft Serve Gelato – Classic (175 Kcal)	£3.45	✓														✓		
Soft Serve Gelato – Chocolate (204 Kcal)	£3.75	✓								✓						✓		
Soft Serve Gelato – Salted Caramel (269 Kcal)	£3.95	✓				✓ Wheat					*					✓		Suitable for coeliacs if served without Pretzel Pieces * May contain



		DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE	
		Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	Vegetarian	Vegan	Coeliacs	
DRINKS																				
SOFT DRINKS																				
Aqua Libra Water – Still & Sparkling (0 kcal)	£1.95																✓	✓	✓	
Appletiser (118 kcal)	£2.65																✓	✓	✓	
Coca-Cola Classic (139 kcal)	£2.65																✓	✓	✓	
Coca-Cola Zero Sugar (1 kcal)	£2.45																✓	✓	✓	
Diet Coke (1 kcal)	£2.45																✓	✓	✓	
Fanta (63 kcal)	£2.45																✓	✓	✓	
Innocent Kid’s Cartons (Apple & Mango or Apple & Pear) (56 Kcal)	£2.65																✓	✓	✓	
Lipton Peach Ice Tea (44 kcal)	£2.85																✓	✓	✓	
Sprite – Sugar-Free (3 kcal)	£2.45																✓	✓	✓	
BEER																				
Peroni Nastro Azzurro (ABV 5%)	330 ml £3.95	✓			✓ Barley												✓	✓		



DOES IT CONTAIN?															ARE THESE SUITABLE FOR?			PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	Vegetarian	Vegan	Coeliacs		

COFFEE & TEA

Americano (1 kcal)	£2.45		*												✓	✓	✓	* May Contain Calories displayed do not include milk	
Americano with Oat Milk (5cl) (31 kcal)	£2.45		*	GF Oat											✓	✓	✓	* May Contain	
Cappuccino (84 kcal)	£2.45		✓												✓		✓		
Cappuccino with Oat Milk (105 kcal)	£2.45		*	GF Oat											✓	✓	✓	* May Contain	
Double Espresso (2 kcal)	£2.45		*												✓	✓	✓		
Flat White (97 kcal)	£2.45		✓												✓		✓		
Flat White with Oat Milk (122 kcal)	£2.45		*	GF Oat											✓	✓	✓	* May Contain	
Hot Chocolate (195 kcal)	£2.45		✓												✓		✓		
Hot Chocolate with Oat Milk (226 kcal)	£2.45		*	GF Oat											✓	✓	✓	* May Contain	
Latte (116 kcal)	£2.45		✓												✓		✓		
Latte with Oat Milk (146 kcal)	£2.45		*	GF Oat											✓	✓	✓	* May Contain	
Tea (English Breakfast) (1 kcal)	£2.25		*												✓	✓	✓	Vegan if served without milk * May Contain Calories displayed do not include milk	
Tea (Double Mint) (2 kcal)	£2.45		*												✓	✓	✓		



	DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	
Anchovies – Brown		✓															✓	
Artichokes															✓	✓	✓	
Black Olives															✓	✓	✓	Pitted
Buffalo Hot Sauce										✓					✓	✓	✓	
Caesar Dressing	✓	✓					✓		✓								✓	Unpasteurised Parmesan cheese / Pasteurised eggs
Cajun Spice						*									✓	✓	✓	* May contain
Caramelised Onion															✓	✓	✓	
Carlo / Starspray															✓	✓	✓	Emulsion based on vegetable oil
Chicken Breast																	✓	
Chicken Goujons	✓				✓ Wheat				*									* May contain
Chicken Wings – Lemon & Herbs (ingredient)																	✓	
Chocolate Dusting															✓	✓	✓	
Chocolate Sauce										✓					✓	✓	✓	
Croutons					✓ Wheat										✓	✓		
Double Belgian Chocolate Brownie (ingredient)	✓						✓			✓				*	✓		✓	Pasteurised milk and eggs * May contain
Dough					✓ Wheat					*					✓	✓		* May contain



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS																	
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Garlic & Herb Dip Pot						✓		✓						✓		✓	Pasteurised egg
Garlic & Parsley Spread Dip														✓	✓	✓	
Garlic Butter Dip Pot	✓													✓		✓	Pasteurised milk
Gluten-Free Bases														✓	✓	✓	
Gluten-Free Dough Balls (ingredient)														✓	✓	✓	
Gluten-Free Flour														✓	✓	✓	White rice flour / * May contain
Goat's Cheese	✓													✓		✓	Pasteurised goat's milk
Gran Milano	✓													✓		✓	Pasteurised milk
Ground Beef – Spiced [for Sloppy Giuseppe]																✓	
Ham																✓	
Hot Chocolate Powder	*													✓	✓	✓	* May contain
Hot Green Peppers						✓								✓	✓	✓	
Hot Honey														✓		✓	
Hot & Sweet Chilli Peppers														✓	✓	✓	
House Dressing								✓						✓	✓	✓	
Mozzarella	✓													✓		✓	Pasteurised milk
Mozzarella Sticks	✓				✓ Wheat									✓			



INGREDIENTS	DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	
INGREDIENTS																		
Oat Milk (Gluten-Free)					GF Oat										✓	✓	✓	
Oil – Blended															✓	✓	✓	Blend of sunflower and extra virgin olive oils
Oil – Extra Virgin Olive															✓	✓	✓	
Pepperoni Sausage																	✓	
Pizzanaise® Dip Pot									✓						✓	✓	✓	
Pretzel Pieces	*				✓ Wheat					*					✓	✓		* May contain
Roasted Peppers – Red & Yellow															✓	✓	✓	
Salted Caramel Sauce	✓														✓		✓	Pasteurised double cream
Soft Serve (ingredient)	✓														✓		✓	Pasteurised milk & cream
Spicy Tomato & Chilli Dip Pot															✓	✓	✓	
Sweet & Smoky BBQ Dip Pot									✓						✓	✓	✓	
Sweet & Smoky BBQ Sauce (Kitchen)									✓						✓		✓	
Tomato Sauce / Passata															✓	✓	✓	
Vegan Mozzarella Alternative															✓	✓	✓	
White Chocolate Blondie (ingredient)	✓				✓ Wheat		✓			✓					✓			Pasteurised milk and eggs