



Allergen Information

Northern Ireland

5th July 2022 V1

We want all of our customers to feel comfortable requesting allergen and dietary information when dining with us. Every pizzeria has a copy of the **Allergen Information** on hand - *this very guide*. Alternatively, please scan the QR code below or the QR code found at the bottom of our menus to check the information online.

Additional **Nutritional Information**, including carbohydrates, protein, fibre and other values, can be checked online too.

If you have other questions regarding our ingredients or would like to see more information listed in this guide, please do get in touch via <https://www.pizzaexpress.com/help-and-contact>.

If you do not have an internet connected device on you, please ask a member of our team. We will be happy to provide you with the information.

Scan for allergen & nutritional information



At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you or someone you care about.

Please note that our menu descriptors do not include all ingredients or allergens. Even if you have chosen the item previously, please make sure that you check the *Allergen Information* each time you visit and always inform your waiter of your allergy, intolerance or dietary requirements when ordering. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Regional variations may apply.

DELIVERY

When placing orders via our delivery platforms, we are sorry but we are unable to cater for specific allergies or dietary requirements. However, we will happily cater for your requirements at our pizzerias, so please come and dine in with us.

HOW TO USE THIS GUIDE

Our dishes, ingredients and drinks are listed in rows on the left-hand side. If a dish contains an allergen in its ingredients, a '✓' is displayed on the row in the corresponding allergen column. The '✓' indicates that the allergen is contained in the dish. If a '*' is displayed on the menu item row, it refers to ingredients which are produced in a factory with this allergen present and we have deemed that there is a significant risk of contamination.

As our suppliers handle numerous ingredients and allergens, and our dishes are handmade in our busy kitchens, unfortunately, we cannot guarantee that they are 100% free of allergens or contaminants.

NB. In the '*Ingredients*' section of this guide, we do not list any ingredients which are unadulterated, e.g. eggs, tomatoes, lemons, peppers, oregano, coffee beans, etc.

In accordance with the *EU Food Information Regulation*, we declare the main fourteen allergens.

GLUTEN-FREE

All of our pizza toppings are gluten-free; therefore all of our Romana and Classic recipes can be ordered on our unique, classic-sized, gluten-free base, made in our gluten-free bakery. If your gluten-free pizza is not served to you on a black board, please check this with a member of our team.

Our Dough Balls 'PizzaExpress' are also available gluten-free. Our loose penne pasta is made with rice flour and therefore suitable for a gluten-free diet. To reduce the risk of cross-contamination, we only use loose gluten-free rice flour in our kitchens as well.

We offer a wider selection of gluten-free dishes which are marked as '**GF**' on our menus, as accredited by *Coeliac UK*. Gluten-free describes foods that contain gluten at a level of no more than 20 parts per million (20ppm).

VEGAN & VEGETARIAN

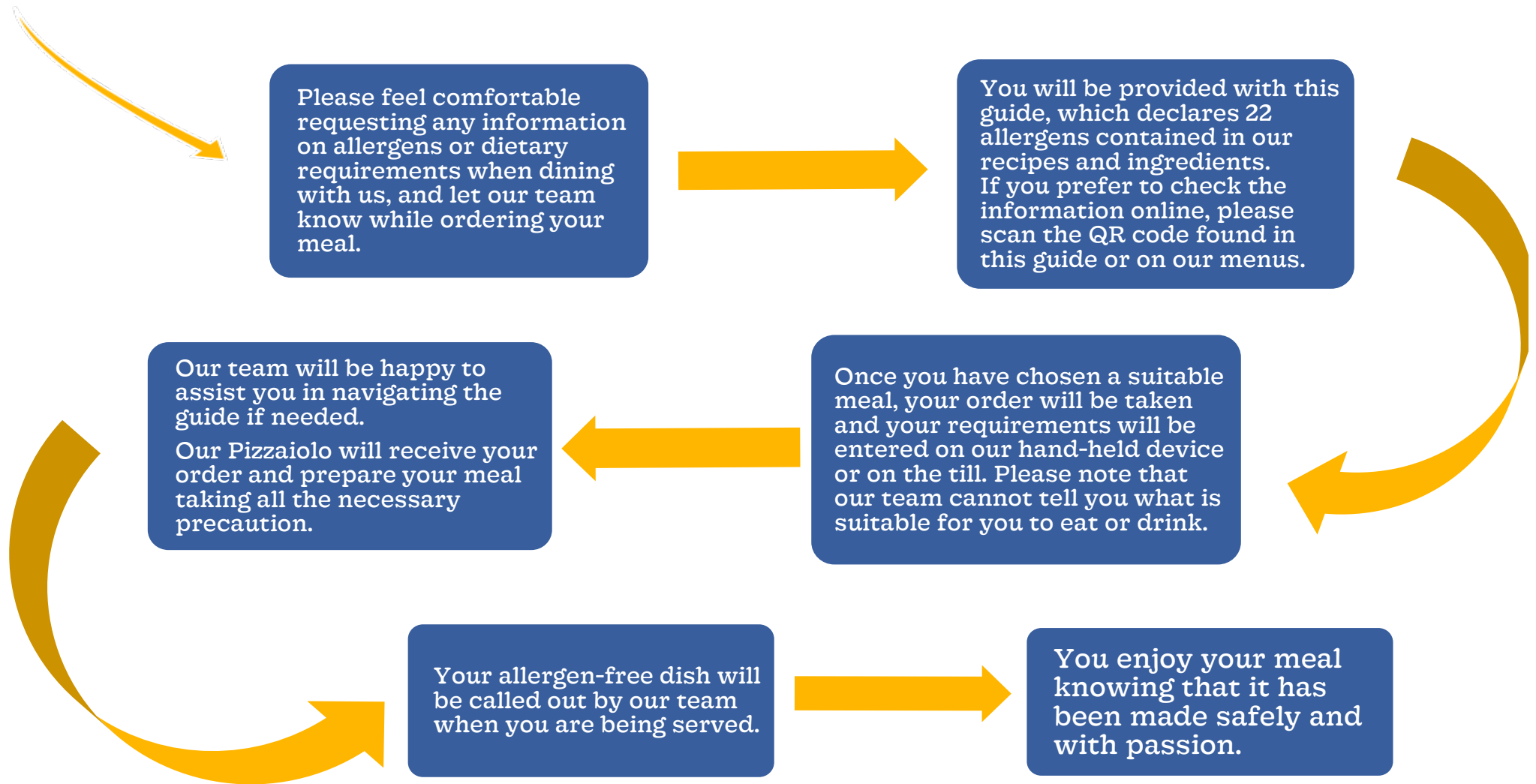
We are very excited to bring you a specific **Vegan Menu** which lists all our dishes and drinks that are suitable. You will notice that not all of our dishes are listed. We have chosen the selected dishes, since appropriate controls have been implemented to make them suitable.

Your dietary requirements are of the utmost importance to us. Items marked as '**V**' are made with vegetarian ingredients, and items marked as '**Ve**' are made with vegan ingredients. We hope you enjoy our Vegan Mozzarella Alternative which is made with sprouted Italian brown rice. It is free from gluten, soybeans, nuts, preservatives, palm oil and is suitable for those with a reduced-dairy diet.

We work regularly with our suppliers to reduce cross-contamination, however, it is not always possible to completely eliminate those risks.

We follow the *Vegan Society* and the *Food Information Regulation* guidance. Therefore, where a risk of cross-contamination with any products of animal origin has been identified, this is marked in this guide with a '*'.

When dining with us...



Scan for allergen & nutritional information



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk / Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

APPETISERS, DOUGH BALLS, STARTERS & SIDES

Broccolini														✓	✓	✓	
Bruschetta Originale 'PizzaExpress'	✓				✓ Wheat									✓			Suitable for vegans if Garlic Butter and Pesto are removed
Buffalo Mozzarella & Tomato	✓													✓		✓	
Calamari	✓ In Dressing	✓ In Dressing	*	✓	✓ Wheat		✓ In Dressing		✓ In Dressing	*							* May contain
Dough Balls Al Forno	✓				✓ Wheat									✓			
Dough Balls Doppio (New Recipe)	✓				✓ Wheat				✓ In BBQ Sauce					✓			Suitable for coeliacs if served with gluten-free Dough Balls
Dough Balls 'PizzaExpress'	✓				✓ Wheat									✓			
Dough Balls with Houmous					✓ Wheat		✓							✓	✓		Suitable for coeliacs if served with gluten-free Dough Balls * May contain in Houmous
Garlic Bread with Mozzarella	✓				✓ Wheat									✓			
Garlic Bread with Vegan Mozzarella Alternative					✓ Wheat									✓	✓		
Garlic King Prawns (New)	✓		✓		✓ Wheat												Suitable for coeliacs if served with gluten-free Dough Balls
Gluten-Free Dough Balls	✓													✓		✓	Suitable for vegans if served with one of the vegan dip options on our menu, instead of Garlic Butter
Halloumi Bites	✓													✓		✓	



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APPETISERS, DOUGH BALLS, STARTERS & SIDES

Hot Jalapeño Dough Balls				✓ Wheat										✓	✓		Suitable for coeliacs if served with gluten-free Dough Balls
Lemon & Herb Chicken Wings (served with House Dressing)								✓ In Dressing								✓	
Loaded Pesto Dough Balls	✓			✓ Wheat										✓			Suitable for coeliacs if served with gluten-free Dough Balls
Marinated Green Olives														✓	✓	✓	
Mixed Salad								✓ In Dressing						✓	✓	✓	
Parmentier Potatoes														✓	✓	✓	
Polenta Chips	✓ Gran Milano	*	*	*	✓ Wheat		*	✓ In Dressing						✓			*May contain
Pollo Milanese	✓			✓ Wheat				*									
Raw Slaw								✓						✓	✓	✓	
Rucola	✓ Gran Milano							✓ In Dressing						✓		✓	
Slow-Roasted Tomatoes														✓	✓	✓	
Vegan Dough Balls 'PizzaExpress' (New)				✓ Wheat										✓	✓		Suitable for coeliacs if served with gluten-free Dough Balls
Vegan Dough Balls Doppio (New)				✓ Wheat				✓ In Houmous						✓	✓		



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SALADS

Beetroot & Goat's Cheese (New)	✓				✓ Wheat, Barley & Spelt	✓		✓ In Dressing	*					✓			* May contain
Caprese & Prosciutto	✓ Buffalo Mozzarella and in Pesto					✓ In Balsamic Dressing										✓	
Grand Chicken Caesar	✓ In Dressing and Gran Milano	✓ Anchovies in dish and in Dressing			✓ Wheat in Croutons	✓ In Anchovies		✓ Fresh in dish and in Dressing			✓ In Dressing						Suitable for coeliacs if Croutons are removed
Niçoise (New Recipe)		✓ Tuna & Anchovies						✓ In Dressing								✓	
Vegan Nourish Bowl					✓ Wheat, Barley & Spelt	✓		✓ In Houmous	*					✓	✓		* May contain

AL FORNO

Cannelloni	✓	*	*	*	✓ Wheat		✓	*	*	✓		*		*	✓		
Lasagna Classica	✓	*	*	*	✓ Wheat		✓	*	*	*		✓		*			* May contain
'Nduja & Mozzarella Linguine (New)	✓				✓ Wheat		*										
Peperonata (New)														✓	✓	✓	
Pollo Pesto	✓									✓						✓	Made with gluten-free Penne Pasta
Zucchini Linguine (New)					✓ Wheat		*							✓			* May contain



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LUNCH MENU

PIZZA WRAPS

American Hot	✓			✓ Wheat	✓												
BBQ Beef	✓			✓ Wheat				✓	✓								
Padana	✓			✓ Wheat										✓			
Pollo ad Astra	✓			✓ Wheat	*												* May contain
Sloppy Vegan				✓ Wheat										✓	✓		Quorn® is made with mycoprotein

SALADS

Baby Caesar	✓ In Dressing and Gran Milano	✓ Anchovies in dish and in Dressing		✓ Wheat in Croutons	✓ In Anchovies	✓ In Dressing		✓ In Dressing									Suitable for coeliacs if Croutons are removed
Grains & Greens				✓ Wheat, Barley & Spelt in Mixed Grains	✓ In Dressing and Mixed Grains		✓ In Houmous		*	✓ In Mixed Grains				✓	✓		* May contain

The Allergen Information displayed on this page details exclusive ‘Lunch Menu’ dishes only. Additional Starters & Sides can be found in the respective section above. Allergen Information for Dips and Drinks can be found in the Ingredients and in the Drinks sections below, respectively. Please ask a member of our team if you have any questions. We will be happy to help you navigate around this guide.



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PIZZA

American	✓			✓ Wheat													
American Hot	✓			✓ Wheat	✓ In Hot Green Peppers												
American Jack (with Mozzarella)	✓			✓ Wheat										✓			Suitable for coeliacs on a gluten-free base
BBQ Beef	✓			✓ Wheat & Barley				✓	✓								
Calabrese	✓			✓ Wheat													
Calzone 'Nduja	✓			✓ Wheat	✓ In Hot Green Peppers			✓ In Dressing									
Chilli Prawn & 'Nduja (New)	✓		✓	✓ Wheat													
Diavolo	✓			✓ Wheat	✓ In Hot Green Peppers												Suitable for coeliacs on a gluten-free base
Duo Romana (New)	Due to the nature of this pizza, we cannot guarantee any allergen or dietary requirements.																
Fiorentina	✓			✓ Wheat		✓								✓			Suitable for coeliacs on a gluten-free base



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PIZZA																		
Hoisin Duck (New)	✓				✓ Wheat					✓								
La Reine	✓				✓ Wheat													Suitable for coeliacs on a gluten-free base
Margherita	✓				✓ Wheat									✓				
Padana	✓				✓ Wheat									✓				
Pollo ad Astra	✓				✓ Wheat	*												Suitable for coeliacs on a gluten-free base *May contain in Cajun Spice
Pollo American [Deliveroo Exclusive]	✓				✓ Wheat													
Potato & Pancetta	✓				✓ Wheat					✓								Suitable for coeliacs on a gluten-free base
Sloppy Giuseppe	✓				✓ Wheat													
Smoky BBQ Chicken [Deliveroo Exclusive]	✓				✓ Wheat				✓									
Veneziana	✓				✓ Wheat		*							✓				Suitable for coeliacs on a gluten-free base *May contain in Sultanas
Zucchini & Ricotta (New)	✓				✓ Wheat									✓				Suitable for coeliacs on a gluten-free base



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VEGAN PIZZA																		
American Jack (with Vegan Mozzarella Alternative)					✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Calzone Orto (New)					✓ Wheat				✓ In Dressing						✓	✓		
Sloppy Vegan					✓ Wheat										✓	✓		Quorn® is made with mycoprotein / Suitable for coeliacs on a gluten-free base
Vegan ad Astra					✓ Wheat	*									✓	✓		Quorn® is made with mycoprotein / Suitable for coeliacs on a gluten-free base * May contain in Cajun Spice
Vegan American Hot					✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Vegan Diavolo					✓ Wheat										✓	✓		Quorn® is made with mycoprotein / Suitable for coeliacs on a gluten-free base
Vegan Giardiniera					✓ Wheat										✓	✓		
Vegan Margherita					✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Vegan Padana					✓ Wheat										✓	✓		
Vegan Veneziana					✓ Wheat				*						✓	✓		Suitable for coeliacs on a gluten-free base * May contain in Sultanas



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Leggera American Hot	✓				✓ Wheat	✓ In Hot Green Peppers			✓ In Dressing									
Leggera King Prawn			✓		✓ Wheat				✓ In Dressing									
Leggera Padana	✓				✓ Wheat				✓ In Dressing						✓			
Leggera Pollo ad Astra	✓				✓ Wheat	*			✓ In Dressing									* May contain in Cajun Spice
Leggera Pomodoro	✓				✓ Wheat				✓ In Dressing						✓			
Leggera Quattro Verdure					✓ Wheat				✓ In Dressing						✓	✓		
Leggera Vegan Padana					✓ Wheat				✓ In Dressing						✓	✓		Vegan



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HERITAGE PIZZA

American Hottest	✓			✓ Wheat	✓													Suitable for coeliacs on a gluten-free base	
Capricciosa	✓	✓		✓ Wheat		✓													
Caprina	✓			✓ Wheat										✓					
Carbonara	✓			✓ Wheat		✓			✓										
Etna [Deliveroo Exclusive]	✓			✓ Wheat															
Formaggi	✓			✓ Wheat										✓					
Four Seasons	✓	✓		✓ Wheat															
Napoletana [Deliveroo Exclusive]	✓	✓		✓ Wheat															
Neptune		✓		✓ Wheat															
Niçoise	✓	✓		✓ Wheat		✓													
Pianta				✓ Wheat										✓	✓				
Pollo con Funghi	✓			✓ Wheat					✓										
Pomodoro Pesto V2	✓			✓ Wheat										✓					
Rustichella	✓	✓ In Dressing		✓ Wheat		✓ In Dressing		✓ In Dressing											
Siciliana	✓	✓		✓ Wheat															
Soho	✓			✓ Wheat										✓					



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DESSERTS, GELATO & SORBET

Apple & Salted Caramel Dough-lectable (New) (served with Vanilla Gelato)	✓			✓ Wheat		*							* In Gelato	✓			* May contain
Caramel & Chocolate Cheesecake (served with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓			✓			*	*	✓			Pasteurised milk and eggs
Chocolate Brownie (served with Vanilla Gelato)	✓				*	✓			✓			*	*	✓		✓	* May contain
Chocolate Fudge Cake (served with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓							* In Gelato	✓			Unpasteurised eggs in cake / Pasteurised milk in accompaniments * May contain
Chocolate Gelato	✓					*			✓ In Chocolate Straw				*	✓		✓	Pasteurised milk * May contain
Coconut Sorbet													*	✓	✓	✓	* May contain
Eton Mess Sundae (New)	✓					✓			*				*	✓		✓	Pasteurised milk and eggs * May contain
Lotus Billionaire's Sundae (New)	✓			✓ Wheat		✓			✓				*	✓			Pasteurised milk * May contain
Raspberry Sorbet													*	✓	✓	✓	* May contain
Red Berry & White Chocolate Cheesecake	✓			✓ Wheat					✓			*	*				Pasteurised milk / Contains beef gelatine * May contain
Salted Caramel Gelato	✓					✓			✓ In Chocolate Straw				*	✓		✓	Pasteurised milk and egg * May contain
Sicilian Watermelon Sorbet													*	✓	✓	✓	* May contain
Strawberries & Chocolate Dipping Sauce (New Recipe)				✓ Wheat In Biscuit					✓ In Biscuit					✓	✓		Suitable for coeliacs if biscuit is removed
Tiramisu	✓			✓ Wheat		✓			*				*	✓			Pasteurised milk and eggs * May contain
Vanilla Gelato	✓					*			✓ In Chocolate Straw				*	✓		✓	Pasteurised milk * May contain



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DOLCETTI (not including Drinks)																	
Caffe Reale	✓					✓ In Figs								✓		✓	
Chocolate Brownie	✓				*	✓			✓			*	*	✓		✓	
Orange & Carrot Cake	*					*							*	✓	✓	✓	* May contain
Sicilian Watermelon Sorbet													*	✓	✓	✓	



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PICCOLO STARTERS

Dough Balls with Garlic Butter	✓			✓ Wheat										✓			
Dough Balls with Houmous				✓ Wheat			✓ In Houmous							✓	✓		
Dough Balls with Extra Virgin Olive Oil & Balsamic Vinegar				✓ Wheat	✓ In Vinegar									✓	✓		
GF Dough Balls with Garlic Butter	✓													✓		✓	
GF Dough Balls with Houmous							✓ In Houmous							✓	✓	✓	
GF Dough Balls with Extra Virgin Olive Oil & Balsamic Vinegar					✓ In Vinegar									✓	✓	✓	
Piccolo Salad														✓	✓	✓	

PICCOLO PIZZA

American	✓			✓ Wheat													
La Reine	✓			✓ Wheat													
Margherita / Margherita with Light Mozzarella	✓			✓ Wheat										✓			Suitable for coeliacs on a gluten-free base
Pollo	✓			✓ Wheat													
Quorn®				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base Quorn® is made with mycoprotein

PICCOLO PASTA

Bianca	✓								✓					✓		✓	
Bolognese											✓					✓	
Napoletana	✓								✓					✓		✓	



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PICCOLO SALAD

Pollo Milanese	✓			✓ Wheat				*									* May contain
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PICCOLO DRINKS

Bambinoccino	✓												✓		✓		
Cawston Press Kids' Drink													✓	✓	✓		

PICCOLO DESSERTS

Chocolate Brownie	✓				*	✓			✓			*	*	✓		✓	* May contain
Piccolo Sundae (with Vanilla Gelato & Baby Cone)	✓			✓ Wheat in Baby Cone					✓ In Baby Cone				*	✓			Suitable for coeliacs without the Baby Cone
Piccolo Sundae (with Raspberry Sorbet & Baby Cone)				✓ Wheat in Baby Cone					✓ In Baby Cone				*	✓	✓		* May contain
Pip Organic Fruity Ice Lolly														✓	✓	✓	
Pip Organic Rainbow Ice Lolly														✓	✓	✓	

Dishes

DISH	SUITABLE FOR A REDUCED-DAIRY DIET
Marinated Green Olives	No changes needed
Slow-Roasted Tomatoes	
Broccolini	No changes needed
Bruschetta Originale	Remove Garlic Butter and Basil & Pine Kernel Pesto
Calamari	Remove Caesar Dressing
Dough Balls	Remove Garlic Butter, add Garlic & Parsley Spread, or Houmous, or Italian Tomato Dip
Garlic Bread	Remove Garlic Butter, add Garlic Oil on the side
Garlic Bread with Vegan Mozzarella Alternative	No changes needed
Hot Jalapeño Dough Balls	
Lemon & Herb Chicken Wings	
Mixed Salad	
Parmentier Potatoes	
Polenta Chips	Remove Gran Milano
Raw Slaw	No changes needed
Rucola	Remove Gran Milano
Beetroot & Goat's Cheese (New)	Remove Goat's Cheese
Grand Chicken Caesar	Remove Caesar Dressing and Gran Milano
Niçoise (New Recipe)	No changes needed
American	Remove Mozzarella, add our Vegan Mozzarella Alternative
American Hot (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
American Jack (V)	Remove Mozzarella, add our Vegan Mozzarella Alternative
BBQ Beef	
Calzone Orto (New)	Suitable for a reduced-dairy diet
Chilli Prawn & 'Nduja (New)	Remove Mozzarella, add our Vegan Mozzarella Alternative
Diavolo	
Fiorentina	Remove Mozzarella and Gran Milano, add our Vegan Mozzarella Alternative
Hoisin Duck (New)	Remove Mozzarella, add our Vegan Mozzarella Alternative
La Reine	

DISH	SUITABLE FOR A REDUCED-DAIRY DIET
Leggera King Prawn	No changes needed
Leggera Pomodoro	Remove Light Mozzarella, add our Vegan Mozzarella Alternative
Leggera Quattro Verdure	No changes needed
Margherita	Remove Mozzarella, add our Vegan Mozzarella Alternative
Padana (including Leggera)	Remove Goat's Cheese and Mozzarella, add our Vegan Mozzarella Alternative
Pollo ad Astra (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Sloppy Giuseppe	Remove Mozzarella, add our Vegan Mozzarella Alternative
Veneziana	
HERITAGE: Capricciosa, Four Seasons, Napoletana, Niçoise Pizza and Siciliana	Remove Mozzarella, add our Vegan Mozzarella Alternative
HERITAGE: Neptune and Pianta	No changes needed
Peperonata (New)	No changes needed
Zucchini Linguine (New)	
Orange & Carrot Cake	No changes needed
Sorbets	
Strawberries & Chocolate Dipping Sauce	
DISH	PICCOLO MENU
Piccolo Dough Balls (with Houmous)	No changes needed
Piccolo Dough Balls (with Extra Virgin Olive Oil & Balsamic Vinegar)	
Piccolo Bolognese	No changes needed
Piccolo Napoletana	Remove Béchamel
Piccolo American	Remove Mozzarella, add our Vegan Mozzarella Alternative
Piccolo La Reine	
Piccolo Margherita	
Piccolo Pollo	No changes needed
Piccolo Quorn®	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk / Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Anchovies (Brown)	✓															✓	
Anchovies (White)	✓				✓											✓	
Artichokes														✓	✓	✓	
Baby Cones				✓ Wheat					✓					✓	✓		
Baby Figs					✓									✓	✓	✓	Figs marinated in wine syrup
Balsamic Dressing					✓									✓	✓	✓	
Balsamic Vinegar					✓									✓	✓	✓	
Basil & Pine Kernel Pesto	✓													✓		✓	Pasteurised cheese
BBQ Chicken [Deliveroo Exclusive]								✓								✓	
Béchamel	✓								✓					✓		✓	Pasteurised milk
Beetroot (New)														✓	✓	✓	
Black Olives														✓	✓	✓	Pitted
Bolognese Sauce Mix (Piccolo)											✓					✓	
Broccoli - TenderStem®														✓	✓	✓	
Bruschetta Mix														✓	✓	✓	Prepared in-house



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INGREDIENTS

Buffalo Mozzarella	✓													✓		✓	Pasteurised buffalo milk
Caesar Dressing	✓	✓				✓		✓								✓	Unpasteurised Parmesan cheese / Pasteurised eggs
Cajun Spice						*								✓	✓	✓	* May contain
Calabrese Sausage																✓	
Calamari (ingredient)	*	*	*	✓	✓ Wheat	*			*								* May contain
Cannelloni (ingredient)	✓	*	*	*	✓ Wheat	✓	*	*	*		*		*	✓			Pasteurised milk and eggs * May contain
Capers														✓	✓	✓	
Caramelised Onion														✓	✓	✓	
Carlo / Starspray														✓	✓	✓	Emulsion based on vegetable oil
Cheddar Cheese	✓													✓		✓	Pasteurised milk
Chicken Breast																✓	
Chicken Goujons	✓				✓ Wheat			*									* May contain
Chicken Wings - Lemon & Herbs (ingredient)																✓	
Chocolate Brownie (ingredient)	✓					*	✓		✓			*	*	✓		✓	Pasteurised milk and eggs * May contain
Chocolate Fudge Cake (ingredient)	*				✓ Wheat	✓			*					✓			Unpasteurised eggs * May contain
Chocolate Icing (for Chocolate Fudge Cake)	*													✓		✓	* May contain
Chocolate Sauce														✓	✓	✓	
Chocolate Straws	*								✓					✓		✓	* May contain



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INGREDIENTS

Coconut Sorbet (ingredient)													*	✓	✓	✓	* May contain
Courgettes - Char-grilled (New)														✓	✓	✓	
Croutons				✓ Wheat										✓	✓		* May contain
Double Cream	✓													✓		✓	Pasteurised
Dough / Dough Sticks				✓ Wheat										✓	✓		
Fruit Coulis														✓	✓	✓	
Garlic Butter	✓			*										✓			Gluten-free option available Prepared in-house / Pasteurised * May contain
Garlic Oil														✓	✓	✓	Prepared in-house
Gelato Chocolate (ingredient)	✓					*							*	✓		✓	
Gelato Salted Caramel (ingredient)	✓					✓							*	✓		✓	Pasteurised milk * May contain
Gelato Vanilla (ingredient)	✓					*							*	✓		✓	
Gluten-free Bases [Classic & Piccolo]														✓	✓	✓	
Gluten-free Dough Balls (ingredient)														✓	✓	✓	
Gluten-free Flour														✓	✓	✓	White rice flour
Goat's Cheese	✓													✓		✓	Pasteurised goat's milk
Gran Milano [Hard Cheese]	✓													✓		✓	
Halloumi Bites (ingredient)	✓													✓		✓	Pasteurised milk
Ham																✓	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
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INGREDIENTS

Hoisin Sauce (New)														✓	✓	✓	
Honey & Mustard Dressing								✓						✓		✓	
Hot Green Peppers						✓								✓	✓	✓	
Hot Jalapeño Salsa Dip														✓	✓	✓	Prepared in-house
Hot & Sweet Chilli Peppers														✓	✓	✓	
Houmous							✓							✓	✓	✓	* May contain
House Dressing								✓						✓	✓	✓	
Icing Sugar						*								✓	✓	✓	* May contain
Italian Tomato Dip/Sauce														✓	✓	✓	Prepared in-house
Jackfruit Pepperoni														✓	✓	✓	
Jalapeño Peppers														✓	✓	✓	
Linguine Pasta (New)				✓ Wheat		*		*	*					✓			* May contain
King Prawns (ingredient)			✓													✓	
Lasagna (ingredient)	✓	*	*	*	✓ Wheat	✓	*	*	*		✓		*				Pasteurised milk and eggs * May contain
Light Mozzarella	✓													✓		✓	Pasteurised milk
Lotus Biscoff Biscuits (New)				✓ Wheat					✓					✓	✓		
Marinated Green Olives (ingredient)														✓	✓	✓	
Mascarpone	✓													✓		✓	Pasteurised cream
Meringue Kisses (New)	*					✓			*				*	✓		✓	Pasteurised eggs * May contain



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
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INGREDIENTS

Mixed Grains					✓ Wheat, Barley & Spelt	✓			*					✓	✓		* May contain
Mozzarella	✓													✓		✓	Pasteurised milk
'Nduja Sausage																✓	
Oil - Blended														✓	✓	✓	Blend of sunflower and extra virgin olive oils
Oil - Extra Virgin Olive														✓	✓	✓	
Orange & Carrot Cake	*						*						*	✓	✓	✓	* May contain
Pancetta																✓	
Penne Pasta														✓	✓	✓	
Pepperoni																✓	
Polenta Chips (ingredient)	*	*	*	*	✓ Wheat		*							✓	✓		* May contain
Potato Cubes														✓	✓	✓	
Prosciutto																✓	
Pulled Duck (New)									✓							✓	
Quorn® (ingredient)														✓	✓	✓	Quorn® is made with mycoprotein
Raspberry Sorbet													*	✓	✓	✓	* May contain
Raw Slaw Mix (ingredient)								✓						✓	✓	✓	Prepared in-house
Ricotta (New)	✓													✓		✓	Pasteurised
Roasted Peppers - Mixed [Red & Yellow]														✓	✓	✓	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
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INGREDIENTS

Salted Caramel Sauce	✓													✓		✓	Pasteurised double cream
Sicilian Watermelon Sorbet													*	✓	✓	✓	*May contain
Slow-Cooked Beef - Pulled (New)				✓ Barley					✓							✓	Contains Malt Barley Vinegar
Slow-Roasted Tomatoes (ingredient)														✓	✓	✓	
Smoked Chilli Powder														✓	✓	✓	
Spicy Beef Mix (for Sloppy Giuseppe & Diavolo)																✓	Spicy beef mixed with diced onions, green peppers and tomato sauce
Sultanas							*							✓	✓	✓	*May contain
Sweet & Smoky BBQ Sauce/Dip								✓						✓		✓	
Sweet Red Peppers														✓	✓	✓	
Tabasco - Red														✓	✓	✓	
Tiramisu (ingredient)	✓			✓ Wheat		✓			*				*	✓			Pasteurised milk and eggs / Cake not baked / *May contain
Tomato Sauce / Passata														✓	✓	✓	
Tuna		✓														✓	
Vegan Garlic & Parsley Spread Dip (New)														✓	✓	✓	Prepared in-house
Vegan Mozzarella Alternative														✓	✓	✓	
Vegan Spread [Flora Original] (New)														✓	✓	✓	
Whipped Cream (New)	✓													✓		✓	UHT treated
White Chocolate Cheesecake (ingredient)	✓			✓ Wheat					✓			*	*				Pasteurised milk / Contains beef gelatine *May contain

Allergen Information

Drinks

Our allergen and suitability guide below details information on our drinks and ingredients. Unfortunately, it is not possible for us to guarantee our busy pizzerias are 100% allergen or contamination free.



DOES IT CONTAIN?													PLEASE NOTE		
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/Sulphites	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

BEER & CIDER

Cornish Orchards Blush Cider	✓	✓														Vegan
Cornish Orchards Gold Cider	✓	✓														
Fuller's Organic Honey Dew Golden Ale	✓			✓ Barley												Vegan
Gluten-free Peroni Nastro Azzurro	✓															
Meantime Anytime IPA	✓			✓ Barley												
Peroni Nastro Azzurro 0.0 [non-alcoholic]				✓ Barley												
Peroni Nastro Azzurro	✓			✓ Barley												
Peroni Gran Riserva	✓			✓ Barley												



DOES IT CONTAIN?													PLEASE NOTE		
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SPIRITS & LIQUEURS

Amaretto	✓															
Aperol	✓	✓														Vegan
Bacardi	✓															
Baileys	✓															
Campari	✓															
Chambord	✓															
Elderflower Liqueur (St-Germain)	✓															Vegan
FreeGlider - Sipsmith																Non-alcoholic Spirit (ABV <0.5%) Vegan
Glenfiddich	✓															
Hennessy	✓															
Jack Daniel's	✓															Vegan
Jameson	✓															
Ketel One Vodka	✓															
Limoncello	✓															
Pimm's	✓	✓														
Sipsmith Dry Gin	✓															
Tia Maria	✓															Vegan



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WHITE WINE

Grecanico Chardonnay	✓	✓													Vegan
Picpoul de Pinet	✓	✓													
Pinot Grigio	✓	✓													
Soave	✓	✓													

PROSECCO

Prosecco	✓	✓													Vegan
Prosecco D.O.C Rosé	✓	✓													

ROSÉ WINE

Pinot Grigio Blush	✓	✓													Vegan
Provence Rosé	✓	✓													

RED WINE

Chianti Riserva G.O.C.G	✓	✓													Vegan
Malbec	✓	✓													
Marche Rosso	✓	✓													
Merlot	✓	✓													
Montepulciano d'Abruzzo	✓	✓													
Nero d'Avola Shiraz	✓	✓													
Primitivo	✓	✓													



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COCKTAILS & SPRITZERS

Aperol Spritz	✓	✓													Suitable for vegans if served without orange
Classic Spritzer (Red, Rosé or White Wine)	✓	✓													Suitable for vegans if served without lemon
Espresso Martini	✓														Vegan
Hugo	✓	✓													Suitable for vegans if served without lemon
Pimm's Summer Cup (New)	✓	✓													
Pornstar Martini	✓	✓ In Prosecco													Vegan

GIN & FEVER-TREE

Classic G&T	✓														Suitable for vegans if served without lime
Garden G&T	✓														Vegan

MINDFUL REFRESHMENT

Classic Free & T															Suitable for vegans if served without lime
Elderflower & Mint Sparkle															Suitable for vegans if served without lemon
Peroni Nastro Azzurro 0.0			✓ Barley												Vegan
No.1 Living GingerKombucha															Vegan / Unpasteurised
No.1 Living Lemon Water Kefir															Vegan / Pasteurised
Raspberry Sparkle															Suitable for vegans if served without lime



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COFFEE, TEA & DIGESTIVO

Americano			✓													Suitable for vegans if made with soya milk
Bambinoccino			✓													
Bayleys	✓		✓													
Bayleys Latte	✓		✓													
Cappuccino			✓													Suitable for vegans if made with soya milk
Espresso																Vegan
Espresso Martini	✓															
Hot Chocolate			✓													Suitable for vegans if made with soya milk
Latte			✓													
Limoncello	✓															Vegan
Macchiato			✓													Suitable for vegans if made with soya milk
Mocha			✓													
Tea																Vegan

INGREDIENTS

Chocolate Dusting																
Chocolate Powder																
Soya Milk								✓								Vegan
Strawberry Syrup																



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SOFT DRINKS & JUICES

Acqua Panna Still Mineral Water															Suitable for vegans if served without lemon
Apple Juice															Vegan
Appletiser															
Bottlegreen Elderflower Pressé															
Bottlegreen Raspberry Lemonade															
Cawston Press Kids' Blend															Suitable for vegans if lemon is removed
Coca-Cola Classic															
Coca-Cola Zero Sugar															
Diet Coke															
Fanta															Vegan
Fever-Tree Refreshingly Light Elderflower Tonic															
Fever-Tree Refreshingly Light Rhubarb & Raspberry															
Fever-Tree Refreshingly Light Tonic Water Mediterranean															Suitable for vegans if served without lemon/orange
Red Berry Sicilian Still Lemonade															Vegan
Robinsons Orange		✓													
Robinsons Apple & Blackcurrant		✓													



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SOFT DRINKS & JUICES

San Pellegrino Aranciata Rossa															Suitable for vegans if served without orange
San Pellegrino Limonata															Vegan
San Pellegrino Sparkling Mineral Water															Suitable for vegans if served without lemon
Schweppes Lime Cordial	✓														Vegan
Schweppes Mixer - Lemonade															Suitable for vegans if served without lemon
Schweppes Mixer - Soda Water															
Sicilian Still Lemonade															Vegan
Sprite - No Sugar															