



# Allergen Information

**Northern Ireland**  
4th January 2022 V1.1

# PIZZERIA

At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you or someone you care about.

Please note that our menu descriptors do not include all ingredients or allergens. Even if you have chosen the item previously, please make sure that you check the allergen information each time you visit and always inform your waiter of your allergy, intolerance or dietary requirements when ordering. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Regional variations may apply.

## **DELIVERY**

When placing orders via our delivery platforms, we are sorry but we are unable to cater for specific allergies or dietary requirements. However, we will happily cater for your requirements at our restaurants, so please come and dine in with us.

## **HOW TO USE THIS GUIDE**

Our menu items are listed in rows on the left-hand side. If a menu item contains an allergen in its ingredients, a ‘✓’ is displayed on the menu row in the corresponding allergen column. The ‘✓’ indicates that allergen is contained in the menu item. If a ‘\*’ is displayed on the menu item row, it refers to ingredients which are produced in a factory with this allergen present and we have deemed that there is a significant risk of contamination.

As our suppliers handle numerous ingredients and allergens, and our dishes are handmade in our busy kitchens, unfortunately, we cannot guarantee that they are 100% free of allergens or contaminants.

**NB.** In the ‘Ingredients’ section of this guide, we do not list any ingredients which are unadulterated, e.g. eggs, tomatoes, peppers, oregano, coffee beans, etc.

In accordance with the EU Food Information Regulation, we declare the main fourteen allergens.

We want all of our customers to feel comfortable requesting allergen and dietary information when dining with us. Every restaurant has a copy of the Allergen Information on hand, just ask! Alternatively, scan the QR code at the bottom of our menu to see the information online.

Information on calories, carbohydrates and other nutritional values can also be found online on our website: [www.pizzaexpress.com](http://www.pizzaexpress.com)

If you don't have an internet connected device on you, ask a member of the team. We will be happy to provide you with the information.

If you have other questions regarding our ingredients or would like to see more information listed on this document, please do get in touch via our Help & Feedback page: [www.pizzaexpress.com/help-and-contact](http://www.pizzaexpress.com/help-and-contact)



## **VEGETARIAN AND VEGAN**

We are very excited to bring you a specific Vegan Menu which lists all our dishes and drinks that are suitable. You will notice that not all of our dishes are listed. We have chosen the selected dishes, since appropriate controls have been implemented to make them suitable.

Your dietary requirements are of the utmost importance to us. Items marked as (V) are made with vegetarian ingredients, and items marked as (Ve) are made with vegan ingredients. We hope you enjoy our Vegan Mozzarella Alternative which is made with sprouted Italian brown rice. It is free from gluten, soybeans, nuts, preservatives, palm oil and is suitable for those with a dairy-reduced diet.

We work regularly with our suppliers to reduce cross-contamination, however, it is not always possible to completely eliminate those risks.

We follow the Vegan Society and the Food Information Regulation guidance. Therefore, where a risk of cross-contamination with any products of animal origin has been identified, this is stated in our allergen information document with a ‘\*’.

## **GLUTEN-FREE**

All of our pizza toppings are gluten-free, therefore all of our Romana and Classic recipes can be ordered on our unique, classic-sized, gluten-free base, made in our gluten-free bakery. If your gluten-free pizza is not served to you on a black board, please check this with a member of the team.

Our Dough Balls ‘PizzaExpress’ are also available gluten-free. We also use gluten-free flour and penne pasta in our kitchens.

We offer a wider selection of gluten-free dishes as accredited by Coeliac UK. Gluten-free describes foods that contain gluten at a level of no more than 20 parts per million (20ppm).



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

## APPETISERS, DOUGH BALLS, STARTERS AND SIDES

Broccolini (New)														✓	✓	✓	
Bruschetta Originale 'PizzaExpress'	✓				✓ Wheat									✓			Suitable for vegans if Garlic Butter and Pesto are removed
Buffalo Mozzarella & Tomato Salad	✓													✓		✓	
Calamari	✓ In Dressing ★ In Calamari	✓ In Dressing ★ In Calamari	★	✓	✓ Wheat			✓ In Dressing	★								★ May contain
Dough Balls Al Forno	✓				✓ Wheat									✓			
Dough Balls Doppio	✓				✓ Wheat				✓ In Smoky Tomato Harissa					✓			
Dough Balls 'PizzaExpress'	✓				✓ Wheat									✓			Suitable for coeliacs if served with gluten-free Dough Balls
Dough Balls with Houmous					✓ Wheat		✓							✓	✓		
Dough Balls with Smoky Tomato Harissa					✓ Wheat				✓ In Smoky Tomato Harissa					✓	✓		
Garlic Bread with Mozzarella	✓				✓ Wheat									✓			
Garlic Bread with Vegan Mozzarella Alternative					✓ Wheat									✓	✓		
Garlic King Prawns	✓		✓		✓ Wheat												Suitable for coeliacs if served with gluten-free Dough Balls
Gluten-Free Dough Balls	✓													✓		✓	Suitable for vegans if Garlic Butter is substituted with Houmous or Smoky Tomato Harissa
Halloumi Bites	✓													✓		✓	
Hot Jalapeño Dough Balls					✓ Wheat									✓	✓		Suitable for coeliacs if served with gluten-free Dough Balls



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## APPETISERS, DOUGH BALLS, STARTERS AND SIDES

Lemon & Herb Chicken Wings (with House Dressing - New Recipe)								✓ In Dressing								✓	
Loaded Pesto Dough Balls	✓				✓ Wheat									✓			Suitable for coeliacs if served with gluten-free Dough Balls
Marinated Green Olives														✓	✓	✓	
Mixed Salad								✓ In Dressing						✓	✓	✓	
Polenta Chips	✓ In Gran Milano ★ In Polenta	★	★	★	✓ Wheat	★		✓ In Dressing						✓			★ May contain
Pollo Milanese	✓				✓ Wheat			★									
Raw Slaw								✓						✓	✓	✓	
Ruola	✓ Gran Milano							✓ In Dressing						✓		✓	
Slow-Roasted Tomatoes														✓	✓	✓	

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### SALADS

Caprese & Prosciutto	✓ Buffalo Mozzarella and in Pesto					✓ In Balsamic Dressing											✓	
Grand Chicken Caesar	✓ In Dressing and Gran Milano	✓ Anchovies in dish and in Dressing			✓ Wheat in Croutons	✓ In Anchovies	✓ Fresh in dish and in Dressing		✓ In Dressing									Suitable for coeliacs if Croutons are remove
Niçoise		✓ Tuna and Anchovies				✓ In Anchovies	✓ Fresh in Dish		✓ In Dressing								✓	
Pollo & Grain					✓ Wheat, Barley & Spelt	✓			✓ In Dressing	*								*May contain
Vegan Nourish Bowl					✓ Wheat, Barley & Spelt	✓		✓ In Houmous		*				✓	✓			

### AL FORNO

Bolognese	✓					✓						✓					✓	
Cannelloni	✓	*	*	*	✓ Wheat		✓	*	*	✓		*		*	✓			*May contain
Lasagna Classica	✓	*	*	*	✓ Wheat		✓	*	*	*		✓		*				
Melanzane (New)	✓													✓		✓		
Pollo Pesto	✓									✓							✓	
Vegan Melanzane (New)														✓	✓	✓		



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**PIZZA**

American	✓			✓ Wheat														Suitable for coeliacs on a gluten-free base	
American Hot	✓			✓ Wheat	✓ In Hot Green Peppers														
American Jack with Mozzarella (New)	✓			✓ Wheat															
BBQ Burnt Ends	✓			✓ Wheat			✓	✓											
Calabrese	✓			✓ Wheat															
Calzone 'Nduja	✓			✓ Wheat	✓ In Hot Green Peppers			✓ In Dressing											
Calzone Verdure				✓ Wheat	✓			✓	✓					✓	✓				
Diavolo	✓			✓ Wheat	✓ In Hot Green Peppers														
Fiorentina	✓			✓ Wheat		✓								✓					
La Reine	✓			✓ Wheat															
Margherita	✓			✓ Wheat										✓					





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Padana	✓				✓ Wheat										✓			Suitable for coeliacs on a gluten-free base
Pollo ad Astra	✓				✓ Wheat	*												Suitable for coeliacs on a gluten-free base *May contain in Cajun Spice
Pollo American	✓				✓ Wheat													Suitable for coeliacs on a gluten-free base
Pollo Forza	✓				✓ Wheat													
Pollo Pancetta (New)	✓				✓ Wheat													
Quattro Formaggi Piccante (New)	✓				✓ Wheat									✓				
Sloppy Giuseppe	✓				✓ Wheat													
Veneziana	✓				✓ Wheat		*								✓			Suitable for coeliacs on a gluten-free base *May contain in Sultanas



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
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## VEGAN PIZZA

American Jack with Vegan Mozzarella Alternative (New)				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Sloppy Vegan				✓ Wheat										✓	✓		Quorn™ is made with mycoprotein / Suitable for coeliacs on a gluten-free base
Vegan ad Astra (New)				✓ Wheat	*									✓	✓		Quorn™ is made with mycoprotein / Suitable for coeliacs on a gluten-free base *May contain in Cajun Spice
Vegan American Hot (New)				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Vegan Diavolo (New)				✓ Wheat										✓	✓		Quorn™ is made with mycoprotein / Suitable for coeliacs on a gluten-free base
Vegan Forza (New)				✓ Wheat										✓	✓		
Vegan Giardiniera				✓ Wheat										✓	✓		
Vegan Margherita				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Vegan Padana				✓ Wheat										✓	✓		
Vegan Veneziana				✓ Wheat			*							✓	✓		Suitable for coeliacs on a gluten-free base *May contain in Sultanas



	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Celiacs
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## LEGGERA PIZZA

Leggera American	✓				✓ Spelt (wheat) & Barley				✓ In Dressing								
Leggera American Hot	✓				✓ Spelt (wheat) & Barley	✓ In Hot Green Peppers			✓ In Dressing								
Leggera American Jack with Mozzarella (New)	✓				✓ Spelt (wheat) & Barley				✓ In Dressing						✓		
Leggera BBQ Burnt Ends	✓				✓ Spelt (wheat) & Barley				✓	✓							
Leggera Diavolo	✓				✓ Spelt (wheat) & Barley	✓ In Hot Green Peppers			✓ In Dressing								
Leggera La Reine	✓				✓ Spelt (wheat) & Barley				✓ In Dressing								
Leggera Margherita	✓				✓ Spelt (wheat) & Barley				✓ In Dressing						✓		
Leggera Padana	✓				✓ Spelt (wheat) & Barley				✓ In Dressing						✓		



Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs
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## LEGGERA PIZZA

Leggera Pollo ad Astra	✓			✓ Spelt (wheat) & Barley	*			✓ In Dressing									*May contain in Cajun Spice
Leggera Pollo Forza	✓			✓ Spelt (wheat) & Barley				✓ In Dressing									
Leggera Pollo Pancetta (New)	✓			✓ Spelt (wheat) & Barley				✓ In Dressing									
Leggera Sloppy Giuseppe	✓			✓ Spelt (wheat) & Barley				✓ In Dressing									
Leggera Tre Formaggi Piccante (New)	✓			✓ Spelt (wheat) & Barley				✓ In Dressing					✓				
Leggera Veneziana	✓			✓ Spelt (wheat) & Barley			*	✓ In Dressing					✓				*May contain in Sultanias



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## LEGGERA VEGAN PIZZA

Leggera American Jack with Vegan Mozzarella Alternative (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Sloppy Vegan				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		Quorn™ is made with mycoprotein
Leggera Vegan ad Astra (New)				✓ Spelt (wheat) & Barley	*			✓ In Dressing						✓	✓		Quorn™ is made with mycoprotein *May contain in Cajun Spice
Leggera Vegan American Hot (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Diavolo (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		Quorn™ is made with mycoprotein
Leggera Vegan Forza (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Giardiniera				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Margherita				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Padana				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Veneziana				✓ Spelt (wheat) & Barley			*	✓ In Dressing						✓	✓		*May contain in Sultanas



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## HERITAGE PIZZA

American Hottest	✓			✓ Wheat	✓													Suitable for coeliacs on a gluten-free base	
Capricciosa	✓	✓		✓ Wheat		✓													
Caprina	✓			✓ Wheat										✓					
Etna	✓			✓ Wheat															
Formaggi	✓			✓ Wheat										✓					
Four Seasons	✓	✓		✓ Wheat															
Napoletana	✓	✓		✓ Wheat															
Neptune		✓		✓ Wheat															
Niçoise	✓	✓		✓ Wheat		✓													
Pianta				✓ Wheat										✓	✓				
Rustichella	✓	✓ In Dressing		✓ Wheat		✓ In Dressing		✓ In Dressing											
Siciliana	✓	✓		✓ Wheat															
Soho	✓			✓ Wheat										✓					



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## DESSERTS

Amaretto Dolce Vita (New)	✓			✓ Wheat		✓	*		*	*			*	✓			Unpasteurised eggs in cake / Pasteurised milk / *May contain
Chocolate Brownie with Vanilla Gelato	✓				*	✓			✓			*	*	✓		✓	Pasteurised milk and eggs / *May contain
Chocolate Fondant (New)	✓			✓ Wheat		✓			✓				*	✓			*May contain
Chocolate Fudge Cake (served with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓			*				* In Gelato	✓			Unpasteurised eggs in cake / Pasteurised milk / *May contain
Coppa Gelato Chocolate	✓					*			✓ In Chocolate Straw				*	✓		✓	
Coppa Gelato Salted Caramel	✓					✓			✓ In Chocolate Straw				*	✓		✓	Pasteurised milk / *May contain
Coppa Gelato Vanilla	✓					*			✓ In Chocolate Straw				*	✓		✓	
Red Berry & White Chocolate Cheesecake (served with Cream, Vanilla Gelato or Mascarpone) (New)	✓			✓ Wheat					✓			*	*				Pasteurised milk / Contains beef gelatine *May contain
Sorbet (Coconut and Raspberry)													*	✓	✓	✓	*May contain
Sticky Toffee Cream Slice (served with Cream, Vanilla Gelato or Mascarpone) (New)	✓			✓ Wheat		✓			✓			*	*				Pasteurised milk and eggs / Contains beef gelatine / *May contain
Strawberries & Chocolate Dipping Sauce (New)														✓	✓	✓	
Tiramisu	✓			✓ Wheat		✓			*				*	✓			Pasteurised milk and eggs / *May contain



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### DOLCETTI (NOT INCLUDING DRINKS)

Caffe Reale	✓					✓ In Figs								✓		✓	
Chocolate Brownie (New Recipe)	✓					*	✓		✓			*	*	✓		✓	*May contain
Orange & Carrot Cake (New)	*					*						*	✓	✓	✓		





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### PICCOLO STARTERS

Dough Balls with Garlic Butter	✓				✓ Wheat										✓			
Dough Balls with Houmous					✓ Wheat		✓ In Houmous								✓	✓		
Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar					✓ Wheat	✓ In Vinegar									✓	✓		
GF Dough Balls with Garlic Butter	✓														✓		✓	
GF Dough Balls with Houmous							✓ In Houmous								✓	✓	✓	
GF Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar						✓ In Vinegar									✓	✓	✓	
Piccolo Salad															✓	✓	✓	

### PICCOLO PIZZA

American	✓				✓ Wheat													
Pollo	✓				✓ Wheat													
La Reine	✓				✓ Wheat													
Margherita / Margherita with Light Mozzarella	✓				✓ Wheat									✓				
Quorn™ (New)					✓ Wheat									✓	✓			Suitable for coeliacs on a gluten-free base / Quorn™ is made with mycoprotein

### PICCOLO AL FORNO

Bianca	✓								✓					✓		✓		
Bolognese											✓					✓		
Napoletana	✓								✓					✓		✓		



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<b>PICCOLO SALAD</b>																		
Pollo Milanese	✓				✓ Wheat			*									*May contain	
<b>PICCOLO DRINKS</b>																		
Bambinoccino	✓													✓		✓	Suitable for vegans or a reduced-dairy diet if served with Soya Milk	
Cawston Press Kids' Drink														✓	✓	✓		
<b>PICCOLO DESSERTS</b>																		
Chocolate Brownie (New Recipe)	✓					*	✓			✓			*	*	✓		✓	*May contain
Piccolo Sundae with Vanilla Gelato and Baby Cone	✓				✓ Wheat in Baby Cone		*			✓ In Baby Cone				*	✓			Suitable for coeliacs without the Baby Cone
Piccolo Sundae with Raspberry Sorbet and Baby Cone					✓ Wheat in Baby Cone					✓ In Baby Cone				*	✓	✓		*May contain
Pip Organic Fruity Ice Lolly															✓	✓	✓	
Pip Organic Rainbow Ice Lolly															✓	✓	✓	

# Dish

DISH	SUITABLE FOR A REDUCED-DAIRY DIET	DISH	SUITABLE FOR A REDUCED-DAIRY DIET
Marinated Green Olives	No changes needed	Margherita (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Slow-Roasted Tomatoes		Padana (including Leggera)	Remove Goat's Cheese and Mozzarella, add our Vegan Mozzarella Alternative
Bruschetta Originale	Remove Garlic Butter and Basil & Pine Kernel Pesto	Pollo ad Astra (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Calamari	Remove Caesar Dressing	Pollo America	Remove Mozzarella, add our Vegan Mozzarella Alternative
Dough Balls	Remove Garlic Butter, add Smoky Tomato Harissa or Houmous	Pollo Forza (including Leggera)	Remove Gran Milano and (Light) Mozzarella, add our Vegan Mozzarella Alternative
Garlic Bread	Remove Garlic Butter, add Garlic Oil on the side	Pollo Pancetta (including Leggera) (New)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Garlic Bread with Vegan Mozzarella Alternative	No changes needed	Sloppy Giuseppe (including Leggera)	
Hot Jalapeño Dough Balls		Veneziana (including Leggera)	
Lemon & Herb Chicken Wings		HERITAGE: Capricciosa, Four Seasons, Napoletana, Niçoise Pizza and Siciliana	Remove Mozzarella, add our Vegan Mozzarella Alternative
Mixed Salad	Remove Gran Milano	HERITAGE: Neptune and Pianta	No changes needed
Polenta Chips	No changes needed	Melanzane (New)	Remove Mozzarella and Gran Milano, add our Vegan Mozzarella Alternative
Raw Slaw	Remove Gran Milano	Orange & Carrot Cake (New)	No changes needed
Rucola	Remove Caesar Dressing and Gran Milano	Raspberry or Coconut Sorbet	
Grand Chicken Caesar	No changes needed	Strawberries & Chocolate Dipping Sauce (New)	
Niçoise	No changes needed	<b>DISH</b>	<b>PICCOLO MENU</b>
Pollo & Grain		Piccolo Dough Balls (with Houmous)	No changes needed
Vegan Nourish Bowl	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative	Piccolo Dough Balls (with Extra Virgin Olive Oil and Balsamic Vinegar)	No changes needed
American (including Leggera)	No changes needed	Piccolo Bolognese	Remove Béchamel
American Hot (including Leggera)		Piccolo Napoletana	Remove Mozzarella, add our Vegan Mozzarella Alternative
American Jack (V) (including Leggera) (New)	Piccolo American		
BBQ Burnt Ends (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative	Piccolo La Reine	
Calzone Verdure	Remove Mozzarella and Gran Milano, add our Vegan Mozzarella Alternative	Piccolo Margherita	No changes needed
Diavolo (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative	Piccolo Pollo	
Fiorentina	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative	Piccolo Quorn™ (New)	No changes needed
La Reine (including Leggera)	No changes needed		



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

## INGREDIENTS

Amaretti Biscuits (New)	*			✓ Wheat		✓	*		*	*				*	✓			*May contain
Anchovies (Brown)		✓															✓	
Anchovies (White)		✓				✓											✓	
Artichokes														✓	✓	✓		
Aubergine														✓	✓	✓		
Baby Cones				✓ Wheat					✓					✓	✓			
Baby Figs						✓								✓	✓	✓		Figs marinated in wine syrup
Balsamic Dressing						✓								✓	✓	✓		
Balsamic Vinegar						✓								✓	✓	✓		
Basil & Pine Kernel Pesto	✓													✓		✓		Pasteurised cheese
BBQ Sauce/Dip - Sweet & Smoky								✓						✓		✓		
Béchamel	✓								✓					✓		✓		Pasteurised milk
Beef Brisket									✓							✓		
Black Olives														✓	✓	✓		Pitted
Bolognese Mix																✓		
Bolognese Sauce (Kids)																✓		
Broccoli - Tender Stem (New)														✓	✓	✓		
Bruschetta Mix														✓	✓	✓		Prepared in house
Buffalo Mozzarella	✓													✓		✓		Pasteurised cheese
Caesar Dressing	✓	✓			✓			✓								✓		Unpasteurised Parmesan cheese / Pasteurised eggs
Cajun Spice						*								✓	✓	✓		*May contain



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

## INGREDIENTS

Calabrese Sausage																	✓	
Calamari (ingredient)	*	*	*	✓	✓ Wheat		*		*									*May contain
Cannelloni (ingredient)	✓	*	*	*	✓ Wheat	✓	*	*	*		*		*	✓				Pasteurised milk and eggs *May contain
Capers														✓	✓	✓		
Caramelised Onion														✓	✓	✓		
Carlo (Starspray)														✓	✓	✓		Emulsion based on vegetable oil
Cheddar Cheese	✓													✓		✓		Pasteurised milk
Chicken Breast																✓		
Chicken Goujons	✓				✓ Wheat			*										*May contain
Chicken Wings - Lemon & Herb (ingredient)																✓		
Chocolate Brownie (ingredient) (New)	✓					*	✓		✓			*	*	✓		✓		Pasteurised milk and eggs *May contain
Chocolate Fondant (ingredient) (New)	*				✓ Wheat	✓			✓				*	✓				*May contain
Chocolate Fudge Cake (ingredient)	*				✓ Wheat	✓			*					✓				Unpasteurised eggs *May contain
Chocolate Icing for Chocolate Fudge Cake	*													✓		✓		*May contain
Chocolate Sauce														✓	✓	✓		
Chocolate Straws	*								✓					✓		✓		*May contain
Coconut Sorbet (ingredient)													*	✓	✓	✓		
Croutons					✓ Wheat									✓	✓			
Double Cream	✓													✓		✓		Pasteurised



Ingredient	DOES IT CONTAIN?												ARE THESE SUITABLE FOR?			PLEASE NOTE	
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs

## INGREDIENTS

Dough					✓ Wheat									✓	✓		
Dough Sticks					✓ Wheat									✓	✓		
Fruit Coulis														✓	✓	✓	
Garlic Butter	✓													✓		✓	Prepared in house / Pasteurised butter
Garlic Oil														✓	✓	✓	Prepared in house
Gelato Chocolate	✓						*						*	✓		✓	
Gelato Salted Caramel	✓						✓							✓		✓	*May contain
Gelato Vanilla	✓						*						*	✓		✓	
Gluten-free Base (Classic)														✓	✓	✓	
Gluten-free Base (Piccolo)														✓	✓	✓	
Gluten-free Dough Balls (ingredient)														✓	✓	✓	
Gluten-free Flour														✓	✓	✓	White rice flour
Goat's Cheese	✓													✓		✓	Pasteurised goat's milk
Grain Mix - Lemon & Herb (New Recipe)					✓ Wheat, Barley & Spelt	✓			*					✓	✓		*May contain
Gran Milano	✓													✓		✓	Pasteurised milk
Halloumi Bites (ingredient)	✓													✓		✓	
Ham																✓	
Honey & Mustard Dip/Dressing								✓						✓		✓	
Hot Green Peppers						✓								✓	✓	✓	
Hot Jalapeño Salsa														✓	✓	✓	Prepared in house



Ingredient	DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Eggs	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	

## INGREDIENTS

Hot & Sweet Chilli Peppers															✓	✓	✓	
Houmous							✓								✓	✓	✓	
House Dressing - New Recipe								✓							✓	✓	✓	
Icing Sugar						*									✓	✓	✓	*May contain
Italian Blue Cheese (New)	✓														✓		✓	Thermised milk
Italian Tomato Dip/Sauce															✓	✓	✓	Prepared in house
Jackfruit Pepperoni (New)															✓	✓	✓	
Jalapeño Peppers															✓	✓	✓	
King Prawns (ingredient)			✓														✓	
Lasagna (ingredient)	✓	*	*	*	✓ Wheat		✓	*	*	*		✓		*				Pasteurised milk and eggs *May contain
Light Mozzarella	✓														✓		✓	Pasteurised milk
Marinated Green Olives (ingredient)															✓	✓	✓	
Mascarpone	✓														✓		✓	Pasteurised cream
Mixed Roasted Peppers															✓	✓	✓	
Mozzarella	✓														✓		✓	Pasteurised milk
'Nduja Sausage																	✓	
Oil - Blended															✓	✓	✓	Blend of sunflower and extra virgin olive oils
Oil - Extra Virgin Olive															✓	✓	✓	
Orange & Carrot Cake (New)	*						*							*	✓	✓	✓	*May contain
Pancetta																	✓	
Pecorino (New)	✓														✓		✓	Pasteurised sheep's milk



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

## INGREDIENTS

Penne Pasta														✓	✓	✓	
Pepperoni																✓	
Polenta Chips (ingredient)	*	*	*	*	✓ Wheat	*								✓	✓		*May contain
Prosciutto																✓	
Quorn™ Pieces														✓	✓	✓	Quorn™ is made with mycoprotein
Raspberry Sorbet													*	✓	✓	✓	*May contain
Raw Slaw Mix (ingredient)								✓						✓	✓	✓	Prepared in house
Salted Caramel Sauce (New)	✓													✓		✓	
Slow-Roasted Tomatoes (ingredient)														✓	✓	✓	
Smoked Chilli Powder														✓	✓	✓	
Smoky Chilli Jam (New)														✓	✓	✓	
Smoky Tomato Harissa (Pestorissa)									✓					✓	✓	✓	
Spicy Beef (Sloppy Giuseppe & Diavolo Mix)																✓	Spicy beef mixed with diced onions, green peppers and tomato sauce





DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

## INGREDIENTS

Sticky Toffee Cheesecake (ingredient) (New)	✓			✓ Wheat		✓			✓			*	*				Pasteurised milk and eggs / Contains beef gelatine / *May contain
Sultanas							*							✓	✓	✓	*May contain
Sweet Potato - Chilli & Maple					✓									✓	✓	✓	
Sweet Red Peppers														✓	✓	✓	
Tabasco - Red														✓	✓	✓	
Tiramisu (ingredient)	✓			✓ Wheat		✓			*				*	✓			Pasteurised milk and eggs / Cake not baked / *May contain
Tomato Sauce														✓	✓	✓	
Tuna		✓														✓	
Vegan Mozzarella Alternative														✓	✓	✓	
White Chocolate Cheesecake (ingredient) (New)	✓			✓ Wheat					✓			*	*				Pasteurised milk / Contains beef gelatine *May contain
Wholemeal, White Flour and Spelt Dough				✓ Spelt (wheat) & Barley										✓	✓		

# Allergen Information Drinks

Our allergen and suitability menu below details information on our drinks and ingredients. Unfortunately, it is not possible for us to guarantee our busy restaurants are 100% allergen/contamination free.

	DOES IT CONTAIN?														PLEASE NOTE	
	Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	
<b>BEER &amp; CIDER</b>																
Cornish Orchards Blush Cider	✓	✓														Vegan
Cornish Orchards Gold Cider	✓	✓														
Fuller's Organic Honey Dew Golden Ale	✓			✓ Barley												Vegan
Gluten- Free Peroni Nastro Azzurro	✓															
Meantime Anytime IPA	✓			✓ Barley												
Peroni Nastro Azzurro	✓			✓ Barley												
Peroni Gran Riserva	✓			✓ Barley												
Peroni Libera (Alcohol Free)				✓ Barley												
<b>SPIRITS &amp; LIQUEURS</b>																
Amaretto	✓															Vegan
Aperol	✓	✓														
Bacardi	✓															
Baileys	✓		✓													



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Calery	Fish	Crustaceans	Molluscs	Mustard	

## SPIRITS & LIQUEURS

Campari	✓															
Chambord	✓															
Elderflower Liqueur	✓															
Freeglider - Sipsmith (New)																
Glenfiddich	✓															
Hennessy	✓															
Jack Daniel's	✓															
Jameson	✓															
Ketel One Vodka	✓															
Limoncello	✓															
Pimm's	✓	✓														
Sipsmith Dry Gin	✓															
Tia Maria	✓															

Vegan

Vegan



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

## WHITE WINE

Grecanico Chardonnay	✓	✓													Vegan
Picpoul de Pinet	✓	✓													
Pinot Grigio	✓	✓													Vegan
Sauvignon Blanc	✓	✓													
Soave	✓	✓													

## PROSECCO

Prosecco	✓	✓													Vegan
Prosecco D.O.C Rosé (New)	✓	✓													

	DOES IT CONTAIN?													PLEASE NOTE	
	Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans		Molluscs
<b>RED WINE</b>															
Chianti Riserva D.O.C.G	✓	✓													Vegan
Malbec	✓	✓													
Merlot	✓	✓													
Montepulciano d'Abruzzo	✓	✓													
Nero d'Avola Shiraz	✓	✓													
Pinot Noir	✓	✓													
Primitivo	✓	✓													
<b>ROSÉ WINE</b>															
Pinot Grigio Blush	✓	✓													
Provence Rosé	✓	✓													
<b>NON-ALCOHOLIC REFRESHMENT</b>															
Elderflower & Mint Sparkle															Suitable for vegans if served without lemon
Raspberry Sparkle															Suitable for vegans if served without lime
Red Berry Still Sicilian Lemonade (New)															
Sicilian Still Lemonade (New)															

	DOES IT CONTAIN?													PLEASE NOTE	
	Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans		Molluscs
<b>ITALIAN COCKTAILS &amp; SPRITZERS</b>															
Aperol Spritz	✓	✓													Suitable for vegans if served without orange
Campari G&T (New)	✓														
Classic Spritzer - Red Wine	✓	✓													Suitable for vegans if served without lemon
Classic Spritzer - Rosé Wine	✓	✓													
Classic Spritzer - White Wine	✓	✓													
Espresso Martini	✓														Vegan
Hugo (New)	✓	✓													Suitable for vegans if served without lemon
Negroni (New)	✓	✓													Suitable for vegans if served without orange
<b>GIN &amp; FEVER-TREE</b>															
Classic G&T	✓														Suitable for vegans if served without lime
Garden G&T	✓														Vegan
<b>FREEGLIDER &amp; FEVER-TREE</b>															
Classic Freeglider (New)															Suitable for vegans if served without lime
Elderflower Freeglider (New)															Vegan

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

### TEA & COFFEE

Americano		✓													Suitable for vegans if made with soya milk
Baileys Latte (New)	✓	✓													
Bambinoccino		✓													Suitable for vegans if made with soya milk
Cappuccino		✓													
Espresso															Vegan
Hazelnut Latte (New)		✓	*	*				*		*					Suitable for vegans if made with soya milk *May contain
Hot Chocolate		✓													Suitable for vegans if made with soya milk
Irish Coffee	✓	✓													
Latte		✓													Suitable for vegans if made with soya milk
Macchiato		✓													
Mocha		✓													
Tea															Vegan

### INGREDIENTS

Chocolate Dusting															Vegan
Chocolate Powder															
Hazelnut Syrup (New)			*	*	*			*		*					Vegan / *May contain
Pomegranate Syrup (New)															Vegan
Soya Milk								✓							



# Drinks

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

## SOFT DRINKS

Acqua Panna Still Mineral Water															Suitable for vegans if served without lemon
Appletiser															Vegan
Bottlegreen Elderflower Pressé															
Bottlegreen Raspberry Lemonade															
Cawston Press Kids' Blend															
Coca-Cola Classic														Suitable for vegans if lemon is removed	
Coca-Cola Zero Sugar															
Diet Coke															
Elderflower Cordial														Vegan	
Fanta															
Fever-Tree Refreshingly Light Elderflower Tonic															
Fever-Tree Refreshingly Light Tonic Water Mediterranean															
Robinsons Orange		✓													
Robinsons Apple & Blackcurrant		✓													

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

**SOFT DRINKS**

San Pellegrino Aranciata Rossa															Suitable for vegans if served without orange
San Pellegrino Limonata															Vegan
San Pellegrino Sparkling Mineral Water															Suitable for vegans if served without lemon
Schweppes Indian Tonic Water															
Schweppes Mixer - Lemonade															
Schweppes Mixer - Soda Water															
Schweppes Slimline Tonic Water															
Schweppes Soda PET														Vegan	
Sprite No Sugar														Suitable for vegans if served without lemon	