



Allergen Information

Northern Ireland

20th September 2022 V1

We want all of our customers to feel comfortable requesting allergen and dietary information when dining with us. Every pizzeria has a copy of the **Allergen Information** on hand - *this very guide*. Alternatively, please scan the QR code below or the QR code found at the bottom of our menus to check the information online.

Additional **Nutritional Information**, including carbohydrates, protein, fibre and other values, can be checked online too.

If you have other questions regarding our ingredients or would like to see more information listed in this guide, please do get in touch via <https://www.pizzaexpress.com/help-and-contact>.

If you do not have an internet connected device on you, please ask a member of our team. We will be happy to provide you with the information.

Scan for allergen & nutritional information



At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you or someone you care about.

Please note that our menu descriptors do not include all ingredients or allergens. Even if you have chosen the item previously, please make sure that you check the *Allergen Information* each time you visit and always inform your waiter of your allergy, intolerance or dietary requirements when ordering. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Regional variations may apply.

DELIVERY

When placing orders via our delivery platforms, we are sorry but we are unable to cater for specific allergies or dietary requirements. However, we will happily cater for your requirements at our pizzerias, so please come and dine in with us.

HOW TO USE THIS GUIDE

Our dishes, ingredients and drinks are listed in rows on the left-hand side. If a dish contains an allergen in its ingredients, a '✓' is displayed on the row in the corresponding allergen column. The '✓' indicates that the allergen is contained in the dish. If a '*' is displayed on the menu item row, it refers to ingredients which are produced in a factory with this allergen present and we have deemed that there is a significant risk of contamination.

As our suppliers handle numerous ingredients and allergens, and our dishes are handmade in our busy kitchens, unfortunately, we cannot guarantee that they are 100% free of allergens or contaminants.

NB. In the *'Ingredients'* section of this guide, we do not list any ingredients which are unadulterated, e.g. eggs, tomatoes, lemons, peppers, oregano, coffee beans, etc.

In accordance with the *EU Food Information Regulation*, we declare the main fourteen allergens.

GLUTEN-FREE

All of our pizza toppings are gluten-free; therefore all of our Romana and Classic recipes can be ordered on our unique, classic-sized, gluten-free base, made in our gluten-free bakery. If your gluten-free pizza is not served to you on a black board, please check this with a member of our team.

Our Dough Balls 'PizzaExpress' are also available gluten-free. Our loose penne pasta is made with rice flour and therefore suitable for a gluten-free diet. To reduce the risk of cross-contamination, we only use loose gluten-free rice flour in our kitchens as well.

We offer a wider selection of gluten-free dishes which are marked as '**GF**' on our menus, as accredited by *Coeliac UK*. Gluten-free describes foods that contain gluten at a level of no more than 20 parts per million (20ppm).

VEGAN & VEGETARIAN

We are very excited to bring you a specific **Vegan Menu** which lists all our dishes and drinks that are suitable. You will notice that not all of our dishes are listed. We have chosen the selected dishes, since appropriate controls have been implemented to make them suitable.

Your dietary requirements are of the utmost importance to us. Items marked as '**V**' are made with vegetarian ingredients, and items marked as '**Ve**' are made with vegan ingredients. We hope you enjoy our Vegan Mozzarella Alternative which is made with sprouted Italian brown rice. It is free from gluten, soybeans, nuts, preservatives, palm oil and is suitable for those with a reduced-dairy diet.

We work regularly with our suppliers to reduce cross-contamination, however, it is not always possible to completely eliminate those risks.

We follow the *Vegan Society* and the *Food Information Regulation* guidance. Therefore, where a risk of cross-contamination with any products of animal origin has been identified, this is marked in this guide with a '*'.

When dining with us...

Please feel comfortable requesting any information on allergens or dietary requirements when dining with us, and let our team know while ordering your meal.

You will be provided with this guide, which declares 22 allergens contained in our recipes and ingredients. If you prefer to check the information online, please scan the QR code found in this guide or on our menus.

Our team will be happy to assist you in navigating the guide if needed. Our Pizzaiolo will receive your order and prepare your meal taking all the necessary precaution.

Once you have chosen a suitable meal, your order will be taken and your requirements will be entered on our hand-held device or on the till. Please note that our team cannot tell you what is suitable for you to eat or drink.

Your allergen-free dish will be called out by our team when you are being served.

You enjoy your meal knowing that it has been made safely and with passion.



Scan for allergen & nutritional information



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

APPETISERS, DOUGH BALLS, STARTERS & SIDES

Brocolini														✓	✓	✓	
Bruschetta Originale 'PizzaExpress'	✓				✓ Wheat									✓			Suitable for vegans if Garlic Butter and Pesto are removed
Buffalo Mozzarella & Tomato	✓													✓		✓	
Calamari	✓ In Dip	*	*	✓	✓ Wheat	✓ In Dip		✓ In Dip	✓ In Dip								* May contain
Chilli King Prawns	✓		✓		✓ Wheat												
Dough Balls Al Forno	✓				✓ Wheat									✓			
Dough Balls Doppio	✓				✓ Wheat			✓ In BBQ Sauce						✓			Suitable for coeliacs if served with gluten-free Dough Balls
Dough Balls 'PizzaExpress'	✓				✓ Wheat									✓			
Dynamite Dough Balls (New)	✓				✓ Wheat									✓			
Garlic Bread with Mozzarella	✓				✓ Wheat									✓			
Garlic Bread with Vegan Mozzarella Alternative					✓ Wheat									✓	✓		
Gluten-Free Dough Balls	✓													✓		✓	Suitable for vegans if served with one of the vegan dip options on our menu instead of Garlic Butter
Halloumi Bites	✓													✓		✓	



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APPETISERS, DOUGH BALLS, STARTERS & SIDES

Lemon & Herb Chicken Wings (served with House Dressing)								✓ In Dressing								✓	
Loaded Pesto Dough Balls	✓				✓ Wheat									✓			Suitable for coeliacs if served with gluten-free Dough Balls
Marinated Green Olives														✓	✓	✓	
Mixed Salad								✓ In Dressing						✓	✓	✓	
Mushroom Arancini (New)	✓				✓ Wheat								✓				
Parmentier Potatoes														✓	✓	✓	
Polenta Chips	✓ Gran Milano	*	*	*	✓ Wheat	*		✓ In Dressing						✓			* May contain
Pollo Milanese	✓				✓ Wheat			*									
Raw Slaw								✓						✓	✓	✓	
Slow-Roasted Tomatoes														✓	✓	✓	
Vegan Dough Balls 'PizzaExpress'					✓ Wheat									✓	✓		
Vegan Dough Balls Doppio					✓ Wheat			✓ In Houmous						✓	✓		Suitable for coeliacs if served with gluten-free Dough Balls



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SALADS

Beetroot & Goat's Cheese	✓				✓ Wheat, Barley & Spelt	✓		✓ In Dressing	*					✓			* May contain
Grand Chicken Caesar	✓ In Dressing and Gran Milano	✓ Anchovies in dish and in Dressing			✓ Wheat in Croutons	✓ In Anchovies	✓ Fresh in dish and in Dressing	✓ In Dressing									Suitable for coeliacs if Croutons are removed
Niçoise		✓ Tuna & Anchovies					✓	✓ In Dressing								✓	
Vegan Nourish Bowl					✓ Wheat, Barley & Spelt	✓	✓ In Houmous		*					✓	✓		* May contain

AL FORNO

Cannelloni	✓	*	*	*	✓ Wheat		✓	*	*	✓	*	*		✓			
Carbonara 'PizzaExpress' (New)	✓				✓ Wheat		*	*	✓								* May contain
Lasagna Classica	✓	*	*	*	✓ Wheat		✓	*	*		✓	*					
'Nduja & Buffalo Mozzarella Linguine	✓				✓ Wheat		*										
Peperonata														✓	✓	✓	
Pollo Pesto	✓								✓							✓	Made with gluten-free Penne Pasta
Zucchini Linguine					✓ Wheat		*							✓			* May contain



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LUNCH MENU

PIZZA WRAPS

American Hot	✓			✓ Wheat	✓												
Padana	✓			✓ Wheat										✓			
Pollo ad Astra	✓			✓ Wheat	*												*May Contain
Pulled Beef & Cheese (New)	✓			✓ Wheat & Barley													Beef contains Barley Malt Vinegar
Sloppy Vegan (New Recipe)				✓ Wheat										✓	✓		Quorn® is made with mycoprotein

SALADS

Baby Caesar	✓ In Dressing and Gran PizzaExpress	✓ Anchovies in dish and in Dressing		✓ Wheat in Croutons	✓ In Anchovies	✓ In Dressing		✓ In Dressing									Suitable for coeliacs if Croutons are removed
Grains & Greens				✓ Wheat, Barley & Spelt in Mixed Grains	✓ In Dressing and Mixed Grains		✓ In Houmous		* In Mixed Grains					✓	✓		*May Contain

The Allergen Information displayed on this page details exclusive 'Lunch Menu' dishes only. Additional Starters and Sides can be found in the respective section above. Allergen Information for Dips and Drinks can be found in the Ingredients and Drinks sections below, respectively. Please ask a member of our team if you have any questions. We will be happy to help you navigate around this guide.



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PIZZA																		
American	✓				✓ Wheat													Suitable for coeliacs on a gluten-free base
American Hot	✓				✓ Wheat	✓ In Hot Green Peppers												
American Jack (with Mozzarella)	✓				✓ Wheat									✓				
BBQ Beef	✓				✓ Wheat & Barley				✓									Beef contains Barley Malt Vinegar Suitable for coeliacs on gluten-free base
Calabrese	✓				✓ Wheat													
Calzone 'Nduja	✓				✓ Wheat	✓ In Hot Green Peppers			✓ In Dressing									
Duo Romana	Due to the nature of this pizza, we cannot guarantee any allergen or dietary requirements.																	
Fiorentina	✓				✓ Wheat		✓								✓			Suitable for coeliacs on a gluten-free base
Funghi di Bosco (New)	✓				✓ Wheat									✓				
Garlic Prawn	✓		✓		✓ Wheat													
Hawaiian Hot (New) [Deliveroo Exclusive]	✓				✓ Wheat													



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PIZZA

La Reine	✓			✓ Wheat													
Margherita	✓			✓ Wheat										✓			Suitable for coeliacs on a gluten-free base
Padana	✓			✓ Wheat										✓			
Pollo ad Astra	✓			✓ Wheat	*												Suitable for coeliacs on a gluten-free base *May Contain in Cajun Spice
Pollo American [Deliveroo Exclusive]	✓			✓ Wheat													
Pollo Forza (New)	✓			✓ Wheat													
Potato & Pancetta	✓			✓ Wheat					✓								Suitable for coeliacs on a gluten-free base
Sloppy Giuseppe (New Recipe)	✓			✓ Wheat													
Smoky BBQ Chicken [Deliveroo Exclusive]	✓			✓ Wheat				✓									
Spicy Giuseppe (New)	✓			✓ Wheat													



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VEGAN PIZZA

American Jack (with Vegan Mozzarella Alternative)				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Calzone Orto				✓ Wheat				✓ In Dressing						✓	✓		
Sloppy Vegan (New Recipe)				✓ Wheat										✓	✓		Quorn® is made with mycoprotein / Suitable for coeliacs on a gluten-free base
Vegan ad Astra				✓ Wheat	*									✓	✓		Quorn® is made with mycoprotein / Suitable for coeliacs on a gluten-free base *May Contain in Cajun Spice
Vegan American Hot				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Vegan Forza (New)				✓ Wheat										✓	✓		Quorn® is made with mycoprotein / Suitable for coeliacs on a gluten-free base
Vegan Funghi di Bosco (New)				✓ Wheat										✓	✓		
Vegan Giardiniera				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Vegan Margherita				✓ Wheat										✓	✓		
Vegan Padana				✓ Wheat										✓	✓		



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LEGGERA PIZZA

Leggera American Hot	✓				✓ Wheat	✓ In Hot Green Peppers		✓ In Dressing									
Leggera Gamberetti			✓		✓ Wheat			✓ In Dressing									
Leggera Padana	✓				✓ Wheat			✓ In Dressing						✓			
Leggera Pollo ad Astra	✓				✓ Wheat	*		✓ In Dressing									*May Contain in Cajun Spice
Leggera Pomodoro	✓				✓ Wheat			✓ In Dressing						✓			
Leggera Quattro Verdure					✓ Wheat			✓ In Dressing						✓	✓		



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HERITAGE PIZZA

American Hottest	✓			✓ Wheat	✓													Suitable for coeliacs on a gluten-free base	
Capricciosa	✓	✓		✓ Wheat		✓													
Caprina	✓			✓ Wheat										✓					
Etna [Deliveroo Exclusive]	✓			✓ Wheat															
Formaggi	✓			✓ Wheat										✓					
Four Seasons	✓	✓		✓ Wheat															
Napoletana [Deliveroo Exclusive]	✓	✓		✓ Wheat															
Neptune		✓		✓ Wheat															
Niçoise	✓	✓		✓ Wheat		✓													
Pollo con Funghi	✓			✓ Wheat					✓										
Pomodoro Pesto V2	✓			✓ Wheat										✓					
Rustichella	✓	✓ In Dressing		✓ Wheat		✓ In Dressing		✓ In Dressing											
Siciliana	✓	✓		✓ Wheat															
Soho	✓			✓ Wheat										✓					



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DESSERTS, GELATO & SORBET

Apple & Salted Caramel Dough-lectable (served with Vanilla Gelato)	✓			✓ Wheat		*							* In Gelato	✓			*May Contain
Billionaire's Truffle Sundae (New)	✓			✓ Wheat, Barley					✓				*	✓			Pasteurised milk *May Contain
Caramel & Chocolate Cheesecake (served with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓			✓			*	*	✓			Pasteurised milk and eggs *May Contain
Chocolate Brownie (served with Vanilla Gelato)	✓				*	✓			✓			*	*	✓		✓	
Chocolate Fudge Cake (with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓							* In Gelato	✓			Unpasteurised eggs in cake / Pasteurised milk in choices *May Contain
Chocolate Gelato	✓					*			✓ In Chocolate Straw				*	✓		✓	Pasteurised milk *May Contain
Coconut Sorbet													*	✓	✓	✓	*May Contain
Fruits of the Forest Sundae (New)	✓					✓ In Meringue			*				*	✓		✓	Pasteurised milk and eggs *May Contain
Raspberry Sorbet													*	✓	✓	✓	*May Contain
Red Berry & White Chocolate Cheesecake	✓			✓ Wheat					✓			*	*				Pasteurised milk / Contains beef gelatine *May Contain
Salted Caramel Gelato	✓					✓			✓ In Chocolate Straw				*	✓		✓	Pasteurised milk and egg *May Contain
Tiramisu	✓			✓ Wheat		✓			*				*	✓			Pasteurised milk and eggs *May Contain
Vanilla Gelato	✓					*			✓ In Chocolate Straw				*	✓		✓	Pasteurised milk *May Contain

Dishes

DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

DOLCETTI (not including Drinks)

Caffè Reale	✓					✓ In Figs								✓		✓	
Chocolate Brownie	✓					*	✓		✓			*	*	✓		✓	
Gelato Sandwich (New)	✓				✓ Wheat		*	*	*	*		*	*	✓			* May Contain
Ginger & Pumpkin Cake (New)	*					*							*	✓	✓	✓	



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PICCOLO STARTERS

Dough Balls with Garlic Butter	✓			✓ Wheat										✓			
Dough Balls with Houmous				✓ Wheat			✓ In Houmous							✓	✓		
Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar				✓ Wheat	✓ In Vinegar									✓	✓		
GF Dough Balls with Garlic Butter	✓													✓		✓	
GF Dough Balls with Houmous							✓ In Houmous							✓	✓	✓	
GF Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar					✓ In Vinegar									✓	✓	✓	
Piccolo Salad														✓	✓	✓	

PICCOLO PIZZA

American	✓			✓ Wheat													
La Reine	✓			✓ Wheat													
Margherita / Margherita with Light Mozzarella	✓			✓ Wheat										✓			Suitable for coeliacs on a gluten-free base
Pollo	✓			✓ Wheat													
Quorn®				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base Quorn® is made with mycoprotein



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PICCOLO PASTA																		
Bianca	✓								✓						✓		✓	
Bolognese											✓						✓	
Napoletana	✓								✓						✓		✓	
PICCOLO SALAD																		
Pollo Milanese	✓				✓ Wheat			*										* May Contain
PICCOLO DRINKS																		
Bambinoccino	✓														✓		✓	
Cawston Press Kids' Drink															✓	✓	✓	
PICCOLO DESSERTS																		
Chocolate Brownie	✓					*	✓		✓				*	*	✓		✓	Pasteurised milk and eggs * May Contain
Ice Cream Sandwich	✓				✓ Wheat		*	*	*	*			*	*	✓			Pasteurised milk * May Contain
Piccolo Sundae with Vanilla Gelato and Baby Cone	✓				✓ Wheat in Baby Cone				✓ In Baby Cone					*	✓			Suitable for coeliacs without the Baby Cone
Piccolo Sundae with Raspberry Sorbet and Baby Cone					✓ Wheat in Baby Cone				✓ In Baby Cone					*	✓	✓		* May Contain
Pip Organic Fruity Ice Lolly															✓	✓	✓	
Pip Organic Rainbow Ice Lolly															✓	✓	✓	

Dishes

DISH	SUITABLE FOR A REDUCED-DAIRY DIET
Marinated Green Olives	No changes needed
Slow-Roasted Tomatoes	
Broccolini	No changes needed
Bruschetta Originale	Remove Garlic Butter and Basil & Pine Kernel Pesto
Calamari	Remove Garlic & Herb Dip
Dynamite Dough Balls (New)	Remove Garlic & Herb Dip
Garlic Bread	Remove Garlic Butter, add Garlic Oil on the side
Garlic Bread with Vegan Mozzarella Alternative	No changes needed
Lemon & Herb Chicken Wings	
Mixed Salad	Remove Gran PizzaExpress
Polenta Chips	
Raw Slaw	No changes needed
Rucola	Remove Gran PizzaExpress
Beetroot & Goat's Cheese	Remove Goat's Cheese
Grand Chicken Caesar	Remove Caesar Dressing and Gran PizzaExpress
Niçoise	No changes needed
American	Remove Mozzarella, add our Vegan Mozzarella Alternative
American Hot (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
American Jack (V)	Remove Mozzarella, add our Vegan Mozzarella Alternative
BBQ Beef	
Calzone Orto	No changes needed
Fiorentina	Remove Mozzarella and Gran PizzaExpress, add our Vegan Mozzarella Alternative
La Reine	Remove Mozzarella, add our Vegan Mozzarella Alternative
Leggera Gamberetti	No changes needed
Leggera Pomodoro	Remove Light Mozzarella, add our Vegan Mozzarella Alternative
Leggera Quattro Verdure	No changes needed

DISH	SUITABLE FOR A REDUCED-DAIRY DIET
Margherita	Remove Mozzarella, add our Vegan Mozzarella Alternative
Padana (including Leggera)	Remove Goat's Cheese and Mozzarella, add our Vegan Mozzarella Alternative
Pollo ad Astra (including Leggera)	Remove Light Mozzarella, add our Vegan Mozzarella Alternative
Pollo Forza (New)	Remove Mozzarella and Gran PizzaExpress, add our Vegan Mozzarella Alternative
Sloppy Giuseppe (New Recipe)	Remove Mozzarella, add our Vegan Mozzarella Alternative
Spicy Giuseppe (New)	Remove Mozzarella, add our Vegan Mozzarella Alternative
HERITAGE: Capricciosa, Four Seasons, Napoletana, Niçoise Pizza and Siciliana	Remove Mozzarella, add our Vegan Mozzarella Alternative
HERITAGE: Neptune	No changes needed
Peperonata	No changes needed
Zucchini Linguine	
Ginger & Pumpkin Cake	No changes needed
Sorbets	No changes needed
DISH	PICCOLO MENU
Piccolo Dough Balls (with Houmous)	No changes needed
Piccolo Dough Balls (with Extra Virgin Olive Oil and Balsamic Vinegar)	
Piccolo Bolognese	No changes needed
Piccolo Napoletana	Remove Béchamel
Piccolo American	Remove Mozzarella, add our Vegan Mozzarella Alternative
Piccolo La Reine	
Piccolo Margherita	
Piccolo Pollo	No changes needed
Piccolo Quorn®	

Ingredients

DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Anchovies (Brown)		✓														✓	
Anchovies (White)		✓				✓										✓	
Artichokes														✓	✓	✓	
Baby Cones				✓ Wheat					✓					✓	✓		
Baby Figs					✓									✓	✓	✓	Figs marinated in wine syrup
Balsamic Dressing					✓									✓	✓	✓	
Balsamic Vinegar					✓									✓	✓	✓	
Basil & Pine Kernel Pesto	✓													✓		✓	Pasteurised cheese
BBQ Chicken [Deliveroo Exclusive]								✓								✓	
Béchamel	✓								✓					✓		✓	Pasteurised milk
Beef – Slow Cooked / Pulled				✓ Barley												✓	Contains Barley Malt Vinegar
Beetroot – Roasted														✓	✓	✓	
Black Olives														✓	✓	✓	Pitted
Bolognese Sauce Mix (Piccolo)											✓					✓	
Broccoli – Tenderstem®														✓	✓	✓	
Bruschetta Mix														✓	✓	✓	Prepared in-house
Buffalo Mozzarella	✓													✓		✓	Pasteurised buffalo milk

Ingredients

DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Caesar Dressing	✓	✓				✓		✓								✓	Unpasteurised Parmesan cheese / Pasteurised eggs
Cajun Spice					*									✓	✓	✓	*May contain
Calabrese Sausage																✓	
Calamari (ingredient)	*	*	*	✓	✓ Wheat	*			*								*May contain
Cannelloni (ingredient)	✓	*	*	*	✓ Wheat	✓	*	*	*		*		*	✓			Pasteurised milk and eggs *May contain
Capers														✓	✓	✓	
Caramelised Onion														✓	✓	✓	
Carlo / Starspray														✓	✓	✓	Emulsion based on vegetable oil
Cheddar Cheese	✓													✓		✓	Pasteurised milk
Chicken Breast																✓	
Chicken Goujons	✓				✓ Wheat			*									*May contain
Chicken Wings – Lemon & Herbs (ingredient)																✓	
Chocolate Brownie (ingredient)	✓					*	✓		✓			*	*	✓		✓	Pasteurised milk and eggs *May contain
Chocolate Fudge Cake (ingredient)	*				✓ Wheat		✓		*					✓			Unpasteurised eggs *May contain
Chocolate Icing (for Choc Fudge Cake)	*													✓		✓	*May contain
Chocolate Sauce														✓	✓	✓	

Ingredients

DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Chocolate Straws	*								✓					✓		✓	*May contain
Coconut Sorbet (ingredient)													*	✓	✓	✓	*May contain
Courgettes – Char-grilled														✓	✓	✓	
Croutons				✓ Wheat										✓	✓		
Double Cream	✓													✓		✓	Pasteurised
Dough – Dough Sticks				✓ Wheat										✓	✓		
Fruit Coulis														✓	✓	✓	
Garlic Butter	✓			*										✓			Gluten-free option available Prepared in-house / Pasteurised *May contain
Garlic & Herb Dip (New)	✓					✓		✓	✓					✓		✓	
Garlic Oil														✓	✓	✓	Prepared in-house
Gelato Chocolate (ingredient)	✓					*							*	✓		✓	
Gelato Salted Caramel (ingredient)	✓					✓							*	✓		✓	Pasteurised milk *May contain
Gelato Sandwich (New)	✓			✓ Wheat		*		*	*	*		*	*	✓			
Gelato Vanilla	✓					*							*	✓		✓	
Ginger & Pumpkin Cake (New)	*					*							*	✓	✓	✓	*May contain



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Gluten-free Bases (Classic & Piccolo)														✓	✓	✓	
Gluten-free Dough Balls (ingredient)														✓	✓	✓	
Gluten-free Flour														✓	✓	✓	White rice flour
Goat's Cheese	✓													✓		✓	Pasteurised goat's milk
Gran Milano [Hard Cheese]	✓													✓		✓	Pasteurised milk
Ground Beef – Spiced [for Sloppy & Spicy Giuseppe]																✓	
Halloumi Bites (ingredient)	✓													✓		✓	Pasteurised milk
Ham																✓	
Honey & Mustard Dressing								✓						✓		✓	
Hot Green Peppers					✓									✓	✓	✓	
Hot & Sweet Chilli Peppers														✓	✓	✓	
Houmous							✓							✓	✓	✓	
House Dressing								✓						✓	✓	✓	
Icing Sugar						*								✓	✓	✓	*May contain
Italian Tomato Dip/Sauce														✓	✓	✓	Prepared in-house
Jackfruit Pepperoni														✓	✓	✓	

Ingredients

DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Jalapeño Peppers														✓	✓	✓	
Linguine Pasta				✓ Wheat		*		*	*					✓			*May contain
King Prawns (ingredient)			✓													✓	
Lasagna (ingredient)	✓	*	*	*	✓ Wheat	✓	*	*	*		✓		*				Pasteurised milk and eggs *May contain
Light Mozzarella	✓													✓		✓	Pasteurised milk
Lotus Biscoff Biscuits				✓ Wheat					✓					✓	✓		
Marinated Green Olives (ingredient)														✓	✓	✓	
Mascarpone	✓													✓		✓	Pasteurised cream
Meringue Kisses (New)	*					✓			*				*	✓		✓	Pasteurised eggs *May contain
Mixed Grains				✓ Wheat, Barley & Spelt	✓				*					✓	✓		*May contain
Mozzarella	✓													✓		✓	Pasteurised milk
Mushroom Arancini (New) – (ingredient)	✓			✓ Wheat										✓			Pasteurised milk
'Nduja Sausage																✓	
Oil – Blended														✓	✓	✓	Blend of sunflower and extra virgin olive oils
Oil – Extra Virgin Olive														✓	✓	✓	

Ingredients

DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Pancetta Lardons (New)																✓	
Pancetta – Sliced																✓	
Penne Pasta														✓	✓	✓	
Pepperoni																✓	
Pineapple Salsa (New) [Deliveroo Exclusive]														✓	✓	✓	
Polenta Chips (ingredient)	*	*	*	*	✓ Wheat		*							✓	✓		*May contain
Potato Cubes														✓	✓	✓	
Quorn® (ingredient)														✓	✓	✓	Quorn® is made with mycoprotein
Raspberry Sorbet													*	✓	✓	✓	*May contain
Raw Slaw Mix (ingredient)									✓					✓	✓	✓	Prepared in-house
Red Pepper & Chilli Dip (New)														✓	✓	✓	Prepared in-house
Roasted Peppers – Mixed Red & Yellow														✓	✓	✓	
Salted Caramel Sauce	✓													✓		✓	Pasteurised double cream
Salted Caramel Truffles (New)	✓				✓ Barley				✓				*	✓		✓	Pasteurised milk Barley < 20 ppm *May contain

Ingredients

DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Slow-Roasted Tomatoes (ingredient)														✓	✓	✓	
Smoked Chilli Powder														✓	✓	✓	
Sweet & Smoky BBQ Sauce / Dip								✓						✓		✓	
Sweet Red Peppers														✓	✓	✓	
Tabasco - Red														✓	✓	✓	
Tiramisu (ingredient)	✓			✓ Wheat		✓			*				*	✓			Pasteurised milk and eggs / Cake not baked *May contain
Tomato Sauce / Passata														✓	✓	✓	
Tuna		✓														✓	
Vegan Garlic & Parsley Spread Dip														✓	✓	✓	Prepared in-house
Vegan Mozzarella Alternative														✓	✓	✓	
Vegan Spread [Flora Original]														✓	✓	✓	
Whipped Cream	✓													✓		✓	UHT treated
White Chocolate Cheesecake (ingredient)	✓			✓ Wheat					✓			*	*				Pasteurised milk / Contains beef gelatine *May contain

Allergen Information

Drinks

Our allergen and suitability guide below details information on our drinks and ingredients. Unfortunately, it is not possible for us to guarantee our busy pizzerias are 100% allergen or contamination free.



DOES IT CONTAIN?													PLEASE NOTE		
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

BEER & CIDER

Cornish Orchards Blush Cider	✓	✓													Vegan
Cornish Orchards Gold Cider	✓	✓													
Fuller's Organic Honey Dew Golden Ale	✓			✓ Barley											Vegan
Gluten-free Peroni Nastro Azzurro	✓														
Meantime Anytime IPA	✓			✓ Barley											
Peroni Gran Riserva	✓			✓ Barley											
Peroni Nastro Azzurro	✓			✓ Barley											
Peroni Nastro Azzurro 0.0 [non-alcoholic]				✓ Barley											



DOES IT CONTAIN?													PLEASE NOTE		
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SPIRITS & LIQUEURS

Amaretto	✓															
Aperol	✓	✓														Vegan
Bacardi	✓															
Baileys	✓				✓											
Campari	✓															
Chambord	✓															
Courvoisier	✓															Vegan
Elderflower Liqueur (St-Germain)	✓															
FreeGlider – Sipsmith																Non-alcoholic Spirit (ABV <0.5%) Vegan
Glenfiddich	✓															
Hennessy	✓															
Jack Daniel's	✓															Vegan
Jameson	✓															
Ketel One Vodka	✓															
Limoncello	✓															
Pimm's	✓	✓														
Sipsmith Dry Gin	✓															Vegan
Tia Maria	✓															



	DOES IT CONTAIN?													PLEASE NOTE		
	Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans		Molluscs	Mustard
WHITE WINE																
Grecanico Chardonnay	✓	✓														Vegan
Picpoul de Pinet	✓	✓														
Pinot Grigio	✓	✓														
Soave	✓	✓														
PROSECCO																
Prosecco	✓	✓														Vegan
Prosecco D.O.C. Rosé	✓	✓														
ROSÉ WINE																
Pinot Grigio Blush	✓	✓														Vegan
Provence Rosé	✓	✓														
RED WINE																
Chianti Riserva G.O.C.G.	✓	✓														Vegan
Malbec	✓	✓														
Marche Rosso	✓	✓														
Merlot	✓	✓														
Montepulciano d'Abruzzo	✓	✓														
Nero d'Avola Shiraz	✓	✓														
Primitivo	✓	✓														



DOES IT CONTAIN?													PLEASE NOTE		
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

COCKTAILS & SPRITZERS

Aperol Spritz	✓	✓													Suitable for vegans if served without orange
Berry Mojito (New)	✓														Suitable for vegans if served without lime
Classic Spritzer (Red, Rosé or White Wine)	✓	✓													Suitable for vegans if served without lemon
Espresso Martini	✓														Vegan
Hugo	✓	✓													Suitable for vegans if served without lemon
Pornstar Martini	✓	✓ In Prosecco													Vegan

GIN & FEVER-TREE

Bramble G&T (New)	✓														Vegan
Classic G&T	✓														Suitable for vegans if served without lime
Garden G&T	✓														Vegan

MINDFUL REFRESHMENT

Classic Free & T															Suitable for vegans if served without lime
Elderflower & Mint Sparkle															Suitable for vegans if served without lemon
Ginger & Blackberry Sparkle (New)															Suitable for vegans if served without orange
No.1 Living Ginger Kombucha															Vegan / Unpasteurised
Raspberry Sparkle															Suitable for vegans if served without lime
White Peach Sparkling Spirulina (New)															Vegan



DOES IT CONTAIN?													PLEASE NOTE		
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SOFT DRINKS & JUICES

Acqua Panna Still Mineral Water															Suitable for vegans if served without lemon
Apple Juice															Vegan
Appletiser															
Bottlegreen Elderflower Pressé															
Bottlegreen Raspberry Lemonade															
Bramble Cordial (New)															
Cawston Press Kids' Drink															
Coco-Cola Classic															Suitable for vegans if served without lemon
Coco-Cola Zero Sugar															
Diet Coke															
Fanta															Vegan
Fever-Tree Elderflower Tonic															
Fever-Tree Refreshingly Light Tonic															Suitable for vegans if served without lemon



DOES IT CONTAIN?													PLEASE NOTE		
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SOFT DRINKS & JUICES

Fever-Tree Tonic Water Mediterranean															Suitable for vegans if served without lemon
Fever-Tree Ginger Ale (New)															Vegan
Red Berry Sicilian Still Lemonade															
Robinsons Orange		✓													Vegan
Robinsons Apple & Blackcurrant		✓													
San Pellegrino Aranciata Rossa															Suitable for vegans if served without orange
San Pellegrino Limonata															Vegan
San Pellegrino Sparkling Mineral Water															Suitable for vegans if served without lemon
Schweppes Lime Cordial		✓													Vegan
Schweppes Mixer – Lemonade															
Schweppes Mixer – Soda Water															Suitable for vegans if served without lemon
Sicilian Still Lemonade															
Sprite – No Sugar															Vegan



DOES IT CONTAIN?													PLEASE NOTE		
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide / Sulphites	Milk / Dairy	Cereals Containing Gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

COFFEE & TEA

Americano			✓												Suitable for vegans if made with soya milk
Bambinoccino			✓												
Baileys Latte	✓		✓												
Cappuccino			✓												
Espresso															
Espresso Martini	✓														Vegan
Flat White			✓												
Hot Chocolate			✓												
Latte			✓												Suitable for vegans if made with soya milk
Macchiato			✓												
Mocha			✓												
Tea															Vegan

INGREDIENTS

Chocolate Dusting																
Chocolate Powder																
Soya Milk								✓								Vegan
Strawberry Syrup																