



Allergen Information

21st June 2021 **VI.1**

PIZZERIA

At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you or someone you care about.

Please note that our menu descriptors do not include all ingredients or allergens. Even if you have chosen the item previously, please make sure that you check the allergen information each time you visit and always inform your waiter of your allergy, intolerance or dietary requirements when ordering. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Regional variations may apply.

HOW TO USE THIS GUIDE

Our menu items are listed in rows on the left-hand side. If a menu item contains an allergen in its ingredients, a '✓' is displayed on the menu row in the corresponding allergen column. The '✓' indicates that allergen is contained in the menu item. If a '*' is displayed on the menu item row, it refers to ingredients which are produced in a factory with this allergen present and we have deemed that there is a significant risk of contamination.

NB. In the 'Ingredients' section of this guide, we do not list any ingredients which are unadulterated, e.g. eggs, tomatoes, peppers, oregano, passion fruit, etc.

In accordance with the EU Food Information Regulation, we declare the main fourteen allergens. We also declare a further eight allergens as per the most frequently requested by our customers.

We want all of our customers to feel comfortable requesting allergen and dietary information when dining with us. Every restaurant has a copy of the Allergen Information on hand, just ask! Alternatively, scan the QR code at the bottom of our menu or on the 'toblerone' to see the information online.

If you have an allergy which is not listed among the twenty-two allergens within this guide, you may check the 'Full Ingredient List' online on our website: www.pizzaexpress.com

Information on calories, carbohydrates and other nutritional values can also be found online on our website. If you don't have an internet connected device on you, ask a member of the team. We will be happy to provide you with the information.

If you have other questions regarding our ingredients or would like to see more information listed on this document, please do get in touch via our Help & Feedback page: www.pizzaexpress.com/help-and-contact



GLUTEN-FREE:

All of our pizza toppings are gluten-free, therefore all of our Romana and Classic recipes can be ordered on our unique, classic-sized, gluten-free base, made in our gluten-free bakery. If your gluten-free pizza is not served to you on a black board, please check this with a member of the team.

Our Dough Balls are also available gluten-free. We offer a wider selection of gluten-free dishes as accredited by Coeliac UK. Gluten-free describes foods that contain gluten at a level of no more than 20 parts per million (20ppm).

VEGETARIAN AND VEGAN:

We are very excited to bring you a specific Vegan Menu which lists all our dishes and drinks that are suitable. Please ask our teams. With regards to our Vegan Menu, you will notice that not all of our dishes are listed. We have chosen the selected dishes, since appropriate controls have been implemented to make them suitable. Your safety is of the utmost importance to us. Items marked as (V) are made with vegetarian ingredients, and items marked as (Ve) are made with vegan ingredients. We hope you enjoy our Vegan Mozzarella Alternative which is made with sprouted Italian brown rice. It is free from gluten, soybeans, nuts, preservatives, palm oil and is suitable for those with a dairy-reduced diet.

PINE KERNELS:

As from the Spring Menu 2020, we have added an allergen column for Pine Kernels in the 'Dish' and 'Ingredients' sections. Please note that ingredients and recipes which contained Pine Kernels on our previous menus were marked in the 'Tree Nuts' column of this guide. For your ease and with the appreciation that Pine Kernels are not nuts, we have now separated this out.

CONTAMINATION:

As our suppliers handle numerous ingredients and allergens, and our dishes are handmade in our busy kitchens, unfortunately, we cannot guarantee that they are 100% free of allergens or contaminants.



DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

APPETISERS, STARTERS AND SIDES

Bruschetta Originale 'PizzaExpress'	✓			✓ Wheat										✓ In Pesto	✓	✓	✓			✓	✓	✓				Suitable for vegans if Garlic Butter and Pesto are removed	
Buffalo Mozzarella & Tomato Salad	✓													✓ In Pesto	✓	✓ In Pesto					✓ In Pesto	✓		✓			
Calamari	✓ In Dressing	✓ In Dressing	✓	✓ Wheat		✓ In Dressing	✓ In Dressing									✓ In Dressing			✓ Vinegar	✓							
Dough Balls Al Forno (New)	✓			✓ Wheat																✓	✓	✓					
Dough Balls Doppio	✓			✓ Wheat					✓ In Smoky Tomato Harissa					✓ In Pesto	✓	✓			✓ Vinegar	✓	✓	✓					
Dough Balls 'PizzaExpress'	✓			✓ Wheat												✓				✓	✓	✓					Suitable for coeliacs if served with gluten-free Dough Balls
Dough Balls with Houmous				✓ Wheat			✓									✓				✓	✓	✓	✓				
Dough Balls with Smoky Tomato Harissa				✓ Wheat					✓ In Smoky Tomato Harissa						✓ In Smoky Tomato Harissa	✓			✓ Vinegar	✓	✓	✓	✓	✓			
Garlic Bread with Mozzarella	✓			✓ Wheat												✓				✓	✓	✓					
Garlic Bread with Vegan Mozzarella Alternative				✓ Wheat												✓			✓ Vinegar	✓	✓	✓	✓	✓			
Garlic King Prawns	✓		✓	✓ Wheat											✓	✓	✓			✓	✓						Suitable for coeliacs if served with gluten-free Dough Balls
Gluten-Free Dough Balls	✓															✓					✓	✓		✓			Suitable for vegans if Garlic Butter is substituted with Houmous or Smoky Tomato Harissa
Halloumi Bites	✓														✓	✓				✓	✓	✓		✓			
Hot Jalapeño Dough Balls (New)				✓ Wheat												✓	✓		✓ Vinegar	✓	✓	✓	✓				Suitable for coeliacs if served with gluten-free Dough Balls



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APPETISERS, STARTERS AND SIDES

Lemon & Herb Chicken Wings (with House Dressing - New Recipe)								√ In Dressing									√	√	√ Vinegar in Dressing	√				√	
Loaded Pesto Dough Balls (New)	√			√ Wheat										√		√	√			√	√	√			Suitable for coeliacs if served with gluten-free Dough Balls
Marinated Green Olives																	√	√			√	√	√		
Mixed Salad								√ In Dressing								√	√ In Dressing	√ In Dressing	√ Vinegar in Dressing	√ In Dressing			√	√	√
Polenta Chips	√ In Gran Milano			√ Wheat				√ In Dressing									√ In Dressing		√ Vinegar in Dressing	√ In Dressing	√	√			
Pollo Milanese (New)	√			√ Wheat										√ In Pesto		√	√	√		√	√				
Raw Slaw (New)								√									√	√	√ Vinegar	√			√	√	√
Ruola	√ Gran Milano					√ In Dressing													√ Vinegar				√		√
Slow-Roasted Tomatoes																√	√			√			√	√	√



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SALADS

Caprese & Prosciutto (New)	✓ Buffalo Mozzarella and in Pesto				✓ In Balsamic Dressing									✓ In Pesto	✓	✓	✓		✓ In Slow-roasted Tomatoes	✓ In Green Olives and in Pesto			✓		
Grand Chicken Caesar (New Recipe)	✓ In Dressing and Gran Milano	✓ Anchovies in dish and in Dressing		✓ Wheat in Croutons	✓ In Anchovies	✓ Fresh and in Dressing		✓ In Dressing							✓ In Dressing			✓ Vinegar in Dressing and Anchovies	✓ In Dressing	✓ In Chicken					Suitable for coeliacs if Croutons are removed
Niçoise (New Recipe)		✓ Tuna and Anchovies			✓ In Anchovies	✓		✓ In Dressing							✓ In Dressing	✓ In Dressing		✓ Vinegar in Dressing, Anchovies and Capers	✓ In Dressing				✓		
Pollo & Grain (New)				✓ Wheat	✓			✓ In Dressing							✓ In Dressing	✓	✓	✓ Vinegar in Dressing and Mixed Grains	✓ In Slow-roasted Tomatoes and in Dressing	✓ In Chicken					
Vegan Nourish Bowl (New)				✓ Wheat	✓		✓ In Houmous									✓		✓ Vinegar in Dressing	✓ In Houmous		✓	✓			



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AL FORNO

Bolognese	✓				✓						✓				✓	✓	✓	✓	✓	Vinegar			✓		
Cannelloni	✓			✓ Wheat		✓			✓							✓	✓	✓			✓				
Lasagna Classica	✓			✓ Wheat		✓					✓				✓	✓	✓								
Pea & Asparagus Risotto (New)																✓	✓	✓				✓	✓	✓	
Pollo Pesto	✓								✓					✓ In Pesto	✓		✓	✓						✓	



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PIZZA

American	✓			✓ Wheat											✓	✓				✓	✓					
American Hot	✓			✓ Wheat	✓ In Hot Green Peppers										✓	✓			✓ Vinegar	✓	✓					Suitable for coeliacs on a gluten-free base
BBQ Burnt Ends (New)	✓			✓ Wheat				✓	✓						✓	✓	✓		✓	✓						
Calabrese	✓			✓ Wheat									✓ In Pesto		✓	✓			✓ Vinegar in Hot & Sweet Chilli Peppers	✓	✓					
Calzone 'Nduja	✓			✓ Wheat	✓ In Hot Green Peppers			✓ In Dressing							✓	✓	✓ In Dressing		✓ In Peppers and in Dressing	✓	✓					
Calzone Verdure				✓ Wheat	✓			✓	✓						✓	✓	✓		✓ Vinegar	✓	✓	✓	✓			
Diavolo	✓			✓ Wheat	✓ In Hot Green Peppers										✓	✓	✓		✓ Vinegar in Peppers and Tabasco	✓	✓					
Fiorentina	✓			✓ Wheat		✓									✓	✓				✓	✓	✓				
Funghi di Bosco (New)	✓			✓ Wheat											✓	✓	✓			✓	✓	✓				Suitable for coeliacs on a gluten-free base
La Reine	✓			✓ Wheat											✓	✓	✓ In Ham			✓	✓					
Margherita	✓			✓ Wheat											✓					✓	✓	✓				



	DOES IT CONTAIN?																		ARE THESE SUITABLE FOR?			PLEASE NOTE					
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Padana	✓				✓ Wheat												✓	✓ Fresh and in Caramelised Onion	✓ Vinegar in Caramelised Onion	✓	✓	✓				Suitable for coeliacs on a gluten-free base	
Pollo ad Astra	✓				✓ Wheat	★											✓	✓	✓ Vinegar in Sweet Red Peppers	✓	✓					Suitable for coeliacs on a gluten-free base ★ May contain in Cajun Spice	
Pollo American	✓				✓ Wheat												✓	✓		✓	✓						
Pollo Forza	✓				✓ Wheat												✓	✓ In Smoked Chilli Powder	✓ Vinegar in Hot & Sweet Chilli Peppers	✓	✓						
Pollo Italiano (New)	✓				✓ Wheat				✓ In Béchamel					✓ In Pesto		✓ Slow-roasted Tomatoes	✓	✓			✓	✓					Suitable for coeliacs on a gluten-free base
Sloppy Giuseppe	✓				✓ Wheat											✓	✓			✓	✓						
Veneziana	✓				✓ Wheat										✓	✓	✓	✓ Vinegar in Capers	✓	✓	✓	✓					
Sloppy Vegan (New)					✓ Wheat												✓	✓	✓ Vinegar	✓	✓	✓	✓			Quorn™ is made with mycoprotein / Suitable for coeliacs on a gluten-free base	
Vegan Funghi di Bosco (New)					✓ Wheat											✓	✓	✓ Vinegar	✓	✓	✓	✓	✓				
Vegan Giardiniera					✓ Wheat											✓	✓	✓ Vinegar	✓	✓	✓	✓	✓				
Vegan Margherita					✓ Wheat											✓	✓	✓ Vinegar	✓	✓	✓	✓	✓			Suitable for coeliacs on a gluten-free base	
Vegan Padana					✓ Wheat											✓	✓	✓ Vinegar	✓	✓	✓	✓	✓				
Vegan Veneziana					✓ Wheat									✓		✓	✓	✓ Vinegar	✓	✓	✓	✓	✓				



	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs
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LEGGERA PIZZA

Leggera American	✓				✓ Spelt (wheat) & Barley				✓ In Dressing								✓	✓	✓ In Dressing	✓ Vinegar in Dressing	✓	✓				
Leggera American Hot	✓				✓ Spelt (wheat) & Barley	✓ In Hot Green Peppers			✓ In Dressing								✓	✓	✓ In Dressing	✓ Vinegar in Dressing and Peppers	✓	✓				
Leggera BBQ Burnt Ends (New)	✓				✓ Spelt (wheat) & Barley				✓	✓							✓	✓	✓	✓	✓	✓				
Leggera Diavolo	✓				✓ Spelt (wheat) & Barley	✓ In Hot Green Peppers			✓ In Dressing								✓	✓	✓	✓ Vinegar in Dressing, Peppers and Tabasco	✓	✓				
Leggera La Reine	✓				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓	✓ In Ham and Dressing		✓ In Dressing	✓ Vinegar in Dressing	✓	✓				
Leggera Margherita	✓				✓ Spelt (wheat) & Barley				✓ In Dressing								✓	✓ In Dressing	✓ In Dressing	✓ Vinegar in Dressing	✓	✓	✓			
Leggera Padana	✓				✓ Spelt (wheat) & Barley				✓ In Dressing									✓	✓ Fresh and in Dressing and Caramelised Onion	✓ Vinegar in Dressing and Caramelised Onion	✓	✓	✓			
(Leggera) Pollo Italiano (New)	✓				✓ Spelt (wheat) & Barley				✓ In Dressing	✓					✓ In Pesto		✓	✓	✓	✓ Vinegar in Dressing	✓	✓				NB. This pizza can be made on a Leggera base, however it is NOT under 600 calories



	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulfites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs
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LEGGERA PIZZA

Leggera Pollo ad Astra	✓				✓ Spelt (wheat) & Barley	★			✓ In Dressing								✓	✓	✓ Fresh and in Dressing	✓ Vinegar in Dressing and Sweet Red Peppers	✓	✓				★ May contain in Cajun Spice	
Leggera Pollo Forza	✓				✓ Spelt (wheat) & Barley				✓ In Dressing								✓	✓	✓ In Smoked Chilli Powder and in Dressing	✓ Vinegar in Hot & Sweet Chilli Peppers and Dressing	✓	✓					
Leggera Sloppy Giuseppe	✓				✓ Spelt (wheat) & Barley				✓ In Dressing								✓	✓	✓	✓ Vinegar in Dressing	✓	✓					
Leggera Veneziana	✓				✓ Spelt (wheat) & Barley				✓ In Dressing						✓		✓	✓ In Dressing	✓ Fresh and in Dressing	✓ Vinegar in Dressing	✓	✓	✓				
Leggera Sloppy Vegan (New)					✓ Spelt (wheat) & Barley				✓ In Dressing								✓	✓	✓	✓ Vinegar	✓	✓	✓	✓		Vegan / Quorn™ is made with mycoprotein	
Leggera Vegan Funghi di Bosco (New)					✓ Spelt (wheat) & Barley				✓ In Dressing							✓	✓	✓		✓ Vinegar	✓	✓	✓	✓			
Leggera Vegan Giardiniera					✓ Spelt (wheat) & Barley				✓ In Dressing							✓	✓	✓		✓ Vinegar	✓	✓	✓	✓			
Leggera Vegan Margherita					✓ Spelt (wheat) & Barley				✓ In Dressing								✓			✓ Vinegar	✓	✓	✓	✓		Vegan	
Leggera Vegan Padana					✓ Spelt (wheat) & Barley				✓ In Dressing								✓	✓	✓ Fresh and in Caramelised Onion	✓ Vinegar	✓	✓	✓	✓			
Leggera Vegan Veneziana					✓ Spelt (wheat) & Barley				✓ In Dressing						✓		✓		✓	✓ Vinegar	✓	✓	✓	✓			



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HERITAGE PIZZA

American Hottest	✓			✓ Wheat	✓										✓	✓		✓ Vinegar	✓	✓							
Capricciosa	✓	✓		✓ Wheat		✓									✓	✓		✓ Vinegar	✓	✓							
Caprina	✓			✓ Wheat											✓	✓			✓	✓	✓						
Etna	✓			✓ Wheat											✓	✓		✓ Vinegar	✓	✓							
Formaggi	✓			✓ Wheat											✓				✓	✓	✓						
Four Seasons	✓	✓		✓ Wheat									✓		✓	✓		✓ Vinegar	✓	✓							
Napoletana	✓	✓		✓ Wheat											✓	✓		✓ Vinegar	✓	✓							
Neptune		✓		✓ Wheat											✓		✓	✓ Vinegar	✓	✓							
Niçoise	✓	✓		✓ Wheat		✓									✓	✓		✓ Vinegar	✓	✓							
Pianta				✓ Wheat									✓	✓	✓	✓				✓	✓	✓	✓				
Rustichella	✓	✓ In Dressing		✓ Wheat		✓ In Dressing		✓ In Dressing							✓	✓		✓ Vinegar in Dressing	✓	✓							
Siciliana	✓	✓		✓ Wheat											✓	✓			✓	✓							
Soho	✓			✓ Wheat											✓	✓			✓	✓	✓						

Suitable for coeliacs on a gluten-free base



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DESSERTS

Chocolate Brownie with Vanilla Gelato	✓					✓			✓				*							✓	✓	✓		✓	Pasteurised milk and eggs * May contain
Chocolate Fudge Cake (served with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓			*												✓	✓			Unpasteurised eggs in cake / Pasteurised milk in accompaniment / * May contain
Chocolate Fondant (served with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓			✓											✓	✓	✓			Pasteurised eggs in fondant/ Pasteurised milk in accompaniment
Coppa Gelato Chocolate	✓								✓												✓	✓		✓	
Coppa Gelato Salted Caramel	✓								✓												✓	✓		✓	Pasteurised
Coppa Gelato Strawberry	✓								✓												✓	✓		✓	
Coppa Gelato Vanilla	✓								✓												✓	✓		✓	
Honeycomb Cream Slice (served with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓			✓											✓	✓	✓			Pasteurised milk and eggs
Leggera Sorbet (Coconut and Raspberry)																					✓	✓	✓	✓	
Panna Cotta (New)	✓												*							✓		✓		✓	Pasteurised milk * May contain



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DESSERTS

Tiramisu	✓				✓ Wheat	✓														✓ Marsala Wine		✓	✓			Pasteurised milk and eggs
Vanilla Cheesecake (served with Cream, Vanilla Gelato or Mascarpone)	✓				✓ Whea	✓			*												✓	✓	✓			Pasteurised milk and eggs / * May contain if served with Vanilla Gelato

DOLCETTI (NOT INCLUDING DRINKS)

Caffe Reale	✓					✓ In Figs															✓ Wine in Figs		✓ In Figs	✓		✓	
Carrot Cake									✓												✓ Vinegar	✓	✓	✓	✓	✓	
Chocolate Brownie	✓					✓			✓				*									✓	✓	✓		✓	* May contain
Lotus Biscoff Cheesecake	✓				✓ Wheat				✓												✓	✓	✓				
Salted Caramel Profiterols	✓				✓ Wheat	✓			✓														✓				



	DOES IT CONTAIN?															ARE THESE SUITABLE FOR?			PLEASE NOTE						
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs

PICCOLO STARTERS

Dough Balls with Garlic Butter	✓				✓ Wheat												✓			✓	✓	✓				
Dough Balls with Houmous					✓ Wheat		✓ In Houmous											✓ In Houmous			✓	✓	✓	✓		
Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar					✓ Wheat	✓														✓ Vinegar	✓	✓	✓	✓		
GF Dough Balls with Garlic Butter	✓																	✓				✓	✓		✓	
GF Dough Balls with Houmous							✓ In Houmous											✓ In Houmous			✓	✓	✓	✓	✓	
GF Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar						✓														✓ Vinegar		✓	✓	✓	✓	
Piccolo Salad																	✓						✓	✓	✓	

PICCOLO PIZZA

American	✓				✓ Wheat												✓	✓ In Pepperoni			✓	✓					
La Reine	✓				✓ Wheat								✓	✓	✓ In Ham						✓	✓					Suitable for coeliacs on a gluten-free base
Margherita / Margherita with Light Mozzarella	✓				✓ Wheat																✓	✓	✓				
Pollo	✓				✓ Wheat																✓	✓					
Quorn™ (New)					✓ Wheat																✓ Vinegar	✓	✓	✓	✓	Suitable for coeliacs on a gluten-free base / Quorn™ is made with mycoprotein	

PICCOLO PASTA

Bianca	✓								✓													✓	✓		✓	
Bolognese											✓				✓	✓	✓	✓				✓			✓	
Napoletana	✓								✓													✓	✓		✓	



	DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE						
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar		Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	
PICCOLO SALAD																											
Pollo Milanese (New)	✓				✓ Wheat												✓	✓	✓			✓					
PICCOLO DRINKS																											
Bambinoccino	✓																							✓		✓	
Cawston Press Kids' Drink																								✓	✓	✓	
PICCOLO DESSERT																											
Chocolate Brownie	✓					✓			✓					*								✓	✓	✓		✓	* May contain
Piccolo Sundae with Baby Cone	✓				✓ Wheat				✓ In Baby Cone													✓ If served with Fruit Coulis	✓	✓			Suitable for coeliacs without the Baby Cone
Pip Organic Fruity Ice Lolly																								✓	✓	✓	
Pip Organic Rainbow Ice Lolly																								✓	✓	✓	
Raspberry Sorbet with Baby Cone					✓ Wheat				✓ In Baby Cone													✓	✓				Suitable for coeliacs without the Baby Cone

Dish

DISH	SUITABLE FOR A REDUCED-DAIRY DIET
Marinated Green Olives	No changes needed
Slow-Roasted Tomatoes	
Bruschetta Originale	Remove Garlic Butter and Basil & Pine Kernel Pesto
Calamari	Remove Caesar Dressing
Dough Balls	Remove Garlic Butter, add Smoky Tomato Harissa or Houmous
Garlic Bread	Remove Garlic Butter, add Garlic Oil on the side
Garlic Bread with Vegan Mozzarella Alternative	No changes needed
Hot Jalapeño Dough Balls (New)	
Lemon & Herb Chicken Wings	
Mixed Salad	
Polenta Chips	Remove Gran Milano
Raw Slaw (New)	No changes needed
Rucola	Remove Gran Milano
Grand Chicken Caesar	Remove Caesar Dressing and Gran Milano
Niçoise	No changes needed
Pollo & Grain (New)	
Vegan Nourish Bowl (New)	
American (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
American Hot (including Leggera)	
BBQ Burnt Ends (including Leggera) (New)	
Calzone Verdure	No changes needed
Diavolo (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Fiorentina	Remove (Light) Mozzarella and Gran Milano, add our Vegan Mozzarella Alternative
Funghi di Bosco (including Leggera) (New)	

DISH	SUITABLE FOR A REDUCED-DAIRY DIET
La Reine (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Margherita (including Leggera)	
Padana (including Leggera)	Remove Goat's Cheese and Mozzarella, add our Vegan Mozzarella Alternative
Pollo ad Astra (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Pollo American	Remove Mozzarella, add our Vegan Mozzarella Alternative
Pollo Forza (including Leggera)	Remove Gran Milano and (Light) Mozzarella, add our Vegan Mozzarella Alternative
Sloppy Giuseppe (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Veneziana (including Leggera)	
HERITAGE: Capricciosa, Four Seasons, Napoletana, Niçoise Pizza and Siciliana	Remove Mozzarella, add our Vegan Mozzarella Alternative
HERITAGE: Neptune and Pianta	No changes needed
Pea & Asparagus Risotto (New)	No changes needed
Chocolate Fondant	Remove Vanilla Gelato, add Coconut or Raspberry Sorbet
Raspberry or Coconut Sorbet	No changes needed
DISH	PICCOLO MENU
Baked Dough Balls (with Houmous)	No changes needed
Baked Dough Balls (with Extra Virgin Olive Oil and Balsamic Vinegar)	
Piccolo Bolognese	No changes needed
Piccolo Napoletana	Remove Béchamel
Piccolo American	Remove Mozzarella, add our Vegan Mozzarella Alternative
Piccolo La Reine	
Piccolo Margherita	
Piccolo Pollo	No changes needed
Piccolo Quorn™ (New)	



DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?			PLEASE NOTE		
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Aubergine																							✓	✓	✓		
Anchovies (White)		✓				✓														✓ Vinegar					✓		
Anchovies (Brown)		✓																								✓	
Artichokes																	✓							✓	✓	✓	
Baby Cones					✓ Wheat				✓															✓	✓		
Baby Figs						✓														✓ Wine		✓		✓	✓	✓	Figs marinated in wine syrup
Balsamic Dressing						✓														✓ Vinegar				✓	✓	✓	
Balsamic Vinegar						✓														✓				✓	✓	✓	
Basil & Pine Kernel Pesto	✓													✓			✓					✓			✓	Pasteurised cheese	
BBQ Sauce/Dip - Sweet & Smoky (New)								✓								✓	✓	✓		✓ Vinegar		✓		✓	✓	✓	
Béchamel	✓								✓									✓				✓		✓		✓	Pasteurised milk
Beef Brisket (New)									✓							✓	✓	✓		✓	✓	✓				✓	
Black Olives																								✓	✓	✓	Pitted
Bolognese Mix											✓				✓	✓	✓	✓				✓				✓	
Bolognese Sauce (Kids)											✓				✓	✓	✓	✓				✓				✓	
Bruschetta Mix																✓		✓					✓	✓	✓		Prepared in house
Buffalo Mozzarella	✓																						✓			✓	Pasteurised cheese
Caesar Dressing	✓	✓					✓	✓									✓			✓ Vinegar	✓				✓		Unpasteurised Parmesan cheese / Pasteurised eggs
Cajun Spice						★											✓	✓					✓	✓	✓		★ May contain
Calabrese Sausage																						✓				✓	



DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?			PLEASE NOTE		
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Calamari (ingredient)				✓	Wheat																					
Capers																			✓			✓	✓	✓		
Caramelised Onion																		✓	✓			✓	✓	✓		
Carrot Cake (ingredient)									✓										✓	✓	✓	✓	✓	✓		
Cheddar Cheese (New)	✓																						✓		✓	Pasteurised milk
Chicken Breast																						✓			✓	
Chicken Goujons (New)	✓					✓	Wheat											✓	✓			✓				
Chicken Wings - Lemon & Herbs (ingredient)																		✓	✓			✓			✓	
Chocolate Brownie (ingredient)	✓						✓		✓				*								✓	✓	✓	✓		Pasteurised milk and eggs ★ May contain
Chocolate Fondant (ingredient)						✓	Wheat		✓												✓		✓			Pasteurised eggs
Chocolate Fudge Cake (ingredient)	*					✓	Wheat		✓													✓	✓			Unpasteurised eggs ★ May contain
Chocolate Icing for Chocolate Fudge Cake	*																						✓		✓	★ May contain
Chocolate Sauce																						✓	✓	✓	✓	
Chocolate Straws	*								✓														✓		✓	★ May contain
Coconut Sorbet (ingredient)																						✓	✓	✓	✓	
Croutons						✓	Wheat																✓	✓		
Double Cream	✓																						✓		✓	Pasteurised
Dough						✓	Wheat															✓	✓	✓	✓	
Dough Sticks						✓	Wheat															✓	✓	✓	✓	



Ingredient	DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs

INGREDIENTS

Fruit Coulis (Blackcurrant)																					✓		✓	✓	✓		
Garlic Butter	✓																	✓					✓		✓		Prepared in house / Pasteurised butter
Garlic Oil																		✓					✓	✓	✓		Prepared in house
Gelato Chocolate	✓								★													✓	✓		✓		Pasteurised milk ★ May contain
Gelato Salted Caramel	✓								✓													✓	✓		✓		Pasteurised milk
Gelato Strawberry	✓								★													✓	✓		✓		Pasteurised milk ★ May contain
Gelato Vanilla	✓								★													✓	✓		✓		Pasteurised milk ★ May contain
Gluten-free Base (Classic)																					✓	✓	✓	✓	✓		
Gluten-free Base (Piccolo)																					✓	✓	✓	✓	✓		
Gluten-free Dough Balls (ingredient)																						✓	✓	✓	✓		
Gluten-free Flour																							★	✓	✓	✓	White rice flour ★ May contain
Goat's Cheese	✓																						✓		✓		Pasteurised goat's milk
Grain Mix (New)					✓ Wheat	✓															✓ Vinegar			✓	✓		
Gran Milano	✓																							✓		✓	Pasteurised milk
Halloumi Bites (ingredient)	✓																				✓	✓	✓		✓		
Ham																		✓				✓			✓		
Honey & Mustard Dressing								✓										✓		✓ Vinegar	✓	✓	✓	✓		✓	
Honeycomb Cream Slice	✓				✓ Wheat		✓		✓												✓		✓				Pasteurised milk and eggs
Hot Green Peppers						✓															✓ Vinegar			✓	✓	✓	
Hot Jalapeño Salsa (New)																		✓	✓	✓ Vinegar	✓		✓	✓	✓		Prepared in house
Hot & Sweet Chilli Peppers																					✓ Vinegar			✓	✓	✓	



Ingredient	DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar		Rapeseed	Maize	Vegetarian

INGREDIENTS

Houmous							✓											✓		✓	✓			✓	✓	✓	
House Dressing - New Recipe (New)								✓										✓	✓	Vinegar	✓			✓	✓	✓	
Icing Sugar																						✓		✓	✓	✓	
Italian Tomato Sauce/ Dip																	✓	✓						✓	✓	✓	
Jalapeño Peppers																				✓	Vinegar			✓	✓	✓	
King Prawns (ingredient)			✓																							✓	
Lasagna (ingredient)	✓				✓	Wheat	✓				✓					✓	✓	✓	✓			✓					Pasteurised milk and eggs
Light Mozzarella	✓																							✓		✓	Pasteurised milk
Lotus Biscoff Biscuits					✓	Wheat				✓											✓		✓	✓			
Lotus Biscoff Cheesecake (ingredient)	✓				✓	Wheat				✓											✓	✓	✓				Pasteurised milk
Marinated Green Olives (ingredient)																	✓	✓				✓		✓	✓	✓	
Mascarpone	✓																							✓		✓	Pasteurised cream
Mixed Roasted Peppers																								✓	✓	✓	
Mozzarella	✓																							✓		✓	Pasteurised milk
'Nduja Sausage																						✓				✓	
Oil - Blended																								✓	✓	✓	Blend of sunflower and extra virgin olive oils
Oil - Extra Virgin Olive																								✓	✓	✓	
Pancetta																	✓									✓	
Panna Cotta (ingredient) (New)	✓													*										✓		✓	* May contain / Pasteurised milk
Penne Pasta																						✓		✓	✓	✓	
Pepperoni																	✓									✓	



Ingredient	DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar		Rapeseed	Maize	Vegetarian

INGREDIENTS

Polenta Chips (ingredient)					✓ Wheat																	✓	✓	✓		
Prosciutto (New)																									✓	
Quorn™ (ingredient) (New)																			✓				✓	✓	✓	Quorn™ is made with mycoprotein
Raspberry Sorbet																						✓	✓	✓	✓	
Raw Slaw Mix (ingredient) (New)								✓										✓	✓		✓	✓		✓	✓	Prepared in house
Risotto Base (New)																		✓	✓		✓	✓		✓	✓	
Slow-Roasted Tomatoes (ingredient)																	✓	✓			✓		✓	✓	✓	
Smoked Chilli Powder																		✓	✓		✓		✓	✓	✓	
Smoky Tomato Harissa (Pestorissa)								✓									✓	✓		✓	✓		✓	✓	✓	
Spicy Beef (Sloppy Giuseppe & Diavolo Mix)																	✓	✓	✓						✓	Spicy beef mixed with diced onions, green peppers and tomato sauce



DOES IT CONTAIN?																	ARE THESE SUITABLE FOR?			PLEASE NOTE					
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Eggs	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Pine Kernels	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/Derivatives of Alcohol/Vinegar	Rapeseed	Maize	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Starspray (Carlo)																				✓	✓	✓	✓	✓	Emulsion based on vegetable oil	
Sultanas																							✓	✓	✓	
Sweet Potato - Chilli & Maple (New)					✓												✓						✓	✓	✓	
Sweet Red Peppers																			✓ Vinegar				✓	✓	✓	
Tabasco - Red																			✓ Vinegar				✓	✓	✓	
Tiramisu (ingredient)	✓				✓ Wheat	✓													✓ Marsala Wine		✓		✓			Pasteurised milk and eggs / Cake not baked
Tomato Sauce																✓							✓	✓	✓	
Tuna		✓																							✓	
Vanilla Cheesecake (ingredient)	✓				✓ Wheat	✓														✓	✓		✓			Pasteurised milk and eggs
Vegan Mozzarella Alternative																			✓ Vinegar				✓	✓	✓	
Wholemeal, White Flour and Spelt Dough					✓ Spelt (wheat) & Barley																✓	✓	✓	✓		

Allergen Information Drinks

Our allergen and suitability menu below details information on our drinks and ingredients. Unfortunately, it is not possible for us to guarantee our busy restaurants are 100% allergen/contamination free.

	DOES IT CONTAIN?														PLEASE NOTE	
	Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/ Sulphites	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs		Mustard
BEERS & CIDERS																
Cornish Orchards Blush Cider	✓	✓														Vegan
Cornish Orchards Gold Cider	✓	✓														
Fuller's Organic Honey Dew Golden Ale	✓			✓ Barley												Vegan
Gluten- Free Peroni Nastro Azzurro	✓															
Meantime Anytime IPA	✓			✓ Barley												
Peroni Nastro Azzurro	✓			✓ Barley												
Peroni Gran Riserva	✓			✓ Barley												
Peroni Libera (non-alcoholic)				✓ Barley												
SPIRITS & LIQUEURS																
Amaretto	✓															Vegan
Aperol	✓	✓														
Bacardi	✓															
Baileys	✓		✓													



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Winegar	Sulphur Dioxide/Sulphites	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Galery	Fish	Crustaceans	Molluscs	Mustard	

SPIRITS & LIQUEURS

Campari	✓															
Chambord	✓															
Courvoisier	✓															
Elderflower Liqueur (St-Germain)	✓															
Glenfiddich	✓															
Jack Daniel's	✓															Vegan
Jameson	✓															
Ketel One Vodka	✓															
Limoncello	✓															
Pimm's	✓	✓														
Rhubarb Liqueur - Giffards (New)	✓															
Sipsmith Dry Gin	✓															Vegan
Tia Maria	✓															



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/ Sulphites	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

WHITE WINE

Grecanico Chardonnay	✓	✓													Vegan
Picpoul de Pinet	✓	✓													
Pinot Grigio	✓	✓													Vegan
Sauvignon Blanc	✓	✓													
Soave	✓	✓													

PROSECCO

Prosecco	✓	✓													Vegan
Prosecco D.O.C Rosé (New)	✓	✓													

	DOES IT CONTAIN?													PLEASE NOTE	
	Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/Sulphites	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans		Molluscs
RED WINE															
Chianti Riserva G.O.C.G	✓	✓													Vegan
Malbec	✓	✓													
Merlot	✓	✓													
Montepulciano d'Abruzzo	✓	✓													
Nero d'Avola Shiraz	✓	✓													
Pinot Noir	✓	✓													
Primitivo	✓	✓													
ROSÉ WINE															
Pinot Grigio Blush	✓	✓													
Provence Rosé	✓	✓													
NON-ALCOHOLIC REFRESHMENT															
Elderflower & Mint Sparkle															Suitable for vegans if served without lemon
Passion Fruit Still Lemonade (New)															
Raspberry Sparkle															Suitable for vegans if served without lime
Sicilian Still Lemonade															
Strawberry Sicilian Still Lemonade															

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/ Sulphites	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

COCKTAILS & SPRITZERS

Aperol Spritz	✓	✓													Suitable for vegans if served without orange
Classic Spritzer - Red Wine	✓	✓													Suitable for vegans if served without lemon
Classic Spritzer - Rosé Wine	✓	✓													
Classic Spritzer - White Wine	✓	✓													
Espresso Martini	✓														Vegan
Rhubarb Fizz (New)	✓	✓													

GIN & FEVER-TREE

Campari G&T (New)	✓														
Classic G&T	✓														Suitable for vegans if served without lime
Garden G&T	✓														Vegan
Pink G&T	✓														

SEEDLIP GROVE 42 & FEVER-TREE

Classic Seedlip Grove 42 & Tonic															Suitable for vegans if served without lime
Garden Seedlip Grove 42 & Tonic															Vegan
Pink Seedlip Grove 42 & Tonic															



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/Sulphites	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

INGREDIENTS

Chocolate Dusting (New)															
Chocolate Powder (New)															
Salted Caramel Syrup															
Soya Milk								✓							
Strawberry Syrup															

Vegan



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/Sulphites	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

TEA & COFFEE

Americano															Suitable for vegans if served with soya milk
Baileys Latte	✓														
Bambinoccino															Suitable for vegans if made with soya milk
Cappuccino															
Espresso															Vegan
Fresh Mint Tea															
Hot Chocolate															Suitable for vegans if made with soya milk
Irish Coffee	✓														
Latte															Suitable for vegans if made with soya milk
Macchiato															
Mocha															
Twinings Tea (New)															Vegan

Drinks

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/Sulphites	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SOFT DRINKS

Acqua Panna Still Mineral Water															Suitable for vegans if served without lemon
Appletiser															Vegan
Bottlegreen Elderflower Pressé (New)															
Bottlegreen Raspberry Lemonade (New)															
Cawston Press Kids' Blend															
Coca-Cola Classic															Suitable for vegans if lemon is removed
Coca-Cola Zero Sugar															
Diet Coke															
Fanta															
Fever-Tree Refreshingly Light Elderflower Tonic															Vegan
Fever-Tree Refreshingly Light Tonic Water Mediterranean															Suitable for vegans if served without lemon
Fever-Tree Refreshingly Light Tonic Water 'Pink' Aromatic															Vegan
Irn-Bru (Scotland only)															
Irn-Bru Diet (Scotland only)															
Robinsons Orange		✓													
Robinsons Apple & Blackcurrant		✓													

Drinks

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide/Sulphites	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SOFT DRINKS

San Pellegrino Aranciata Rossa															Suitable for vegans if served without orange
San Pellegrino Limonata															Vegan
San Pellegrino Sparkling Mineral Water															Suitable for vegans if served without lemon
Schweppes Lime Cordial		✓													Vegan
Schweppes Mixer - Lemonade															Suitable for vegans if served without lemon
Schweppes Mixer - Soda Water															
Schweppes Soda PET															
Sprite No Sugar															