



Allergen Information

Northern Ireland

16th November 2021 V1.1

PIZZERIA

At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you or someone you care about.

Please note that our menu descriptors do not include all ingredients or allergens. Even if you have chosen the item previously, please make sure that you check the allergen information each time you visit and always inform your waiter of your allergy, intolerance or dietary requirements when ordering. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Regional variations may apply.

DELIVERY

When placing orders via our delivery platforms, we are sorry but we are unable to cater for specific allergies or dietary requirements. However, we will happily cater for your requirements at our restaurants, so please come and dine in with us.

HOW TO USE THIS GUIDE

Our menu items are listed in rows on the left-hand side. If a menu item contains an allergen in its ingredients, a ‘✓’ is displayed on the menu row in the corresponding allergen column. The ‘✓’ indicates that allergen is contained in the menu item. If a ‘*’ is displayed on the menu item row, it refers to ingredients which are produced in a factory with this allergen present and we have deemed that there is a significant risk of contamination.

As our suppliers handle numerous ingredients and allergens, and our dishes are handmade in our busy kitchens, unfortunately, we cannot guarantee that they are 100% free of allergens or contaminants.

NB. In the ‘Ingredients’ section of this guide, we do not list any ingredients which are unadulterated, e.g. eggs, tomatoes, peppers, oregano, coffee beans, etc.

In accordance with the EU Food Information Regulation, we declare the main fourteen allergens.

We want all of our customers to feel comfortable requesting allergen and dietary information when dining with us. Every restaurant has a copy of the Allergen Information on hand, just ask! Alternatively, scan the QR code at the bottom of our menu to see the information online.

Information on calories, carbohydrates and other nutritional values can also be found online on our website: www.pizzaexpress.com

If you don't have an internet connected device on you, ask a member of the team. We will be happy to provide you with the information.

If you have other questions regarding our ingredients or would like to see more information listed on this document, please do get in touch via our Help & Feedback page: www.pizzaexpress.com/help-and-contact



VEGETARIAN AND VEGAN

We are very excited to bring you a specific Vegan Menu which lists all our dishes and drinks that are suitable. You will notice that not all of our dishes are listed. We have chosen the selected dishes, since appropriate controls have been implemented to make them suitable.

Your dietary requirements are of the utmost importance to us. Items marked as (V) are made with vegetarian ingredients, and items marked as (Ve) are made with vegan ingredients. We hope you enjoy our Vegan Mozzarella Alternative which is made with sprouted Italian brown rice. It is free from gluten, soybeans, nuts, preservatives, palm oil and is suitable for those with a dairy-reduced diet.

We work regularly with our suppliers to reduce cross-contamination, however, it is not always possible to completely eliminate those risks.

We follow the Vegan Society and the Food Information Regulation guidance. Therefore, where a risk of cross-contamination with any products of animal origin has been identified, this is stated in our allergen information document with a ‘*’.

GLUTEN-FREE

All of our pizza toppings are gluten-free, therefore all of our Romana and Classic recipes can be ordered on our unique, classic-sized, gluten-free base, made in our gluten-free bakery. If your gluten-free pizza is not served to you on a black board, please check this with a member of the team.

Our Dough Balls ‘PizzaExpress’ are also available gluten-free. We also use gluten-free flour and penne pasta in our kitchens.

We offer a wider selection of gluten-free dishes as accredited by Coeliac UK. Gluten-free describes foods that contain gluten at a level of no more than 20 parts per million (20ppm).



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

APPETISERS, DOUGH BALLS, STARTERS AND SIDES

Bruschetta con Funghi (New)	✓			✓ Wheat	✓ In Balsamic Glaze				✓					✓			
Bruschetta Originale 'PizzaExpress'	✓			✓ Wheat										✓			Suitable for vegans if Garlic Butter and Pesto are removed
Buffalo Mozzarella & Tomato Salad	✓													✓		✓	
Calamari	✓ In Dressing ★ In Calamari	✓ In Dressing ★ In Calamari	★	✓ Wheat		✓ In Dressing ★ In Calamari		✓ In Dressing	★								★ May contain
Dough Balls Al Forno (New Recipe)	✓			✓ Wheat										✓			
Dough Balls Doppio	✓			✓ Wheat					✓ In Smoky Tomato Harissa					✓			
Dough Balls 'PizzaExpress'	✓			✓ Wheat										✓			Suitable for coeliacs if served with gluten-free Dough Balls
Dough Balls with Houmous				✓ Wheat			✓							✓	✓		
Dough Balls with Smoky Tomato Harissa				✓ Wheat					✓ In Smoky Tomato Harissa					✓	✓		
Garlic Bread with Mozzarella	✓			✓ Wheat										✓			
Garlic Bread with Vegan Mozzarella Alternative				✓ Wheat										✓	✓		
Garlic King Prawns	✓		✓	✓ Wheat													Suitable for coeliacs if served with gluten-free Dough Balls
Gluten-Free Dough Balls	✓													✓		✓	Suitable for vegans if Garlic Butter is substituted with Houmous or Smoky Tomato Harissa
Halloumi Bites	✓													✓		✓	



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APPETISERS, DOUGH BALLS, STARTERS AND SIDES

Lemon & Herb Chicken Wings (with House Dressing - New Recipe)								✓ In Dressing								✓	
Marinated Green Olives														✓	✓	✓	
Melanzanine (New)	✓													✓		✓	
Mixed Salad								✓ In Dressing						✓	✓	✓	
Polenta Chips	✓ In Gran Milano ★ In Polenta	★	★	★	✓ Wheat	★		✓ In Dressing						✓			★ May contain
Raw Slaw								✓						✓	✓	✓	
Ruola	✓ Gran Milano							✓ In Dressing						✓		✓	
Slow-Roasted Tomatoes														✓	✓	✓	
Turkey Polpette (New)	✓															✓	
Vegan Melanzanine (New)														✓	✓	✓	

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SALADS																		
Caprese & Prosciutto	✓ Buffalo Mozzarella and in Pesto					✓ In Balsamic Dressing											✓	
Grand Chicken Caesar	✓ In Dressing and Gran Milano	✓ Anchovies in dish and in Dressing			✓ Wheat in Croutons	✓ In Anchovies	✓ Fresh in dish and in Dressing		✓ In Dressing									Suitable for coeliacs if Croutons are remove
Niçoise		✓ Tuna and Anchovies				✓ In Anchovies	✓ Fresh in Dish		✓ In Dressing								✓	
Pollo & Grain					✓ Wheat	✓			✓ In Dressing									
Vegan Nourish Bowl					✓ Wheat	✓		✓ In Houmous							✓	✓		
AL FORNO																		
Bolognese	✓					✓						✓					✓	
Cannelloni	✓	*	*	*	✓ Wheat		✓	*	*	✓		*		*	✓			*May contain
Lasagna Classica	✓	*	*	*	✓ Wheat		✓	*	*	*		✓		*				
Melanzane (New)	✓													✓		✓		
Pollo Pesto	✓									✓							✓	
Vegan Melanzane (New)														✓	✓	✓		



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PIZZA

American	✓			✓ Wheat													
American Hot	✓			✓ Wheat	✓ In Hot Green Peppers												Suitable for coeliacs on a gluten-free base
American Jack with Mozzarella (New)	✓			✓ Wheat													
BBQ Burnt Ends	✓			✓ Wheat			✓	✓									
Calabrese	✓			✓ Wheat													Suitable for coeliacs on a gluten-free base
Calzone 'Nduja	✓			✓ Wheat	✓ In Hot Green Peppers			✓ In Dressing									
Calzone Verdure				✓ Wheat	✓			✓	✓				✓	✓			
Diavolo	✓			✓ Wheat	✓ In Hot Green Peppers												Suitable for coeliacs on a gluten-free base
Fiorentina	✓			✓ Wheat		✓							✓				
La Reine	✓			✓ Wheat													
Margherita	✓			✓ Wheat										✓			

	DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
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Mushroom & Truffle (New)	✓				✓ Wheat					✓ In Béchamel					✓			Suitable for coeliacs on a gluten-free base
Padana Natale (New)	✓				✓ Wheat									✓				
Pollo ad Astra	✓				✓ Wheat	*												Suitable for coeliacs on a gluten-free base *May contain in Cajun Spice
Pollo Forza	✓				✓ Wheat													Suitable for coeliacs on a gluten-free base
Porchetta (New)	✓				✓ Wheat				✓ In Béchamel									
Quattro Formaggi Piccante (New)	✓				✓ Wheat									✓				
Sloppy Giuseppe	✓				✓ Wheat													Suitable for coeliacs on a gluten-free base *May contain in Sultanas
Veneziana	✓				✓ Wheat		*							✓				



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
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VEGAN PIZZA

American Jack with Vegan Mozzarella Alternative (New)				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Mushroom & Pine Nut (New)				✓ Wheat										✓	✓		
Sloppy Vegan				✓ Wheat										✓	✓		Quorn™ is made with mycoprotein / Suitable for coeliacs on a gluten-free base
Vegan ad Astra (New)				✓ Wheat	★									✓	✓		Quorn™ is made with mycoprotein / Suitable for coeliacs on a gluten-free base ★ May contain in Cajun Spice
Vegan American Hot (New)				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Vegan Diavolo (New)				✓ Wheat										✓	✓		Quorn™ is made with mycoprotein / Suitable for coeliacs on a gluten-free base
Vegan Forza (New)				✓ Wheat										✓	✓		
Vegan Giardiniera				✓ Wheat										✓	✓		
Vegan Margherita				✓ Wheat										✓	✓		Suitable for coeliacs on a gluten-free base
Vegan Padana Natale (New)				✓ Wheat										✓	✓		
Vegan Veneziana				✓ Wheat			★							✓	✓		Suitable for coeliacs on a gluten-free base ★ May contain in Sultanas

	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs
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LEGGERA PIZZA

Leggera American	✓				✓ Spelt (wheat) & Barley				✓ In Dressing								
Leggera American Hot	✓				✓ Spelt (wheat) & Barley	✓ In Hot Green Peppers			✓ In Dressing								
Leggera American Jack with Mozzarella (New)	✓				✓ Spelt (wheat) & Barley				✓ In Dressing						✓		
Leggera BBQ Burnt Ends	✓				✓ Spelt (wheat) & Barley				✓	✓							
Leggera Diavolo	✓				✓ Spelt (wheat) & Barley	✓ In Hot Green Peppers			✓ In Dressing								
Leggera La Reine	✓				✓ Spelt (wheat) & Barley				✓ In Dressing								
Leggera Margherita	✓				✓ Spelt (wheat) & Barley				✓ In Dressing						✓		
Leggera Mushroom & Truffle (New)	✓				✓ Spelt (wheat) & Barley				✓ In Dressing	✓					✓		
Leggera Padana Natale (New)	✓				✓ Spelt (wheat) & Barley				✓ In Dressing						✓		



Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs
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LEGGERA PIZZA

Leggera Pollo ad Astra	✓			✓ Spelt (wheat) & Barley	*			✓ In Dressing									*May contain in Cajun Spice	
Leggera Pollo Forza	✓			✓ Spelt (wheat) & Barley				✓ In Dressing										
Leggera Porchetta (New)	✓			✓ Spelt (wheat) & Barley				✓ In Dressing	✓									NB. This pizza can be made on a Leggera base, however, it is NOT under 600 calories
Leggera Sloppy Giuseppe	✓			✓ Spelt (wheat) & Barley				✓ In Dressing										
Leggera Tre Formaggi Piccante (New)	✓			✓ Spelt (wheat) & Barley				✓ In Dressing						✓				
Leggera Veneziana	✓			✓ Spelt (wheat) & Barley			*	✓ In Dressing						✓				*May contain in Sultanas



Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	
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LEGGERA VEGAN PIZZA

Leggera American Jack with Vegan Mozzarella Alternative (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Mushroom & Pine Nut (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Sloppy Vegan				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		Quorn™ is made with mycoprotein
Leggera Vegan ad Astra (New)				✓ Spelt (wheat) & Barley	★			✓ In Dressing						✓	✓		Quorn™ is made with mycoprotein ★ May contain in Cajun Spice
Leggera Vegan American Hot (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Diavolo (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		Quorn™ is made with mycoprotein
Leggera Vegan Forza (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Giardiniera				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Margherita				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Padana Natale (New)				✓ Spelt (wheat) & Barley				✓ In Dressing						✓	✓		
Leggera Vegan Veneziana				✓ Spelt (wheat) & Barley			★	✓ In Dressing						✓	✓		★ May contain in Sultanas



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
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HERITAGE PIZZA

American Hottest	✓			✓ Wheat	✓													Suitable for coeliacs on a gluten-free base	
Capricciosa	✓	✓		✓ Wheat		✓													
Caprina	✓			✓ Wheat										✓					
Etna	✓			✓ Wheat															
Formaggi	✓			✓ Wheat										✓					
Four Seasons	✓	✓		✓ Wheat															
Napoletana	✓	✓		✓ Wheat															
Neptune		✓		✓ Wheat															
Niçoise	✓	✓		✓ Wheat		✓													
Pianta				✓ Wheat										✓	✓				
Rustichella	✓	✓ In Dressing		✓ Wheat		✓ In Dressing		✓ In Dressing											
Siciliana	✓	✓		✓ Wheat															
Soho	✓			✓ Wheat										✓					



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
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DESSERTS

Amaretto Dolce Vita (New)	✓			✓ Wheat		✓	*		*	*			*	✓			Unpasteurised eggs in cake / Pasteurised milk / *May contain
Chocolate Fudge Cake (served with Cream, Vanilla Gelato or Mascarpone)	✓			✓ Wheat		✓			*				* In Gelato	✓			Unpasteurised eggs in cake / Pasteurised milk / *May contain
Coppa Gelato Chocolate	✓					*			✓ In Chocolate Straw				*	✓		✓	
Coppa Gelato Salted Caramel	✓					✓			✓ In Chocolate Straw				*	✓		✓	Pasteurised milk / *May contain
Coppa Gelato Vanilla	✓					*			✓ In Chocolate Straw				*	✓		✓	
Christmas Cheese Plate (New)	✓			✓ Wheat										✓			Pasteurised milk in Gran Milano and Pecorino; thermised milk in Blue Cheese / Suitable for coeliacs if served with gluten-free Dough Balls instead of flatbread
Red Berry & White Chocolate Cheesecake (served with Cream, Vanilla Gelato or Mascarpone) (New)	✓			✓ Wheat					✓			*	*				Pasteurised milk / Contains beef gelatine *May contain
Snowball Dough Balls (New)	✓			✓ Wheat		*			✓ In Chocolate Straw					✓			Suitable for coeliacs if served with gluten-free Dough Balls
Snowball Dough Balls Doppio (New)	✓			✓ Wheat		*			✓ In Chocolate Straw					✓			*May contain
Sorbet (Coconut and Raspberry)													*	✓	✓	✓	*May contain
Sticky Toffee Cream Slice (served with Cream, Vanilla Gelato or Mascarpone) (New)	✓			✓ Wheat		✓			✓			*	*				Pasteurised milk and eggs / Contains beef gelatine / *May contain
Tiramisu	✓			✓ Wheat		✓			*				*	✓			Pasteurised milk and eggs / *May contain
Vegan Snowball Dough Balls with Fruit Coulis (New)				✓ Wheat		*								✓	✓		Suitable for coeliacs if served with gluten-free Dough Balls / *May contain



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DOLCETTI (NOT INCLUDING DRINKS)

Caffe Reale	✓					✓ In Figs								✓		✓	
Chocolate Brownie (New Recipe)	✓					*	✓		✓			*	*	✓		✓	*May contain
Orange & Carrot Cake (New)	*					*						*	✓	✓	✓		



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PICCOLO STARTERS

Dough Balls with Garlic Butter	✓				✓ Wheat										✓			
Dough Balls with Houmous					✓ Wheat		✓ In Houmous								✓	✓		
Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar					✓ Wheat	✓ In Vinegar									✓	✓		
GF Dough Balls with Garlic Butter	✓														✓		✓	
GF Dough Balls with Houmous							✓ In Houmous								✓	✓	✓	
GF Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar						✓ In Vinegar									✓	✓	✓	
Piccolo Salad															✓	✓	✓	

PICCOLO PIZZA

American	✓				✓ Wheat													
Pollo	✓				✓ Wheat													
La Reine	✓				✓ Wheat													
Margherita / Margherita with Light Mozzarella	✓				✓ Wheat									✓				
Quorn™ (New)					✓ Wheat									✓	✓			Suitable for coeliacs on a gluten-free base / Quorn™ is made with mycoprotein

PICCOLO AL FORNO

Bianca	✓								✓					✓		✓		
Bolognese											✓					✓		
Napoletana	✓								✓					✓		✓		



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PICCOLO DRINKS																		
Bambinoccino	✓														✓		✓	
Cawston Press Kids' Drink															✓	✓	✓	
PICCOLO DESSERTS																		
Chocolate Brownie (New Recipe)	✓					*	✓			✓			*	*	✓		✓	*May contain
Piccolo Sundae with Vanilla Gelato and Baby Cone	✓				✓ Wheat in Baby Cone		*			✓ In Baby Cone				*	✓			Suitable for coeliacs without the Baby Cone
Piccolo Sundae with Raspberry Sorbet and Baby Cone					✓ Wheat in Baby Cone					✓ In Baby Cone				*	✓	✓		*May contain
Pip Organic Fruity Ice Lolly															✓	✓	✓	
Pip Organic Rainbow Ice Lolly															✓	✓	✓	
Snowball Dough Balls with Buttercream (New)	✓				✓ Wheat		*			✓ In Chocolate Straw					✓			Suitable for coeliacs if served with gluten-free Dough Balls /
Snowball Dough Balls with Fruit Coulis (New)					✓ Wheat		*								✓	✓		*May contain

Dish

DISH	SUITABLE FOR A REDUCED-DAIRY DIET
Marinated Green Olives	No changes needed
Slow-Roasted Tomatoes	
Bruschetta Originale	Remove Garlic Butter and Basil & Pine Kernel Pesto
Calamari (New Recipe)	Remove Garlic & Herb Dip
Dough Balls	Remove Garlic Butter, add Smoky Tomato Harissa or Houmous
Garlic Bread	Remove Garlic Butter, add Garlic Oil on the side
Garlic Bread with Vegan Mozzarella Alternative	No changes needed
Lemon & Herb Chicken Wings	
Mixed Salad	
Polenta Chips	Remove Gran Milano
Raw Slaw	No changes needed
Rucola	Remove Gran Milano
Turkey Polpette (New)	Remove Mozzarella, add our Vegan Mozzarella Alternative
Grand Chicken Caesar	Remove Caesar Dressing and Gran Milano
Niçoise	No changes needed
Pollo & Grain	
Vegan Nourish Bowl	
American (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
American Hot (including Leggera)	
American Jack (V) (including Leggera) (New)	
BBQ Burnt Ends (including Leggera)	
Calzone Verdure	No changes needed
Diavolo (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Fiorentina	Remove Mozzarella and Gran Milano, add our Vegan Mozzarella Alternative
La Reine (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative

DISH	SUITABLE FOR A REDUCED-DAIRY DIET
Margherita (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Mushroom & Pine Nut (New) (including Leggera)	No changes needed
Padana Natale (including Leggera)	Remove Goat's Cheese and Mozzarella, add our Vegan Mozzarella Alternative
Pollo ad Astra (including Leggera)	Remove (Light) Mozzarella, add our Vegan Mozzarella Alternative
Pollo Forza (including Leggera)	Remove Gran Milano and (Light) Mozzarella, add our Vegan Mozzarella Alternative
Sloppy Giuseppe (including Leggera)	
Veneziana (including Leggera)	
HERITAGE: Capricciosa, Four Seasons, Napoletana, Niçoise Pizza and Siciliana	Remove Mozzarella, add our Vegan Mozzarella Alternative
HERITAGE: Neptune and Pianta	No changes needed
Melanzane (New)	Remove Mozzarella and Gran Milano, add our Vegan Mozzarella Alternative
Orange & Carrot Cake (New)	No changes needed
Raspberry or Coconut Sorbet	
Snowball Dough Balls with Fruit Coulis (New)	
DISH	PICCOLO MENU
Piccolo Dough Balls (with Houmous)	No changes needed
Piccolo Dough Balls (with Extra Virgin Olive Oil and Balsamic Vinegar)	
Piccolo Bolognese	No changes needed
Piccolo Napoletana	Remove Béchamel
Piccolo American	Remove Mozzarella, add our Vegan Mozzarella Alternative
Piccolo La Reine	
Piccolo Margherita	
Piccolo Pollo	No changes needed
Piccolo Quorn™ (New)	



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Amaretti Biscuits (New)	*			✓ Wheat		✓	*		*	*			*	✓			*May contain
Anchovies (Brown)		✓														✓	
Anchovies (White)		✓			✓											✓	
Artichokes														✓	✓	✓	
Aubergine														✓	✓	✓	
Baby Cones				✓ Wheat					✓					✓	✓		
Baby Figs					✓									✓	✓	✓	Figs marinated in wine syrup
Balsamic Dressing					✓									✓	✓	✓	
Balsamic Glaze (New)					✓									✓	✓	✓	
Balsamic Vinegar					✓									✓	✓	✓	
Basil & Pine Kernel Pesto	✓													✓		✓	Pasteurised cheese
BBQ Sauce/Dip - Sweet & Smoky								✓						✓		✓	
Béchamel	✓								✓					✓		✓	Pasteurised milk
Beef Brisket									✓							✓	
Black Olives														✓	✓	✓	Pitted
Blue Cheese (New)	✓													✓		✓	Thermised milk
Bolognese Mix											✓					✓	
Bolognese Sauce (Kids)											✓					✓	
Bruschetta Mix														✓	✓	✓	Prepared in house
Buffalo Mozzarella	✓													✓		✓	Pasteurised cheese
Buttercream Dip (New)	✓					*								✓		✓	Pasteurised butter / Prepared in house *May contain



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Caesar Dressing	✓	✓				✓		✓								✓	Unpasteurised Parmesan cheese / Pasteurised eggs
Cajun Spice					*									✓	✓	✓	*May contain
Calabrese Sausage																✓	
Calamari (ingredient)	*	*	*	✓	✓ Wheat	*			*								*May contain
Cannelloni (ingredient)	✓	*	*	*	✓ Wheat	✓	*	*	*		*		*	✓			Pasteurised milk and eggs *May contain
Capers														✓	✓	✓	
Caramelised Onion														✓	✓	✓	
Cheddar Cheese	✓													✓		✓	Pasteurised milk
Chicken Breast																✓	
Chicken Wings - Lemon & Herb (ingredient)																✓	
Chocolate Brownie (ingredient) (New)	✓					*	✓		✓			*	*	✓		✓	Pasteurised milk and eggs *May contain
Chocolate Fudge Cake (ingredient)	*				✓ Wheat	✓			*					✓			Unpasteurised eggs *May contain
Chocolate Icing for Chocolate Fudge Cake	*													✓		✓	*May contain
Chocolate Sauce														✓	✓	✓	
Chocolate Straws	*								✓					✓		✓	*May contain
Coconut Sorbet (ingredient)													*	✓	✓	✓	
Cranberry Sauce (New)														✓	✓	✓	
Croutons					✓ Wheat									✓	✓		
Double Cream	✓													✓		✓	Pasteurised
Dough					✓ Wheat									✓	✓		



Ingredient	DOES IT CONTAIN?												ARE THESE SUITABLE FOR?			PLEASE NOTE
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	

INGREDIENTS

Dough Sticks					✓ Wheat									✓	✓		
Flatbread (New)					✓ Wheat									✓	✓		
Fruit Coulis														✓	✓	✓	
Garlic Butter	✓													✓		✓	Prepared in house / Pasteurised butter
Garlic Oil														✓	✓	✓	Prepared in house
Gelato Chocolate	✓						*						*	✓		✓	
Gelato Salted Caramel	✓						✓						*	✓		✓	*May contain
Gelato Vanilla	✓						*						*	✓		✓	
Gluten-free Base (Classic)														✓	✓	✓	
Gluten-free Base (Piccolo)														✓	✓	✓	
Gluten-free Dough Balls (ingredient)														✓	✓	✓	
Gluten-free Flour														✓	✓	✓	White rice flour
Goat's Cheese	✓													✓		✓	Pasteurised goat's milk
Grain Mix					✓ Wheat	✓								✓	✓		
Gran Milano	✓													✓		✓	Pasteurised milk
Halloumi Bites (ingredient)	✓													✓		✓	
Ham																✓	
Honey & Mustard Dip/Dressing								✓						✓		✓	
Hot Green Peppers						✓								✓	✓	✓	



Ingredient	DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Eggs	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	

INGREDIENTS

Hot & Sweet Chilli Peppers															✓	✓	✓	
Houmous							✓								✓	✓	✓	
House Dressing - New Recipe								✓							✓	✓	✓	
Icing Sugar						*									✓	✓	✓	*May contain
Italian Blue Cheese (New)	✓														✓		✓	Thermised milk
Italian Tomato Dip/Sauce															✓	✓	✓	Prepared in house
Jackfruit Pepperoni (New)															✓	✓	✓	
Jalapeño Peppers															✓	✓	✓	
King Prawns (ingredient)			✓														✓	
Lasagna (ingredient)	✓	*	*	*	✓ Wheat		✓	*	*	*		✓		*				Pasteurised milk and eggs *May contain
Light Mozzarella	✓														✓		✓	Pasteurised milk
Marinated Green Olives (ingredient)															✓	✓	✓	
Mascarpone	✓														✓		✓	Pasteurised cream
Mixed Roasted Peppers															✓	✓	✓	
Mozzarella	✓														✓		✓	Pasteurised milk
'Nduja Sausage																	✓	
Oil - Blended															✓	✓	✓	Blend of sunflower and extra virgin olive oils
Oil - Extra Virgin Olive															✓	✓	✓	
Orange & Carrot Cake (New)	*						*							*	✓	✓	✓	*May contain
Pancetta																	✓	
Pecorino (New)	✓														✓		✓	Pasteurised sheep's milk



DOES IT CONTAIN?														ARE THESE SUITABLE FOR?			PLEASE NOTE
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Penne Pasta														✓	✓	✓	
Pepperoni																✓	
Polenta Chips (ingredient)	*	*	*	*	✓ Wheat	*								✓	✓		*May contain
Prosciutto																✓	
Pulled Pork (New)																✓	
Quorn™ Pieces														✓	✓	✓	Quorn™ is made with mycoprotein
Raspberry Sorbet													*	✓	✓	✓	*May contain
Raw Slaw Mix (ingredient)								✓						✓	✓	✓	Prepared in house
Salted Caramel Sauce (New)	✓													✓		✓	
Slow-Roasted Tomatoes (ingredient)														✓	✓	✓	
Smoked Chilli Powder														✓	✓	✓	
Smoky Chilli Jam (New)														✓	✓	✓	
Smoky Tomato Harissa (Pestorissa)									✓					✓	✓	✓	
Spicy Beef (Sloppy Giuseppe & Diavolo Mix)																✓	Spicy beef mixed with diced onions, green peppers and tomato sauce
Starspray (Carlo)														✓	✓	✓	Emulsion based on vegetable oil



DOES IT CONTAIN?													ARE THESE SUITABLE FOR?			PLEASE NOTE	
Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals Containing Gluten	Sulphur Dioxide / Sulphites	Egg	Sesame Seeds	Mustard	Soybeans	Lupin	Celery	Peanuts	Tree Nuts	Vegetarian	Vegan	Coeliacs	

INGREDIENTS

Sticky Toffee Cheesecake (ingredient) (New)	✓			✓ Wheat		✓			✓			*	*				Pasteurised milk and eggs / Contains beef gelatine / *May contain
Sultanas							*							✓	✓	✓	*May contain
Sweet Potato - Chilli & Maple					✓									✓	✓	✓	
Sweet Red Peppers														✓	✓	✓	
Tabasco - Red														✓	✓	✓	
Tiramisu (ingredient)	✓			✓ Wheat		✓			*				*	✓			Pasteurised milk and eggs / Cake not baked / *May contain
Tomato Sauce														✓	✓	✓	
Truffle Oil (New)														✓		✓	
Tuna		✓														✓	
Turkey Meatballs (New)																✓	
Vegan Mozzarella Alternative														✓	✓	✓	
White Chocolate Cheesecake (ingredient) (New)	✓			✓ Wheat					✓			*	*				Pasteurised milk / Contains beef gelatine *May contain
Wholemeal, White Flour and Spelt Dough				✓ Spelt (wheat) & Barley										✓	✓		

Allergen Information Drinks

Our allergen and suitability menu below details information on our drinks and ingredients. Unfortunately, it is not possible for us to guarantee our busy restaurants are 100% allergen/contamination free.

	DOES IT CONTAIN?														PLEASE NOTE	
	Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs		Mustard
BEER & CIDER																
Cornish Orchards Blush Cider	✓	✓														Vegan
Cornish Orchards Gold Cider	✓	✓														
Fuller's Organic Honey Dew Golden Ale	✓			✓ Barley												Vegan
Gluten- Free Peroni Nastro Azzurro	✓															
Meantime Anytime IPA	✓			✓ Barley												
Peroni Nastro Azzurro	✓			✓ Barley												
Peroni Gran Riserva	✓			✓ Barley												
Peroni Libera (Alcohol Free)				✓ Barley												
SPIRITS & LIQUEURS																
Amaretto	✓															Vegan
Aperol	✓	✓														
Bacardi	✓															
Baileys	✓		✓													

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SPIRITS & LIQUEURS

Campari	✓															
Chambord	✓															
Elderflower Liqueur	✓															
Freeglider - Sipsmith (New)																
Glenfiddich	✓															
Hennessy	✓															Vegan
Jack Daniel's	✓															
Jameson	✓															
Ketel One Vodka	✓															
Limoncello	✓															
Pimm's	✓	✓														
Sipsmith Dry Gin	✓															Vegan
Tia Maria	✓															



	DOES IT CONTAIN?													PLEASE NOTE		
	Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	
WHITE WINE																
Grecanico Chardonnay	✓	✓														Vegan
Picpoul de Pinet	✓	✓														
Pinot Grigio	✓	✓														
Sauvignon Blanc	✓	✓														Vegan
Soave	✓	✓														
PROSECCO																
Prosecco	✓	✓														Vegan
Prosecco D.O.C Rosé (New)	✓	✓														



DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

RED WINE

Chianti Riserva D.O.C.G	✓	✓													Vegan
Malbec	✓	✓													
Merlot	✓	✓													
Montepulciano d'Abruzzo	✓	✓													
Nero d'Avola Shiraz	✓	✓													
Pinot Noir	✓	✓													
Primitivo	✓	✓													

ROSÉ WINE

Pinot Grigio Blush	✓	✓													Vegan
Provence Rosé	✓	✓													

NON-ALCOHOLIC REFRESHMENT

Elderflower & Mint Sparkle															Suitable for vegans if served without lemon
Ginger & Pomegranate Sparkle (New)															Vegan
Passion Fruit Still Lemonade (New)															
Raspberry Sparkle															Suitable for vegans if served without lime
Sicilian Still Lemonade (New)															

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

ITALIAN COCKTAILS & SPRITZERS

Aperol Spritz	✓	✓													Suitable for vegans if served without orange
Campari G&T (New)	✓														
Classic Spritzer - Red Wine	✓	✓													Suitable for vegans if served without lemon
Classic Spritzer - Rosé Wine	✓	✓													
Classic Spritzer - White Wine	✓	✓													
Espresso Martini	✓														Vegan
Negroni (New)	✓	✓													Suitable for vegans if served without orange
Prosecco & Pomegranate Mimosa (New)	✓	✓													Vegan

GIN & FEVER-TREE

Classic G&T	✓														Suitable for vegans if served without lime
Garden G&T	✓														Vegan
Gin & Ginger (New)	✓														Suitable for vegans if served without orange

FREEGLIDER & FEVER-TREE

Classic Freeglider (New)															Suitable for vegans if served without lime
Elderflower Freeglider (New)															Vegan
Ginger Freeglider (New)															Suitable for vegans if served without orange

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

TEA & COFFEE

Americano		✓													Suitable for vegans if made with soya milk
Baileys Latte (New)	✓	✓													
Bambinoccino		✓													Suitable for vegans if made with soya milk
Cappuccino		✓													
Espresso															Vegan
Hazelnut Latte (New)		✓	*	*				*		*					Suitable for vegans if made with soya milk *May contain
Hot Chocolate		✓													Suitable for vegans if made with soya milk
Irish Coffee	✓	✓													
Latte		✓													Suitable for vegans if made with soya milk
Macchiato		✓													
Mocha		✓													
Tea															Vegan

INGREDIENTS

Chocolate Dusting															Vegan
Chocolate Powder															
Hazelnut Syrup (New)			*	*	*			*		*					Vegan / *May contain
Pomegranate Syrup (New)															Vegan
Soya Milk								✓							

Drinks

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Egg	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SOFT DRINKS

Acqua Panna Still Mineral Water															Suitable for vegans if served without lemon
Appletiser															Vegan
Bottlegreen Elderflower Pressé															
Bottlegreen Raspberry Lemonade															
Cawston Press Kids' Blend															
Coca-Cola Classic														Suitable for vegans if lemon is removed	
Coca-Cola Zero Sugar															
Diet Coke															
Elderflower Cordial															
Fanta														Vegan	
Fever-Tree Ginger Ale (New)															
Fever-Tree Refreshingly Light Elderflower Tonic															
Fever-Tree Refreshingly Light Tonic Water Mediterranean															
Robinsons Orange		✓													
Robinsons Apple & Blackcurrant		✓													

Drinks

DOES IT CONTAIN?														PLEASE NOTE	
Alcohol/derivatives of alcohol/Vinegar	Sulphur Dioxide	Milk/Dairy	Cereals containing gluten	Eggs	Peanuts	Tree Nuts	Sesame Seeds	Soybeans	Lupin	Celery	Fish	Crustaceans	Molluscs	Mustard	

SOFT DRINKS

San Pellegrino Aranciata Rossa															Suitable for vegans if served without orange
San Pellegrino Limonata															Vegan
San Pellegrino Sparkling Mineral Water															Suitable for vegans if served without lemon
Schweppes Indian Tonic Water															
Schweppes Mixer - Lemonade															
Schweppes Mixer - Soda Water															
Schweppes Slimline Tonic Water															
Schweppes Soda PET														Vegan	
Sprite No Sugar														Suitable for vegans if served without lemon	