

PizzaExpress Allergens - by Menu Item

	Does it contain?													Are these items suitable for?			
Menu Item	Milk	Fish, Shellfish, Molluscs	Gluten	Egg	Nuts	Maize	Soya	Mushrooms	Tomatoes	Yeast	Garlic	Alcohol & Alcohol derivatives	MSG or MPG	Vegetarian	Vegan	Coeliacs	Comments
Intros																	
Noci	No	No	No	No	Yes	No	No	No	No	No	No	No	No	Yes	Yes	Yes	None
Olives Marinate	No	No	No	No	No	No	No	No	No	No	Yes	Yes (contains champagne vinegar)	No	Yes	Yes	Yes	None
Rustica Tomatoes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	Yes	Yes	Yes	None
Starters & Sides																	
Calamari al Forno	No	Yes	Yes	Yes	No	No	Yes	No	No	Yes	Yes	Yes, dressing contains white wine vinegar	No	No	No	No	None
Semplice	Yes	No	Yes	No	No	No	Yes	No	No	Yes	No	Yes, contains red vinegar	No	Yes	No	No	None
Tricolore	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	Yes, contains red vinegar	No	Yes	No	No	None
Crostini al Pomodoro	Yes	No	Yes	Yes, egg derivative in grana padano	No	No	Yes	No	Yes	Yes	Yes	Yes, contains wine vinegar	No	No	No	No	Can be suitable for vegetarians if served without grana padano.
Garlic Bread	Yes	No	Yes	No	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes	No	No	None
Garlic Bread with Mozzarella	Yes	No	Yes	No	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes	No	No	None

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Baked Dough Balls	Yes	No	Yes	No	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes	No	No	Can be suitable for vegans if the garlic butter is substituted with garlic or chilli oil.
Bruschetta	Yes	No	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes	No	No	None
Bruschetta con Funghi	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	No	Yes (wine Vinegar)	No	Yes	No	No	None
Mozzarella & Tomato Salad	Yes	No	No	No	Yes	No	No	No	Yes	No	Yes	No	No	Yes	No	Yes	None
Caesar Salad	Yes	Yes	Yes	Yes	No	No	Yes	No	No	Yes	Yes	Yes (wine Vinegar)	No	No	No	No	This dish can be suitable for coeliacs without the croutons.
Mixed Salad	No	No	No	Yes	No	No	No	No	Yes	No	Yes	Yes (wine Vinegar)	No	Yes	No	Yes	None
Pasta																	
Tagliolini Funghi	Yes	No	Yes	Yes	No	Yes	No	Yes	No	No	Yes	No	No	No	No	No	None
Piccante	Yes	No	Yes	Yes, grana padano contains an egg derivative	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	None
Lasagna Classica	Yes	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes	No	No	No	No	No	None

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Pollo Pesto	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	No	No	No	No	No	None
Cannelloni	Yes	No	Yes	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No	No	No	Can be suitable for vegetarians if served without grana padano.
Melanzane Parmigiana	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	Can be suitable for vegetarians if served without grana padano.
Pizza																	
Mia Sofia	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	Yes	Yes	No	Yes	Yes	No	No	No	No	No	This dish can be made suitable without grana padano.
Rustichella	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	contains wine vinegar	No	No	No	No	None
Calabrese	Yes	No	Yes	Yes, egg derivative in grana padano	Yes	Yes	Yes	No	Yes	Yes	Yes	contains vinegar	No	No	No	No	None
Al Tirolo	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	None
Etna Romana	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	Yes	No	Yes	Yes	Yes	Yes (wine vinegar)	No	No	No	No	None
Pollo Pancetta Romana	Yes	Yes	Yes	No	No	Yes	Yes	No	No	Yes	Yes	Yes (wine vinegar)	No	No	No	No	None

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Campo di Fiori Romana	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	No	No	Yes	No	No	None
Contadina	Yes	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes, contains wine vinegar	No	No	No	No	None
Gustosa	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes, contains wine vinegar	No	No	No	No	None
Margherita Leggera	Yes	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes, contains wine vinegar	No	Yes	No	No	None
Verdure	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes, contains wine vinegars from dressing and onions	No	Yes	No	No	None
Mare e Monti	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes, the dressing contains white wine vinegar	No	No	No	No	None
Margherita	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	Yes	No	No	None
Four Seasons	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	None
American	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None

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American Hot	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Sloppy Giuseppe	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	None
La Reine	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	No	None
Diavolo	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Zucchine e Funghi	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	No	No	None
Veneziana	Yes	No	Yes	No	Yes	Yes	Yes	No	Yes	Yes	No	No	No	Yes	No	No	None
Fiorentina	Yes	No	Yes	Yes	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Padana	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	Yes (wine vinegar)	No	Yes	No	No	None
Capricciosa	Yes	Yes	Yes	Yes	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	None

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Pollo ad Astra	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Il Padrino	Yes	No	Yes	No	Yes	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Soho	Yes	No	Yes	Yes, egg derivative in grana	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Quattro Formaggi	Yes	No	Yes	Yes, egg derivative in grana padano	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Funghi di Bosco	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	No	No	None
Siciliana	Yes	Yes	Yes	No	No	Yes	Yes	No	Yes	Yes	Yes	No	No	No	No	No	None
Giardiniera	Yes	No	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	No	No	Yes	No	No	None
Salads																	
Pollo Verdure	No	No	Yes (dough sticks)	No	No	Yes	Yes	No	No	Yes	Yes	Yes (wine vinegar in dressing)	No	No	No	No	This dish can be made suitable for coeliacs if served without dough sticks.

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Grand Chicken Caesar	Yes	Yes	Yes (dough sticks and croutons)	Yes	No	Yes	Yes	No	No	Yes	Yes	Yes (wine vinegar in dressing)	No	No	No	No	This dish can be made suitable for coeliacs if served without croutons and dough sticks
Nicoise	No	Yes	Yes (dough sticks)	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes (wine vinegar in dressing)	No	No	No	No	This dish can be made suitable for coeliacs if served without dough sticks.
Pollo	Yes	No	Yes (dough sticks and croutons)	Yes	No	Yes	Yes	No	Yes	Yes	Yes	Yes (wine vinegar in dressing)	No	No	No	No	This dish can be made suitable for coeliacs if served without croutons and dough sticks
Nostrana	No	No	Yes (dough sticks)	Yes	No	Yes	Yes	No	No	Yes	Yes	Yes (wine vinegar in dressing)	No	No	No	No	This dish can be made suitable for coeliacs if served without dough sticks.
Bosco	Yes	No	Yes (dough sticks)	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes (wine vinegar in dressing)	No	Yes	No	No	This dish can be made suitable for coeliacs if served without dough sticks.
Desserts																	
Profiterole Trio	Yes	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	None
Coppa Gelato Chocolate	Yes	No	Yes, but only from wafer straw	Yes, but only from wafer straw	No	Yes	Yes, but only from wafer straw	No	No	No	No	No	No	Yes	No	No	Can be suitable for coelaics if served without the wafer straw.
Coppa Gelato Coffee	Yes	No	Yes, but only from wafer straw	Yes, but only from wafer straw	No	Yes	Yes, but only from wafer straw	No	No	No	No	No	No	Yes	No	No	Can be suitable for coelaics if served without the wafer straw.
Coppa Gelato Lemon	Yes	No	Yes, but only from wafer straw	Yes, but only from wafer straw	No	Yes	Yes, but only from wafer straw	No	No	No	No	No	No	Yes	No	No	Can be suitable for coelaics if served without the wafer straw.

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Coppa Gelato Pistachio	Yes	No	Yes, but only from wafer straw	Yes, but only from wafer straw	Yes	Yes	Yes, but only from wafer straw	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer straw.
Coppa Gelato Strawberry	Yes	No	Yes, but only from wafer straw	Yes, but only from wafer straw	No	Yes	Yes, but only from wafer straw	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer straw.
Coppa Gelato Vanilla	Yes	No	Yes, but only from wafer straw	Yes, but only from wafer straw	No	Yes	Yes, but only from wafer straw	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer straw.
Toffee Fudge Glory	Yes	No	Yes, but only from wafer straw	No	No	Yes	Yes (toffee sauce & wafers)	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer straw.
Chocolate Glory	Yes	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	None
Tiramisu	Yes	No	Yes	Yes	No	Yes	No	No	No	No	No	Yes (marsala)	No	Yes	No	No	None
Chocolate Fudge Cake (served with cream, ice cream or mascarpone)	Yes	No	Yes	Yes	No	Yes	No	No	No	No	No	No	No	Yes	No	No	None
Cheesecake (served with cream, ice cream or mascarpone)	Yes	No	Yes	Yes	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	None
Banoffee Pie (served with cream, ice cream or mascarpone)	Yes	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	None

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Sotto Zero	Yes	No	No	No	No	No	Yes, from chocolate straw	No	No	No	No	No	No	Yes	No	Yes	None
Cannolo	Yes	No	Yes	No	No	Yes	Yes	No	No	No	No	No	No	No	No	No	None
Tartufo al Cioccolato	Yes	No	No	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes	None
Caffe Merenghina	Yes	No	Yes, Wheat	Yes	No	No	No	No	No	No	No	No	No	No	No	No	None
Caffe Reale	Yes	No	No	No	No	No	No	No	No	No	No	Yes, rum and white wine	No	Yes	No	Yes	This dish can be suitable for vegans, if served without mascarpone.
Caffe Gelato	Yes	No	No	No	No	Yes	Yes, from chocolate straw	No	No	No	No	No	No	Yes	No	Yes	None
Semi Freddo Reale	Yes	No	Yes, Wheat	Yes	Yes	Yes	No	No	No	No	No	Yes (white wine & marsala)	No	Yes	No	No	None
Piccolo																	
Dough Balls	Yes	No	Yes	No	No	Yes	Yes	No	No	Yes	Yes	No	No	Yes	No	No	None
Margherita	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	No	No	No	Yes	No	No	None
La Reine	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	No	None
Mushroom	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	No	No	No	Yes	No	No	None

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Kids Bolognese	No	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes	No	No	No	No	No	None
Kids Carbonara	Yes	No	Yes	No	No	Yes	No	Yes	No	Yes	Yes	No	No	No	No	No	None
Kids Napolitana	Yes	No	Yes	No	No	No	No	No	Yes	Yes	Yes	No	No	Yes	No	No	None
Side Salad	No	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes	Yes	Yes	None
Toffee Fudge Sundae with Gelato or sotto zero	Yes	No	Yes, from baby cone only	No	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer cone.
Chocolate Sundae with Gelato or sotto zero	Yes	No	Yes, from baby cone only	No	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer cone.
Strawberry Sundae with Gelato or sotto zero	Yes	No	Yes, from baby cone only	No	No	Yes	Yes	No	No	No	No	No	No	Yes	No	No	Can be suitable for coeliacs if served without the wafer cone.
Bambinoccino	Yes	No	No	No	No	No	No	No	No	No	No	No	No	Yes	No	Yes	None